

# Curriculum Vitae

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Richland College  
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Dallas, TX 75243

## Education

Kaplan University, Davenport, IA  
M.S. Health Education

Dallas Baptist University, Dallas, TX  
B.A.S. Communication

## Certificates, Certifications & Other Qualifications

CPR/AED/ First Aid	Zumba & Zumba Toning Instructor
AHA Basic Life Support Instructor	Bellydance Instructor
Personal Trainer	Tennis (league, team)
Group Exercise Instructor	Youth Fitness & Nutrition
Yoga Instructor	

## Relevant Work Experience

City of Plano, Plano, Texas Personal Trainer, Fitness Instructor	2004 - Present
Compliments LLC, Allen, Texas Health Educator, Fitness Trainer/Instructor	2001 - Present
Dallas Independent School District, Dallas, Texas Contract Instructor	2010 - 2011
Medical Center of McKinney, McKinney, Texas Community Health Educator, CME & Staff Development Program Coordinator	2006 - 2008

I certify that statements made by me in this vitae are true, complete and correct.