

# Curriculum Vitae

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Jennifer Neily, MS, RDN, FAND  
Registered Dietitian Nutritionist | Wellcoach® Certified Health Coach  
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Richland College  
12800 Abrams Road  
Dallas, TX 75243

## Education

- 1980 – 1984 Bachelor of Science: Marketing, Northern Illinois University, Dekalb, Illinois  
1994 – 1997 Master of Science: Exercise and Sports Nutrition, Texas Woman’s University, Denton, Texas. *Thesis*: Comparison of a High Protein vs. Normal Protein Reduced Kilocalorie Diet on Fat Free Mass and Resting Energy Expenditure in Overweight Women.  
1997 Dietetic Internship: Texas Woman’s University, June 1997 - December 1997

## Teaching Experience

- 1998 – present Adjunct Faculty, Richland College, Dallas County Community College District  
Principles of Nutrition/Nutrition & Diet Therapy  
2013 – 2018 Adjunct Assistant Professor of Biology – Advanced Physiology/Nutrition  
University of Dallas, Irving, Texas  
2010 – 2011 Adjunct Faculty, Kaplan University  
1997 – present Preceptor | Texas Woman’s University, University of Texas Southwestern, THR  
Presbyterian Hospital, Texas A&M, other internship programs

## Publications and Papers

1. Kollipara UK, Mo V, Toto KH, Nelson LL, Schneider RA, Neily JB, Drazner MH. High-sodium food choices by southern, urban African Americans with heart failure. *JCardFail* 2006; 12(2):144-8.
2. Neily JB, Toto KH, Gardner EB, Rame JE, Yancy CW, Sheffield MA, Dries DL, Drazner MH. Potential contributing factors to noncompliance with dietary sodium restriction in patients with heart failure. *Am Heart J* 2002; 143(1):29-33.
3. Abstract/Poster Presentation, September 2000: 4<sup>th</sup> Annual Heart Failure Society Scientific Meeting: Neily JB, Toto KH, Gardner EB, Rame JE, Rosenberg PB, Yancy CW, Sheffield MA, Drazner MH. “Dietary Sodium: What Do Heart Failure Patients Know?”
4. Poster Presentation, April 1998, Texas Dietetic Association: Comparison of a High Protein vs. Normal Protein Reduced Kilocalorie Diet on Fat Free Mass and Resting Energy Expenditure in Overweight Women.
5. Master’s Thesis, Dec 1997, Texas Woman’s University: Comparison of a High Protein vs. Normal Protein Reduced Kilocalorie Diet on Fat Free Mass and Resting Energy Expenditure in Overweight Women.

I certify that statements made by me in this vitae are true, complete and correct.

## **Awards/Honors (2004 – current)**

- 2019 Outstanding Preceptor Award, nominee, Texas Academy of Nutrition and Dietetics
- 2014 Lifetime Achievement Award, Dallas Academy of Nutrition and Dietetics
- 2014 Fellow of the Academy of Nutrition and Dietetics
- 2010 Member Spotlight, Weight Management Dietetic Practice Group of the Academy of Nutrition and Dietetics
- 2010 Media Award, Texas Dietetic Association
- 2008 Media Award, Dallas Dietetic Association
- 2004 Emerging Dietetic Leader, American Dietetic Association/Texas Dietetic Association

## **Certifications & Professional Affiliations**

- Registered Dietitian, Commission of Dietetic Registration – Number 839135
- Licensed Dietitian, State of Texas Board of Examiners of Dietitians – Number DT05413
- Wellcoach® Certified Health Coach
- Fellow of the Academy of Nutrition and Dietetics
  
