

# Curriculum Vitae

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Richland College  
12800 Abrams Road  
Dallas, TX 75243

## Education

Texas Woman's University, Denton, TX  
**Master of Science in Exercise and Sports Nutrition** December 2010

Texas Woman's University, Denton, TX  
**Registered Dietitian, Dietetic Internship** February 2010

Texas A&M University, College Station, TX  
**Bachelor of Science in Nutritional Sciences** May 2008  
Minor in Genetics Graduated Cum Laude

## Teaching Experience

Richland College Dallas, TX  
Adjunct Professor  
June 2011-Present

## Publications and Papers

Kiertscher, E & DiMarco, N. (2013). Use and rationale for taking nutritional supplements among collegiate athletes at risk for nutrient deficiencies. *Performance Enhancement & Health*, 2, 24-29.

Kiertscher, E. (Winter 2013). Helping Weight Loss Patients Develop Sound Exercise Regimens, *Weight Management Matters*, 11(3), 4-5.

Kiertscher, E. & Jones, L. (2013). *LeChef's Cuisine After Bariatric Surgery*. Texas: The Blurb.

## Certificates, Certifications & Other Qualifications

Registered Dietitian, Licensed Dietitian  
American College of Sports Medicine Certified Personal Trainer  
American Heart Association BLS CPR/AED Certified and Heartsaver CPR/AED/First Aid Certified Instructor  
Master Wellness Volunteer-Texas A&M AgriLife Extension

## Relevant Work Experience

**Garland Independent School District**  
*Coordinator of Employee Wellness and Nutrition*

Garland, TX  
January 2015-Present

**Richland College**  
*Adjunct Professor*

Dallas, TX  
June 2011-Present

I certify that statements made by me in this vitae are true, complete and correct.

**Higginbotham**

*Health Risk Management/Wellness Consultant*

Dallas, TX

October 2013-January 2015

**The Medical Center of Plano**

*Bariatric Surgery Institute Bariatric Coordinator and Clinical Dietitian*

Plano, TX

July 2010-October 2013

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