

Christina Umpierre

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### Education

Arizona State University:

Bachelor of Science in Psychology, *Cum Laude*  
Masters Degree in Healthcare Innovation

Maricopa Community Colleges (Phoenix, AZ):

Associate of Applied Science - Nursing

### Experience

Psychiatric Registered Nurse for Parkland Hospital 2013 to present

- Outpatient Behavioral Health patient assessment and triage.
- Intramuscular injections, lab draws, pharmacy communication and medication reconciliation duties.
- Diabetes and Mental Illness Educator
- Spanish Medical Interpreter
- Preceptor for Baylor Nursing Students

Psychiatric Registered Nurse for Texas Health Resources Presbyterian Plano Hospital 2012-2013

- Psychiatric Nursing for up to a 13 patient assignment, including assessment, medication administration, admissions, discharges, and instructing groups on all psychiatric, medical and addiction issues. Utilization Management coordination.
- Coordination with counselors, psychiatrists, internal medicine physicians, pharmacy, social workers, intake department, emergency department.

Ortho/Trauma Registered Nurse for HCA Medical Center of Plano 2012

- Ortho Trauma Unit. Nursing care for patients having experienced trauma to body and all orthopedic operations. High acuity unit. Gunshot wounds, motorcycle accidents and all step down Trauma ICU patient care.
- Extensive wound care and pain management and post op and pre op care.

Psychiatric and Detox Registered Nurse for Santa Barbara Cottage Hospital 2011-2012

- Nursing in psychiatry medical unit. Detox protocols followed for alcohol, sedatives, opiates and polysubstance use. Medical treatment performed for all co-existing conditions.
- Full spectrum tracks for dual diagnosis, case management and thorough discharge planning, pharmacological treatment and medication education.

Psychiatric and Orthopedic Registered Nurse for Banner Health 2009-2011

- Medical Surgical and Orthopedic nursing. Detailed experience with post op hip and knee replacements. Charge Nurse on the unit.
- Transferred to Psychiatric unit, responsible for assessing, planning, implementing, evaluating and documenting nursing care of patients in accordance with organizational policies and in accordance with standards of professional nursing practice utilizing the framework for professional nursing practice and development.
- Responsible for providing inpatient psychiatric nursing care to adults with wide ranges of mental illnesses and personality disorders, including those on COT, Detox and SMI (Seriously Mentally Ill) individuals.
- Preceptor for Maricopa County Community College nursing students.

**Franchise Owner/Area Developer/Operator for Squeeze, LLC 2007-2009**

- Ensure the profitability of the quick serve food business by operating within determined goals for controllable costs.
- Managed a team of up to 20 team members, including hiring, training, coaching and counseling, and payroll.
- Maintained strict standards according to Food Safety and Environmental Service guidelines.
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**Case Manager/Clinical Liaison for ValueOptions 2004-2006**

- As a member of the clinical team, assisted in the collection of assessment information and service planning and delivery by locating, referring for, providing and monitoring services to seriously mentally ill (SMI) consumers in accordance with their individualized service plan (ISP).
- Communicated and documented consumer's progress inpatient, incarcerated or outpatient toward their recovery. As part of the Eligibility and Evaluations Department , also contacted providers for follow up on Non-SMI Title 19 consumers and was responsible for re-engagement of consumers.
- Credentials earned as a Clinical Liaison to diagnose mental illnesses after full psychosocial assessments were performed. Coordinated appeals process for SMI eligibility by communicating with clients the reasons for their appeal denial.

**Publications and Papers**

None