

Dawn L. Ash, MS, RDN, LD
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Education

Master of Science in Nutrition
Texas Woman's University, Houston, TX

Dietetic Internship
University of Houston, Houston

Bachelor of Science in Human Nutrition and Foods, Cum Laude
The University of Houston, Houston, TX

Work Experience

HCA Healthcare
Clinical Dietitian

Houston/Dallas, TX
July 2010 - present

Assess patient dietary needs based on physician consults, food-drug interactions, and special diet orders. Educate patients according to their health conditions and evaluated need for oral or supplemental nutrition.

L-3 Communications
Corporate Wellness Dietitian

Greenville, TX
January 2016 – May 2017

Implemented health and wellness initiatives and counseled employees and provide medical nutrition therapy based on individual needs and goals for over 6000 employees and their family members. Developed educational resources and served as an on-site nutrition expert creating "brown bag" presentations and cooking classes.

LoneStar College System
Adjunct Professor

Conroe, TX
August 2008 – January 2016

Instructed on-campus Intro to Nutrition course incorporating online educational tools through Blackboard and Angel software.

Humble Independent School District
Health Science Technology Instructor/ HOSA Advisor

Humble, TX
August 2012 – January 2016

Taught Principles of Health Science and Medical Terminology to high school students who were interested in healthcare careers. Sponsored Health Occupational Students of America (HOSA) activities and provided career mentoring.

Professional Affiliations

American Dietetic Association Commission on Dietetic Registration	2009 – present
Texas Licensed Dietitian	2009 – present
Academy of Nutrition and Dietetics	2009 – present
Texas Academy of Nutrition and Dietetics	2009 – present
AFAA Group Fitness Certification	2002 – present