- 2017 – 2018 Central Dallas Area Liaison, Northeast Region, Texas Academy Nutrition and Dietetics
- 2016 – 2017 Northeast Region Director, Texas Academy of Nutrition and Dietetics
- 2015 – 2016 VP Programming, American Business Women’s Association, North Dallas Business Women
- 2013 – 2018 American Business Women’s Association, North Dallas Business Women Express Network,
- 2013 – 2014 Chair, Nutrition Entrepreneurs, a practice group of the Academy of Nutrition and Dietetics
- 2012 – 2013 Chair-Elect, Nutrition Entrepreneurs, a practice group of the Academy of Nutrition and Dietetics
- 2010 – 2014 Editorial board – SCAN – Cardiovascular subunit
- 2009 – 2011 Treasurer, Nutrition Entrepreneurs, a practice group of the Academy of Nutrition and Dietetics
- 2009 – 2010 Chair – Political Action Committee, Texas Dietetic Association
- 2008 – 2011 Media Bureau Representative - Dallas Dietetic Association
- 2007 – 2009 Advisory Board - Texas Dietetic Association Foundation
- 2007 – 2008 President - Texas Dietetic Association
- 2005 – 2006 Nominating Team - Dallas Dietetic Association
- 2004 – 2006 Corporate Sponsorship – DDA Fun Run - Dallas Dietetic Association
- 2004 – 2006 Director-at-Large, District Presidents Council - Texas Dietetic Association
- 2003 – 2004 District Presidents Council - Texas Dietetic Association
- 2003 – 2004 Organizational Change Review Task Force - Texas Dietetic Association
- 2003 – 2004 President - Dallas Dietetic Association
- 2000 – 2002 Treasurer - Dallas Dietetic Association
- 1999 – 2000 Membership Chair - Dallas Dietetic Association
- 1996 – 1997 President - Nutrition & Food Sciences Graduate Club, Texas Woman’s University
- 1997 – 2004 Campus Nutrition Alliance - UT Southwestern, Dallas, Texas
- 1996 – 1997 Secretary - American Heart Association – Denton Division
- 1994 – 1996 Vice-President; Hospitality Chairperson - Student Dietetic Association, TWU, Denton, Texas
- 1995 – present Member – Academy of Nutrition and Dietetics

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- 2004 – present Member, Nutrition Entrepreneurs and Weight Management, Practice groups of the Academy of Nutrition and Dietetics
- 2010 – 2013 Member, Diabetes Care and Education, A practice group of the Academy of Nutrition and Dietetics
- 2011 – 2012 Member, Food Culinary Professionals, A practice group of the Academy of Nutrition and Dietetics
- 2006 – 2011 & 2018 - present Member, Dietitians in Integrative Functional Nutrition in Complementary Care, A practice group of the Academy of Nutrition and Dietetics
- 1996 – present Member, Sports, Cardiovascular, & Wellness Nutritionists, A practice group of the Academy of Nutrition and Dietetics
- 1995 – 1998 Member, American College of Sports Medicine and Texas College of Sports Medicine

## Relevant Work Experience

- 2009 – present Neily on Nutrition – Owner | private practice, registered dietitian nutritionist  
Wellcoach® certified health coach | consultant | speaker | writer | recipe analysis
- 2013 – 2018 Adjunct Assistant Professor of Biology – Advanced Physiology/Nutrition  
University of Dallas, Irving, Texas
- 2004 – 2009 Staff Dietitian | Cooper Clinic, Dallas, Texas
- 1998 – present Adjunct Faculty – Principles of Nutrition | Richland College, Richardson, Texas
- 1997 – present Preceptor | Texas Woman’s University, University of Texas Southwestern, THR  
Presbyterian Hospital, Texas A&M, other internship programs
- 1997 – 2004 Clinical Dietitian | Parkland Memorial Hospital, Dallas, Texas
- 1994 – 2004 Nutrition Aide | Cooper Wellness Program, Dallas, Texas
- 1996 – 1997 Consultant/Writer for *Project ACT* | Cooper Institute, Dallas, Texas
- Spring 1997 Teaching Assistant | Texas Woman’s University, Denton, Texas
- 1996 – 1998 Research Assistant | Texas Woman’s University, Denton, Texas
- 1995 – 1997 Nutrition & Exercise Specialist | Austin Gym, Dallas, Texas

## Website & Social Media

- [NeilyonNutrition.com](http://NeilyonNutrition.com)
- Facebook: [facebook.com/NeilyonNutrition](https://facebook.com/NeilyonNutrition)
- Twitter @JenniferNeily
- LinkedIn: Jennifer Neily
- YouTube: [YouTube.com/NeilyonNutrition](https://YouTube.com/NeilyonNutrition)
- Instagram: @NeilyonNutrition
- Pinterest: [pinterest.com/jenniferneily](https://pinterest.com/jenniferneily)
- Blog: [NeilyonNutrition.com/blog](http://NeilyonNutrition.com/blog)

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