Clinical Training-Registered Nurse (Mental Health)
RNSG 1160-63252
2020SP

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Office Number: H-31
Office Hours: Varies (Please make an appointment)

Class Days & Time: Saturdays
Class Room Number: Methodist Richardson Medical Center
300 West Campbell Road
Richardson TX

Division: Nursing
Nursing Office Phone Number 214-860-8593
Nursing Office Location H-25

Course Description: This course consists of several practice settings related to mental health/mental illness, safety and nursing care, pathology, medication or other treatment modalities, and legal and ethical regulations.

Credit Hours: 1 Credit Hour

Course Prerequisites: Successful completion of MVC Nursing Semester I courses – RNSG 1413, RNSG 1360, RNSG 1105

Co-Requisites: RNSG 2213

Textbooks and Materials needed for this course:

OR

End of Program Student Learning Outcomes (EOP/SLOs) can be found in the 2018-2020 Nursing Student Handbook

Course Learning Objectives
All course objectives align with the MVC Nursing End-of-Program Student Learning Outcomes (EOP/SLO), as outlined in the MVC Nursing Student Handbook.

- Use therapeutic verbal and nonverbal communication techniques when interacting with persons with mental health problems, their families, nurses and other healthcare team members. (Communication EOP/SLO)
- Prepare a teaching plan appropriate for the level of functioning of the mental health patient/client.
(Nursing Process EOP/SLO)
- Demonstrate knowledge of safe medication and treatment administration, including implications and contraindications and evaluation of risks to patients/clients with mental illness. (Safety ELO/SLO)
- Prepare assignments related to the mental health patient/client utilizing technology and available informatics. (Informatics ELO/SLO)
- Identify teaching needs for patients and their families concerning health promotion, maintenance, and restoration of health. (Evidence-Based Practice ELO/SLO)
- Apply appropriate safety precautions in the care of the mental health patient/client. (Ethical-Legal ELO/SLO)
- Utilize the available resources in the psychiatric setting efficiently and effectively. (Resource Management ELO/SLO)

Topical Outline of Course

Week 1: Clinical Focus: Orientation to Mental Health Clinical Nursing

A. Introduction
The following expectations will serve as a guide to you during your clinical experience at the assigned hospital.
- Post-conferences are scheduled after each clinical day.
- Formative evaluations (individual and/or small group) may also be held at the clinical instructor’s discretion.
- You are required to notify your instructor if you will be late or absent on the day assigned.

B. Learning Resources
- You will need your Mental Health Textbook to review the following:
  a. Types of group activities
  b. Roles of the mental health care team
  c. Therapeutic Communication Techniques
  d. Defense Mechanisms
  e. General effects of psychotropic medications

During the day
- Your first day on the unit will be spent orienting to assigned unit, patients, and staff.
- Listen to change of shift report
  a. Identify age ranges and gender of clients. Compare these to your textbook
  b. Identify the number of clients in those age ranges with schizophrenia or bipolar disorder
  c. Identify the number of clients admitted with ETOH or drug withdrawal
- Attend and actively participate in group activities. During these sessions, observe the clients for their use of:
  a. Therapeutic and or side effects of medications
  b. Defense mechanisms
  c. Therapeutic/non-therapeutic communication
- Interact with all patients on unit as appropriate.
- Observe for visible signs of side effects of medications.
- Work with the medication nurse to observe the procedure for administration of medications
- Work with the social worker to observe the discharge planning procedures if possible.
- Observation/participation with a nurse in admission and/or discharge of a patient, if possible.

C. Student Learning Outcomes: At the end of this learning experience, the student should be able to:
- Discuss how this hospital orientation differs from the acute care facilities orientations.
- Discuss the TBON roles of the following in relation to your assigned unit:
  o Charge Nurse
  o Medication nurse
• Staff nurse
  • Identify the location of
    o Emergency equipment
    o Emergency exits
    o Patient lounges, closets for patients’ personal belongings, utility rooms, etc.

Specific rules and regulations for your unit in regard to patient care and safety (this differs from unit to unit). (You may obtain patient orientation material on your assigned unit. (differs from unit to unit). (You may obtain patient orientation material on your assigned unit.)

Week 2: Clinical Focus: Psychotropic Medications

Preconference

Learning Resources Needed

• You will need your Mental Health Textbook to review the following:
  f. Classifications of medications administered
  g. Types of group activities
  h. Roles of the mental health care team
  i. Therapeutic Communication Techniques
  j. Defense Mechanisms
  k. Adverse effects of psychotropic medications
  l. Reasons for nonadherence of medications
• A drug reference textbook to complete assigned activities

A. Introduction
This clinical focus is on the knowledge and uses of psychotherapeutic agents in the treatment of mental illness. During this clinical experience, you are to observe clients for:
  a. desired effects,
  b. side effects
  c. adverse effects.

