

Lora N. Day, MA, RDN/LD Curriculum Vitae

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Richland College
12800 Abrams Road
Dallas, TX 75243

Education

Master of Arts in Nutrition, 1987
The University of Texas at Austin

Thesis: Dietary and Supplement Intakes in Active and Sedentary Elderly and Young Women

Bachelor of Science in Dietetics, cum laude, 1979
Texas Christian University, Fort Worth, Texas

Teaching Experience

Adjunct Faculty, Richland College, Richardson, 8/18-present
Instructor for BIOL 1322, Nutrition and Diet Therapy

Lecturer I, School of Interdisciplinary Studies
University of Texas at Dallas, 2009-present (part time)
Instructor for HLTH 1322 Human Nutrition, a 3 credit hour course.

Master of Clinical Nutrition Program
University of Texas Southwestern Medical Center 8/08-5/18 (part time)
Clinical Instructor for several MCN graduate courses.

Adjunct Faculty, School of Merchandising and Hospitality Management
University of North Texas, Denton, 2006-12
Instructor for SMHM 1450 Introductory Nutrition

Publications and Presentations

Simmons J, Carson J, Day L and Latson B: The effects of lutein and zeaxanthin supplementation on age-related macular degeneration. *The Spectrum (publication of Healthy Aging Practice Group of Academy of Nutrition and Dietetics)* Spr 2014; 11-16.

Travnicek M and Day L. Clinical outcomes associated with fish oil-containing lipid emulsions in critical illness. *Support Line*. 2014; 36(2):12-19

Invited Presenter: Texas Academy of Nutrition and Dietetics Annual Conference, Georgetown, TX: *NFPE: Identifying Micronutrient Deficiencies. Nutrition Focused Physical Assessment: A Hands-on Workshop*, 3.30.17

Invited Presenter: Texas Academy of Nutrition and Dietetics Annual Conference, Arlington, TX: *Nutrition Focused Physical Assessment: A Hands-on Workshop*, 4.27.16

I certify that statements made by me in this vitae are true, complete and correct.

Invited Speaker: Dietitians in Nutrition Support Annual Seminar, Pasadena CA. *Clinical Application of Subjective Global Assessment; Nutrition Management of Proximal Small Bowel Fistulae*, 6.16.06

Invited Speaker: Nutrition Week 2005-American Society of Parenteral and Enteral Nutrition Annual Meeting, Orlando, FL. *Monitoring Nutrition Support: Utilizing Clinical Judgment. When You Can't Count on I & O Numbers: Using Clinical Judgment in Challenges of Nutrition Support Monitoring*, 1.31.05

Certificates, Certifications & Other Qualifications

Registered Dietitian, Commission on Dietetic Registration: Status: Current.

Licensed Dietitian, Texas: Status: Current.

Relevant Work Experience

Parkland Health & Hospital Systems, Dallas, Texas

Advanced Practice Dietitian, Adult Care and Nutrition Support Team, 1997-2008

Clinical Nutrition Manager, Parkland, 1990-1997

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