

Adjunct Faculty in Occupational Therapy Assistant

As an adjunct faculty instructor, my aim is to educate students on practical therapeutic interventions integrating a client-centered and evidence-based approach for various ages, cultural backgrounds and medical conditions.

PROFESSIONAL EXPERIENCE

Kindred, Dallas, TX (20 Months) 2015-Present

Certified Occupational Therapy Assistant

Focused care and treatment is aimed towards patients who are currently on organ transplant waiting lists and post-transplant or LVAD placement. Other conditions treated include CHF, ESRD, CVA and intractable infectious diseases. Average length of stay is approximately two months. On a team of 4 OT's, my focus of care includes developing individualized treatment plans that include increased performance of ADLs, general strengthening education on energy conservation and cardiopulmonary efficiency techniques.

Walnut Hill Medical Center, Dallas, TX (20 Months) 2015-Present

Certified Occupational Therapy Assistant

Emphasis of treatment is aimed towards patients with CHF and pulmonary disorders. Most OT patients are post CABG, pacemaker implantation, catheterization, and/or COPD. In collaboration with 2 other OTs, our teams focus on generalized strengthening, ADLs and safety by observing post-surgical precautions that limit daily independence. I assist with individualized patient care while the remaining OTs complete initial evaluations and create plans of care. Average length of stay is five days; however, some patients stay up to two weeks due to their long-term intubations and continuous changes in medical status due to their original condition at time of admission.

Baylor Institute of Rehabilitation, Dallas, TX (24 Months) 2014-2016

Certified Occupational Therapy Assistant

Acute rehab setting for patients with a wide range of medical conditions including CVA, TBI, total joint replacements and other long term medical conditions. With a team of 8 OTs, I was primarily responsible for providing continuity of care on weekends and holidays to further progress patients towards reaching modified independence with all ADLs and IADLs. Average length of stay ranged between two to three weeks, with patients receiving three hours of therapy services per day, six days a week.

El Centro College, Dallas, TX (6 Months) 2015-2015

Supplemental Instructor

Assisted in the facilitation of educating college students in the field of psychology. Special focus was aimed towards developing lesson plans for tutoring, reviewing assignments and providing formative feedback to students.

VOLUNTEER EXPERIENCE

Scottish Rite Hospital, Dallas, TX (10 Years)
Child Life/Clinics/Evenings

2007-Present

In collaboration with a team of approximately 50 other evening volunteers, our core responsibilities are to emphasize patient centered care using craft activities and games to allow patients and families to engage in activities outside of direct patient care with professional staff. Additional duties include developing and supporting special community based programs to further support the awareness of hospital services and fundraising.

Parker University, Dallas, TX (10 Months)

2016-Present

Advisory Board Member for the school of Occupational Therapy Assistant

Participating on a board of 8 therapists not affiliated with the University, 7 facility members and 2 students, focus is on enriching the education of future occupational therapy assistants. Special emphasis is on ensuring that proper accreditation standards, set by the American Council of Occupational Therapy Education, are met. Additional supportive services are provided through informal and formal learning opportunities through lectures and one-on one with current students.

EDUCATION

MOT, Texas Woman's University, Denton TX
(Expected completion December 2018)
B.A.S., Texas Woman's University, Denton, TX
A.A.S, Weatherford College, Weatherford, TX
A.A, El Centro College, Dallas, TX

PROFESSIONAL CERTIFICATIONS

Basic Life Support (Current)
National Board Certification of Occupational Therapy (Current)
Texas State License to practice as an Occupational Therapy Assistant (Current)

PROFESSIONAL MEMBERSHIPS

Toastmasters International (10 Years)

2007-Present

International non-profit organization designed to improve public speaking and leadership skills across all cultures and languages throughout the world. Specific skills within leadership and speaking are developed through individualized learning modules and leadership positions within the organization.

AWARDS / RECOGNITIONS

- Epsilon Omega Epsilon
- Dean's List while attending TWU
- Dean's List while attending Weatherford College
- Phi Theta Kappa
- Distinguished Toastmaster
- Eagle Scout