The student should observe the staff providing medication teaching to the patient based on the patient’s need for information and an assessment of the patient’s ability to process that information.

B. During the Day
  • Listen to change of shift report
    a. Identify age ranges and gender of clients. Compare these to your textbook about ages and genders of clients with MH issues
    b. Identify the number of clients in those age ranges with schizophrenia or bipolar disorder
    c. Identify the number of clients admitted with ETOH or drug withdrawal
  • Attend a group therapy/recreation activity. During these sessions, observe the clients for their use of:
    a. Therapeutic and/or side effects of medications
    b. Defense mechanisms
    c. Therapeutic/non-therapeutic communication.
  • Interview clients about their illness and/or hospitalizations.
  • Interview clients about their medication effects and other issues
  • Attend staff meeting, as scheduled. (seek clarification about any issue/concept/activity)
  • Identify three most common medications given to clients

Week 3. Clinical Focus: Psychosocial Assessment, Communication, Data Collection

Learning Resources Needed
• Nursing Textbook to review the following:
a. Classifications of medications administered  
b. CAGE alcohol abuse screening tool  
c. Clinical indications of withdrawal from alcohol (CIWA)  
d. Copy of ANA Standards of Mental Health Nursing  
e. Copy of the Mental Status Examination  
f. Interventions to prevent suicide  
g. Safety interventions for clients and self  
h. Completion of assigned critical thinking case studies

A. Introduction  
As a nursing student, you have the professional obligation to provide quality nursing care. Standards of Psychiatric and Mental Health Nursing Practice as reflected in the framework of the nursing process will be the central focus for your clinical experience. This clinical focus is on interviewing a patient.

B. During the Day  
- Listen to change of shift report  
  d. Identify age ranges and gender of clients. Compare these to your textbook about ages and genders of clients with MH issues  
  e. Identify the number of clients in those age ranges with schizophrenia or bipolar disorder  
  f. Identify the number of clients admitted with ETOH or drug withdrawal  
- Attend a group therapy/recreation activity. During these sessions, observe the clients for their use of:  
  d. Therapeutic and or side effects of medications  
  e. Defense mechanisms  
  f. Therapeutic/non-therapeutic communication.  
  g. Signs of ETOH withdrawal  
- Attend a staff Treatment Planning Meeting as permitted  
- Observe patient’s behavior in order to complete a MSE at the end of the day.  
- Interview clients about their illness and/or hospitalizations.  
- Observe procedures used medication nurse during medication administration  
- Identify three most common medications given to clients.

Methods of Evaluation  
Faculty will determine the specific assignments and assignments for their courses. The course grade will be determined by:  
- Self-Help Meeting Assignment 10%  
- Homeless Shelter Assignment 10%  
- NAMI Professional Meeting 5%  
- Defense Mechanisms Simulation 10%  
- Medication Teaching Simulation 10%  
- Therapeutic Communication Simulation 15%  
- Psychotropic Medication Exam 15%  
- Journal 5%  
- Clinical Evaluation 20%  
(TThis includes time spent at the hospital, on campus in the lab for clinical activities, and other clinical settings)

Some activities may be required and/or completed prior to going to the hospital clinical area.

Testing Protocol  
To ensure quality education and equality to all students in this course, the following special conditions will apply during testing situations.
• The instructor controls the options of seating arrangement, movement, leaving the room, and stopping an exam for violation of scholastic honesty.
• All books, papers, notebooks, and personal belongings will be placed away from the desk before testing begins. No cell phones or other electronic devices are allowed in the testing area.
• Any verbal or nonverbal communication between students during a testing situation will be grounds for the termination of the testing. A grade of zero will be recorded and averaged in to the final grade.
• Should a student need to communicate with the instructor, remain seated and raise your hand.
  o Any infractions of scholastic honesty will be grounds for dismissal from the program.
  If you are using online resources and find answers that are seen on the exam, you should report it to the instructor immediately. If not reported, it will be considered academic dishonesty.

Grading Scale
The Mountain View College Nursing Program has determined that a grade of “C” is the minimum acceptable grade for enabling a student to proceed to the next nursing course. The student must earn a grade of “C” or higher in every course required for a given semester or group of related courses in order to progress to the next semester. The student must earn a passing grade for clinical performance in addition to any other graded assignments, and complete all non-graded course expectations in order to pass a clinical course.

For all nursing courses, the requirements for a particular letter grade are listed below.

