

## Curriculum Vitae

### Cindy Sizemore

Eastfield College of the Dallas County Community College District  
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#### EDUCATION

MASTER OF SCIENCE IN CLINICAL NUTRITION: New York University ▪ New York, NY

BACHELOR OF SCIENCE IN HUMAN NUTRITION: The Ohio State University ▪ Columbus, OH

#### CERTIFICATIONS

Licensed Dietitian, Registered Dietitian,  
Certificate in Training in Adult Weight Management, Certificate in Training in Child and Adolescent  
Weight Management

#### TEACHING EXPERIENCE

Dallas County Community College District, Mesquite, Texas, Adjunct Faculty, Dallas, TX  
Present

Nutrition Educator, Kips Bay Boys and Girls Club, New York, NY  
2004-2010

New York City Public Library Nutrition Education Seminars, New York, NY  
2009

Nutrition Educator/Program Manager Family Weight Management Program, Bronx, NY  
2004-2010

Nutrition Educator Milk Initiative—New York City Department of Education, Bronx, NY  
2007-2010

Educator for Health Awareness Program “Talk and Learn” Education Series, Bronx, NY  
2007-2010

#### PUBLICATIONS and MEDIA

- KidWAVE: Get Healthy Game--promoting a more healthful lifestyle in overweight children. **J Nutr Educ Behav.** 2010 May-Jun;42(3):210-2.
- Nutrient analysis for “Cool Waters: 50 Refreshing Healthy Homemade Thirst Quenchers” by Brian Preston Campbell, Jan 2009
- News 12 Bronx television interview “Healthy School Lunches”, Sep 2009
- Bronx Family Magazine, “Gaining Weight When Eating Late? Separating Fact from Fallacy”, Feb 2008
- News 12 Bronx television interview, “The New Trans Fat Requirements for Nutrition Labels”, Jan 2006

- 2006 Grant Recipient: General Mills Champions for Healthy Kids, earning \$10,000 in grant funds
- The Bronx Journal, *“How Bronx Families Are Weighing In Against Childhood Obesity”*, Spring 2005