

Elham Kourosh
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EDUCATION

University of North Texas Health Science Center Ft. Worth, Texas
Doctorate of Public Health May 2008
Dissertation: "Evaluating the Sustainability of the North Texas Salud Para Su Corazon Program: Effects of the Program on Promotores and the Partner Organizations"

Texas Woman's University Denton, Texas
Master of Science, Nutrition and Dietetics December 1996
Thesis: "The Effects of Dietary Soybean Protein in Comparison to Casein on the Renal Function of Uremic Rats"

Tehran University Tehran, Iran
Bachelor of Science, Psychology May 1970

WORK EXPERIENCE

Technico Environmental, Inc. Dallas, Texas
Managing director August 1994 – present
Conduct financial management, personnel supervision, and staff development at an environmental consulting corporation.

Texas Woman's University Denton, Texas
Research and Teaching Assistant September 1993 – May 1994
Conducted research in the Department of Nutrition on experimental animal models of kidney failure. Provided assistance in introductory nutrition course by aiding in class instruction, tutoring students, and grading assignments and tests.

Mountain View College Dallas, Texas
Teaching Assistant June – August 1993
Provided assistance in introductory chemistry course by aiding in class instruction, tutoring students, and grading assignments and tests.

Duncanville Independent School District Duncanville, Texas
Substitute Teacher September 1988 – May 1993
Taught various science courses at the high school level.

National Women's Organization of Iran Tehran, Iran
Executive Trainer January 1975 – November 1978
Designed and implemented continuing professional education courses in child development for directors and teachers of government-sponsored nursery schools on the job site.

United Nations Children Fund (UNICEF) Tehran, Iran
Curriculum Research Team Member January 1973 – January 1975

Designed and implemented programs for the promotion of literacy and education for women.

RESEARCH EXPERIENCE

University of North Texas Health Science Center
Public Health Intern Ft. Worth, Texas
September 2002 – January 2003
Worked as member of research team investigating the prevention of diabetes in at-risk minority children and prevention of childhood obesity in school children in Ft. Worth.

Texas Women's University
Student Research Project Presenter Denton, Texas
September 1994
Designed and presented diet and nutrition educational programs.
Student Research Project Presenter January 1994
Contributed and assisted in designing a project to ensure continuous quality improvement in hospital food service.

INTERNATIONAL VOLUNTEER EXPERIENCE

Health for Humanity Project
Project Volunteer Swaziland
July – August 2002
Educated nurses and hospital food service workers about nutrition, best practices in food preparation methods, and food born diseases; conducted case consultations on hospitalized patients.

Health for Humanity Project
Project Volunteer Honduras
September 2001
Educated health professionals at hospitals and in villages on the prevention of child mortality due to malnutrition.

Health for Humanity Project
Project Volunteer Chaohu, China
October 1997
Made clinical nutrition presentations to hospital-based nursing teams and village health workers.

VOLUNTEER EXPERIENCE IN US

Project Volunteer March 2012- Present
Texas Pediatric Society Childhood Obesity Prevention Project.
Area Agency of Aging, United Way & Sr. Citizen Services, Better Choices, Better Health, Chronic Disease and Diabetes Self Management Project.

PUBLICATIONS

Journal of the American College of Nutrition, Annual Meeting Abstracts
Diet and Physical Activity in Children at High Risk for Diabetes October 2002

PRESENTATIONS

Health for Humanity Annual Conference, Washington, D.C.
Promotora Alliance Monthly Meeting, Ft. Worth, Texas
Annual Meeting of the Arthritis Foundation, Ft. Worth, Texas
American College of Nutrition Annual Meeting, San Antonio, Texas

June 2008
April 2007
May 2007
October 2002

LANGUAGES

English – fluent
Persian – fluent
Arabic – proficient in reading and writing

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