A = 92.0 – 100  
B = 84.0 – 91.99  
C = 75.0 – 83.99  
D = Below 75  
F = Below 67

Throughout the nursing program, grades will not be rounded up to the next grade. Grades will not be curved in the nursing program. In computing the final course grade, a “D” grade will not be rounded to a “C” grade. For example, if the student’s final grade is 74.99, this equates to a final grade of “D”. There would be no rounding of the final grade.

A student who does not pass an examination with a minimum passing grade of 75 is required to make an appointment with the instructor prior to the next exam.

In compliance with the Family Educational Rights and Privacy Act of 1974, no grade will be given over the telephone to a student or any other person under any circumstances. Grades will be available via E-campus.

Procedures for students who are unsuccessful:
Any student earning a grade of 75 or below on an exam must make an appointment with faculty to analyze the exam results and develop a plan for improvement. This appointment is the student’s responsibility.

Student Review of Exams:
At the discretion of the instructor, a student may review test answer sheet/booklets/computerized results on an individual basis and by appointment only. At no time will a student be alone to review a previous test or permitted to take notes. Previous tests may be reviewed before the final exam if the instructor allows. There is no review of the final exam and all review of previous exams must be completed prior to taking the final exam.

Grade Appeals:
A student who wishes to appeal a grade should follow these guidelines:
  1. Make an appointment immediately with your instructor to discuss your performance and the grade you received.
2. If you are unable to resolve the situation at that level, make an appointment to speak with the Dean of Allied Health/Nursing.
3. If you are still dissatisfied, you may request an appointment with the MVC Vice President of Instruction.
4. Students may also discuss the situation with the Mountain View College counselors, but this does not take the place of formal appeals via the chain of command as listed above.

Clinical Hours:
This course has a 64-contact hour requirement. The hours will be earned as follows:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital Clinical Orientation</td>
<td>4</td>
</tr>
<tr>
<td>Hospital Clinical days (3) X 10 hours each</td>
<td>30</td>
</tr>
<tr>
<td>On-campus clinical Days X 4</td>
<td>20</td>
</tr>
<tr>
<td>Professional Meetings</td>
<td>10</td>
</tr>
<tr>
<td><strong>Total Hours</strong></td>
<td>64</td>
</tr>
</tbody>
</table>

Instructor and Nursing Program Attendance Policies
Students are expected to attend all classes. Students must be in attendance for all clinical hours, both on campus and in the hospital clinical setting, and cannot miss any hours. Students have the responsibility to attend class and to consult with the instructor when an absence occurs. If for some reason you must leave class early, you should inform the instructor prior to the start of on campus clinical/clinical of your reason for leaving early. The instructor cannot excuse the student from missing any clinical hours and will consult with the dean of nursing regarding individual student situations.

The actual dates of each hospital activity will depend on the clinical group to which the student is assigned and the assigned clinical days. The hours and sites for the actual clinical practice will be announced by the instructor.

Students must begin attendance in all classes of enrollment. No exceptions. Financial Aid will not be granted to students who have been certified as not attending, by the certification date. For this lecture course, your physical participation in class, on or before the certification date will allow you to receive credit for FA purposes. For certification dates, check with the division or FAO for further information. Students, who are not certified as beginning class, are responsible for any payments due as a result of non-certification, to include the dropping of courses.

A student in the Mountain View Nursing Program must assume responsibility for individual learning and be a self-directed adult learner. Nursing faculty have carefully scheduled and constructed course content and learning activities. Student behaviors should not disrupt the learning of themselves or other students. Students should make every effort to be on time to class. It is not appropriate to leave repeatedly during class, talk or whisper with other students, eat nosily, or bring children to class/clinical. Cell phones must be silenced or set on vibrate and put away during class. Phones may not be used during class for talking, texting, internet, or other uses unrelated to the class topic. Personal computers may be used in the lab/classroom, but the use must be confined to class-related activities. Tape recorders may only be used in class with individual faculty permission. If the faculty member elects not to allow taping, that request must be honored. Students are expected to adhere to all of the stated lab policies.

Some class content and discussion may be of a sensitive nature. Confidentiality is of key importance and must absolutely be honored.

In case of inclement weather, the Mountain View College and DCCCD inclement weather policy will be followed. In the event of an illness, accident, or emergency, the student should make direct contact with
the instructor before a class, presentation, examination, or other activity takes place. If the instructor cannot be reached in person or by telephone, the student should leave a message with the nursing program administrative assistant or the instructor via voice mail. An extenuating circumstance will be handled by the Dean of Nursing.

