*SOCIAL SCIENCE DIVISION

Spring – 2020

PSYCHOLOGY of PERSONALITY 2316

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Work Phone 214-860-8628 Office Location: W-221

Office Hours: Mon and Wed 10:00am – 1:00pm
Tues and Thurs 2:30pm – 4:00pm

Credit Hours: Three (3)
*Social Science Division
Division Office Number: W- 279B
Division Phone: 214-860-8831

COURSE MATERIALS and RESOURCES NEEDED

Personality Psychology: Understanding Yourself and Others (First edition) Author: Twenge and Campbell Publisher: Pearson ISBN: 978-0-205-91742-6

Check MVC Bookstore for rental option.

All students will be required to have reliable access to the internet and eCampus.
(You may use campus computers or your own)

COURSE DESCRIPTION AND INFORMATION

From the DCCCD Catalog: Study of various approaches to determinants, development, and assessment of personality. (3 Lec.) Coordinating Board Academic Approval Number 4201015725 This is a Texas Common Course Number. This is a Core Curriculum course selected by the colleges of the DCCCD.

The purpose of this course is to provide you with an overview of the major areas of study in the field of psychology and personality. This course will introduce you to concepts and critical thinking skills that are used in psychology and that will help you learn to think like a psychologist. You will learn about major theoretical perspectives in psychology, research methods, and concepts from psychology of personality.

Understanding some of the major concepts in personality psychology should prove beneficial for understanding the mental processes and behavior of people, as well as providing a framework for future studies in this field. This course should help you to develop insights into understanding learning and memory, stages of human development, stress and its effects, behavior in groups, and psychological disorders. Thus, the course will expose you to information that is not only interesting but also useful in “the real world.”

COURSE PRE-REQUISITES: Developmental Reading 0093 or English as a Second Language (ESOL) 0044 or have met the Texas Success Initiative (TSI) standard in Reading.

INTELLECTUAL COMPETENCIES: Psychology 2316 satisfies the Core Curriculum Intellectual Competencies defined by the Texas Higher Education Coordinating Board.

1. **READING:** the ability to analyze and interpret a variety of printed materials (books, documents, and articles) above the 12th grade level.
2. **WRITING:** the ability to produce clear, correct, and coherent prose adapted to purpose, occasion, and audience above the 12th grade level.
3. **SPEAKING:** the ability to communicate orally in clear, coherent, and persuasive language appropriate to purpose, occasion, and audience—above the 12th grade level.
4. **LISTENING:** analyze and interpret various forms of spoken communication, possess sufficient literacy skills of writing, reading—above the 12th grade level.
5. **CRITICAL THINKING:** the ability to think and analyze at a critical level.
6. **COMPUTER LITERACY:** the ability to understand our technological society, use computer-based technology in communication, problem-solving, and information acquisition.

The objective of a behavioral science component of a core curriculum is to increase students' knowledge of how behavioral scientists discover, describe, and explain the behaviors and interactions among individuals, groups, institutions, events, and ideas. Such knowledge will better equip students to understand themselves and the roles they play in addressing the issues facing humanity.

STUDENT LEARNING OUTCOMES (SLO’S)

By the end of this course students should be able to:

1. Demonstrate an understanding of the concepts and terms associated with major personality theories.
2. Understand how the concepts and terms associated with the major theorists can apply to their lives.
4. Understand what is meant by, and how to achieve healthy, effective behaviors.
5. Understand the effect of personality theories on personality assessment.
UNITS of INSTRUCTION

Learning and Assessment

- Chapter 1 – Understanding Yourself and Others
- Chapter 2 – Assessments and Methods
- Chapter 3 – The Big Five Personality Traits
- Chapter 4 – Biological Underpinnings of Personality
- Chapter 5 – Self-Concept and Self-Processes
- Chapter 6 – Psychodynamic Approaches
- Chapter 7 – Motivation
- Chapter 8 – How Learning Shapes Behavior
- Chapter 9 – Personality Across the Lifespan
- Chapter 10 – Gender and Personality
- Chapter 11 – Culture and Personality
- Chapter 12 – Personality In the Workplace
- Chapter 13 – Personality and Relationships
- Chapter 14 – Personality and Mental Health
- Chapter 15 – Personality and Physical Health

INSTRUCTIONS AND INFORMATION for online resources associated with this Class: Course materials are available through eCampus Blackboard. Course resources, materials, information, communication, tests, final exam, homework, and grades will be accessible through this system. Communication with your instructor is essential so make sure the email address you have on file with the college eCampus system is correct. Students may acquire a free e-mail account through any of a number of providers such as the MVC Library. If your email is not correct you will not receive communications from the instructor and you may not be certified as enrolled in class which will directly affect student loans and admission status. This course requires access to the Internet. Homework assignments, tests, and most resources are online. If you do not have internet access in your home you may use any computer on the Mountain View campus that is available to students. There are several computer labs on campus. In addition you may use any computer at any location so long as it has access to the internet. This would include such places as public libraries. eCampus Student Tutorials can help you determine if your computer and browser are compatible with eCampus.

Description of Course Requirements:
15 Chapter Quizzes: You will have a quiz for each chapter. Plan on a quiz generally every week in order to keep up the pace of the course. You will find Quizzes in eCampus under “Chapter Lessons” tab. (Quizzes are not timed and you have unlimited attempts, with the highest grade recorded) *(20 points/quiz - 300 points total) All Quizzes must be submitted by 11:59 pm the day they are due.

Final Exam: This Exam will be located in the “Final Exam” tab in eCampus. Deadlines are firm…do not ask for extensions. Technical problems are not excusable for missing due dates. You are responsible for securing a good working computer and a good learning environment in which to take your tests. Don’t wait until the last minute to meet your deadlines. If your computer freezes up during an Exam or Quiz, call tech support while still in the test and get a ticket number. Test resets are only given if tech support verifies a server issue. (Final Exam timed at 120 minutes, you have two attempts, highest grade recorded) *(100 points/Exam). The Exam must be submitted by 11:59 pm the day it is due.

My Personality Essay: (+100 points) You are required to create a “personality theory” of your own (Must be original!) and write a 500 to 750 word analysis, description and summarize any and all personality theories that might support your thinking. No late work accepted. Please note: All writing assignments will be submitted to a plagiarism check program. Click "Safe Assign" (you agree to a plagiarism check) when you submit your essay (be sure
it is in one of the formats listed) or it will not be graded. Do your own work. If an outside source of any kind is used, it must be cited. If you have any questions on correct citation methods, please see me or contact MVC library. Plagiarized assignments will receive an automatic “F”.

Minimum 500 words, 12 font, Times New Roman, double spaced. Be sure to elaborate, analyze, evaluate and apply what you've learned from class. Please know that just an outline will not earn full credit.

You may want to type and save your essay to your documents or flash drive then connect it as a link when you submit the assignment. That way you'll always have a copy in case something happens.

ALL WRITING ASSIGNMENTS: Use correct punctuation, capitals, grammar and capitalize "I"! Proof read your entry. This is a college level course and college level writing is expected. No abbreviations or text writing. Thank you for adhering to this minimum standard and expectation of post-secondary students. Points will be deducted for any of these errors.

4) **Big Five Essay Assignment**: Worth 100 points – (no late work accepted)

2. Outline and describe the results. Do you agree or disagree with the findings? What aspects of your personality (if any) were confirmed? What aspects of your personality (if any) were contradicted?
3. Discuss your traits in terms of genetics and environment. What traits do you share with your parents and siblings? What traits do you NOT share? For the unshared traits, how do you think you got them?
4. Discuss your opinion of the Big Five trait theory. Do you think it is a good descriptor of a person’s personality, or is it incomplete? How do you think the Big Five trait theory compares to the other personality theories discussed in class? Justify your answer using your notes from class and information from the textbook. To complete the assignment, use 12 point font, standard margins, double space, essay will be 2 to 3 pages in length (minimum 500 words)

***Please Note: You must cover all areas above for maximum points***

5) **ADDITIONAL ASSIGNMENTS:** There will be weekly personal reflection assignments on Blackboard. There may also be additional assignments at the instructor’s discretion. Assignments may include writing an essay, completing an activity, watching a video and writing about it or discussing it with your peers online, or other assignments chosen by the instructor. Assignments are independent work. Assignment announcements will be posted on eCampus.