Tardiness is an unprofessional behavior, distracts other students, and reduces all students’ ability to learn. If a student is tardy more than 1 hour to any clinical session (hospital or on-campus), it is counted as 1 absence. If a student is tardy 15 minutes or more for two different times, this will count as a clinical absence. Since there are no make-up days for clinical, an absence will result in withdrawal from the MVC nursing program.

**File Submission/Attachment Standards**
All courses require students to submit work electronically. Because the faculty receive many of the same assignments a file naming format is established for all student submissions. The file naming standard is as follows:
Student’s Last Name and First Initial_Class Number_Assignment Name_date

Example: DoeJ_RNSG1413_Syllabus_7-21-18
File format standard: Word files are saved in DOCX format other acceptable formats are pdf, jpeg, giff, txt or tiff

**Late Work Policy**
Late work will not be accepted. Any work turned in late or incomplete will receive a 0% grade.

**Make-Up Policy**
There is no make up for missed clinical days. An absence from clinical will result in withdrawal from the MVC nursing program. Extenuating circumstances must be documented, and the instructor will make a decision along with the Dean of Allied Health/Nursing regarding a students’ individual situation.

**Counseling**
Students are required to make an appointment with the instructor any time an exam grade does not meet the benchmark of 75% for tutoring and exam review. The MVC counselor is Dr. Jesse Gonzalez and is available for appointments with all MVC nursing students. His email is jgonzalez@dcccd.edu and his office number is 214-860-3640.

**Electronic Devices**
Cell phones must be silenced or set on vibrate and put away during class. Phones may not be used during class for talking, texting, internet, or other uses unrelated to the class topic. Personal computers may be used, but the use must be confined to class-related activities. Tape recorders may be used in class with individual faculty permission. If the faculty member elects not to allow taping, that request must be honored.

**Withdrawal Policy (with drop date)**
If you are unable to complete this course, it is your responsibility to withdraw formally. The withdrawal request must be received in the registrar’s office by **April 16, 2020**. Failure to do so will result in your receiving a performance grade, usually an “F”. Students often drop courses when help is available that would enable them to continue. Please discuss your plans with your instructor if you feel the need to withdraw. If you drop a class or withdraw from the college before the official drop/withdrawal deadline, you will receive a “W” (Withdraw) in each class dropped. If you drop a course during the semester (RNSG 1160), you must also drop the concurrent course(s) RNSG 2213. Keep in mind that the official drop date changes each semester and with each course.
Institution Policies:
Institutional Policies relating to this course can be accessed from the following link:
www.mountainviewcollege.edu/syllabipolicies

Evaluation of Course & Instructor
All students will evaluate the course and instructor at the completion of the course.

Disclaimer Reserving Right to Change Syllabus:
The instructor reserves the right to revise or amend this syllabus as necessary to manage and conduct this course. The intent of the instructor is to promote the best education possible within prevailing conditions affecting this class. You are responsible for contacting the instructor and seeking clarification of any requirement that is not understood.

Course Calendar:
Please see separate 2nd Semester Master Calendar document.
In recognition of the professional nature of Nursing as well as the professionalism stressed in the nursing program, I attest to the following:

_____ I have read and reviewed the syllabus, course description, learning outcomes & objectives. I have had time and opportunity to clarify any unclear areas.

_____ I understand the importance of preparing for this course before class, clarifying unclear areas in class, and participating in group discussions. I understand that I earn a grade; that just meeting minimal requirements does not earn an A.

_____ I understand the importance of being on time, being prepared and not missing class. I will not wait until the last minute to turn in assignments or turn them in late.

_____ I will not be late to class or leave early.

_____ I understand my role in limiting cross-conversations and other distractions or disruptive behaviors, including, but not limited to, cell phones, eating, entering and leaving frequently, loud noises, computer noise, etc. in class.

_____ I will leave the room clean of debris and papers.

_____ I understand the withdrawal date in this semester is November 14, 2019

_____ I understand the Academic Honesty Policy and the Student Code of Conduct. I understand that not reporting cheating makes me culpable. Nurses are held to a higher degree of honesty and must protect the profession and the patients under our care.

_____ I have read and understand the testing schedule and will bring the correct materials to any exam situation where one is required.

_____ I understand how the course is graded, including tests, quizzes, and any extra assignments.

_____ I understand the “drop”, exit interview, and grievance policies.

_____ I know how to reach my instructor if I need to be absent or need help with the course

_____ I understand that it is my responsibility to maintain my grades.

_____ I understand that a final grade below “C” will not be rounded up.

__________________________________________  _________________________
Print Name                   Date

____________________________________
Signature

2020SP RNSG 1160-63252 Mental Health Clinical Nursing