**In addition to the graded assignments listed above, you will have access to numerous resources on Blackboard. I encourage you to explore these resources and use them to enhance your learning experience. Please note that although these supplementary resources may not be graded assignments, I will receive feedback on your access.**

**DUE DATES:** Deadlines are firm. Technical issues at the last minute or on the due date are not an excuse for missing deadlines. Please plan ahead. Begin your work prior to the due date in case you have technical or personal issues. No late work accepted. Do not ask for extensions. This is why we have two attempts.

Learning Activities: This class will use a variety of learning activities and you are expected to fully participate in all the class activities (whether or not they are graded). These will include, but are not limited to, lectures, reading, group experiential learning exercises, class discussions, written assignments, case studies, student presentations, literature review and critique, internet resources, PowerPoint/video presentations, simulations, etc.

Academic Honesty: Academic honesty is expected, and integrity is highly valued in the Dallas County Community Colleges. Scholastic dishonesty is a violation of the Code of Student Conduct. Scholastic dishonesty includes, but is not limited to, cheating on a test, plagiarism, and collusion. As a college student, you are considered a responsible adult. Your enrollment indicates acceptance of the DCCCD Code of Student Conduct published in the DCCCD Catalog.

**EVALUATION** (Determining Your Grade): Class work, homework, activities, and exams are designed to measure student progress toward the performance objectives. NOTE: You can check your average at any point in the semester through eCampus. You may also contact your instructor with any questions
Assignment and Assessment Summary:

<table>
<thead>
<tr>
<th>Assignment Description</th>
<th>Points</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Chapter Quizzes- (15 quizzes at 20 pts / quiz)</td>
<td>300</td>
<td>30%</td>
</tr>
<tr>
<td>Big 5 Personality Essay</td>
<td>100</td>
<td>10%</td>
</tr>
<tr>
<td>Personality Theory Essay</td>
<td>100</td>
<td>10%</td>
</tr>
<tr>
<td>Participation</td>
<td>100</td>
<td>10%</td>
</tr>
<tr>
<td>Personality Journal (15@20 points / entry)</td>
<td>300</td>
<td>30%</td>
</tr>
<tr>
<td>Final Exam (100pts/Exam)</td>
<td>100</td>
<td>10%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1000</td>
<td>100%</td>
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Your final course grade will be determined as shown:

<table>
<thead>
<tr>
<th>Points</th>
<th>Percentages</th>
<th>Letter Grade</th>
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<tbody>
<tr>
<td>900-1,000</td>
<td>90-100%</td>
<td>A</td>
</tr>
<tr>
<td>800-899</td>
<td>80-89%</td>
<td>B</td>
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<tr>
<td>700-799</td>
<td>70-79%</td>
<td>C</td>
</tr>
<tr>
<td>600-699</td>
<td>60-69%</td>
<td>D</td>
</tr>
<tr>
<td>0-599</td>
<td>0-59%</td>
<td>F</td>
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***Remember, all writing assignments will be submitted to a plagiarism check program. Please do your own work. If an outside source of any kind is used (even the textbook), it must be cited.***

PLEASE NOTE: Technical difficulties encountered with your computer, browser, or Internet connection are not acceptable excuses for missing a due date. Do not wait until the last minute to assignments or exams. Be sure to thoroughly read all instructions for taking tests on eCampus to avoid technical problems, and make sure the computer you are using for Blackboard is updated. “Tips to Avoid Being Locked out of Tests” is especially helpful for eCampus. If needed, the Testing Center is located in the S building. In order to take a test, you must know your Instructor’s name and Course. It is your responsibility to find out the Testing Center procedures and hours. All exams are open book; Final Exam is time limited to two hours.

Instructor Attendance Policy: Students must begin attendance in all classes of enrollment. No exceptions. Financial Aid will not be granted to students who have been certified as not attending, by the certification date. For this on-campus course, you must physically be present in class on or before the certification date of Jan 1st to allow you to receive credit for Financial Aid purposes. For certification dates, check with the division or Financial Aid Office for further information. Students, who are not certified as beginning class, are responsible for any payments due as a result of non-certification, to include the dropping of courses.

Important Dates:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>January 21st</td>
<td>Classes Begin</td>
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<tr>
<td>February 3rd</td>
<td>12th Day of Class – Certification Date (Must show class activity)</td>
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<tr>
<td>February 27th – 28th</td>
<td>Professional Development Days (No Classes)</td>
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<tr>
<td>March 16th – 20th</td>
<td>Spring Break</td>
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<tr>
<td>April 10th</td>
<td>Holiday</td>
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<tr>
<td>April 16th</td>
<td>Last Day to Withdraw With a “W”</td>
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<tr>
<td>May 11th – 14th</td>
<td>Final Exam Week / Semester Ends</td>
</tr>
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Withdrawal Policy: If you are unable to complete this course, it is your responsibility to withdraw formally. The withdrawal request must be received in the Registrar’s Office by April 16th. Failure to do so will result in your receiving a performance grade, usually an "F." Students often drop courses when help is available that would enable them to continue. Please discuss your plans with your instructor if you feel the need to withdraw. If you drop a class or withdraw from the college before the official drop/withdrawal deadline, you will receive a "W" (Withdraw) in each class dropped.
STOP BEFORE YOU DROP: For students who enrolled in college level courses for the first time in the Fall of 2007, Texas Education Code 51.907 limits the number of courses a student may drop. You may drop no more than 6 courses during your entire undergraduate career, unless the drop qualifies as an exception. Your campus counseling/advising center will give you more information on the allowable exceptions.

Remember that once you have accumulated 6 non-exempt drops, you cannot drop any other courses with a “W.” Therefore, please exercise caution when dropping courses in any Texas Public Institution of higher learning, including all seven of the Dallas County Community Colleges. For more information, you may access: https://www1.dcccd.edu/6drop

Financial Aid: Students must begin attendance in all classes of enrollment. No exceptions. Financial Aid will not be granted to students who have been certified as not attending by the certification date. For on-campus lecture classes, your physical participation in class, on or before the certification date, will allow you to receive credit for FA purposes. For certification dates, check with the division or FAO for further information. Students, who are not certified as beginning class, are responsible for any payments due as a result of non-certification, to include the dropping of courses. Students who are receiving any form of financial aid should check with the Financial Aid Office prior to withdrawing from classes. Withdrawals may affect your eligibility to receive further aid and could cause you to be in a position of repayment for the current semester. Students who fail to attend or participate after the drop date are also subject to this policy. If you are receiving financial aid grants or loans, you must begin attendance in all classes. Do not drop or stop attending any class without consulting the Financial Aid Office. Changes in your enrollment level and failing grades may require that you repay financial aid funds.

INSTITUTIONAL POLICIES 9.1: Students with Disabilities: If you are a student with a disability and/or special needs, or if you think you may have a disability, please contact the college Disability Services Office (DSO). Please note that all communication with DSO is confidential. If you are eligible for accommodations, please request that the DSO send your accommodation letter to me as soon as possible (students are encouraged to contact DSO at the beginning of the semester). For more information regarding the College Disability Services Office, please visit the Student Services website: dcccd.edu/DS Offices or contact DCCCD Office of Institutional Equity at (214) 378-1633. For information at Mountain View call 214-860-8677. Please visit: https://www.mountainviewcollege.edu/au/fastfacts/legal/policies-syllabi/pages/fall-2018.aspx for a complete list of institutional policies (Stop Before You Drop; Withdrawal Policy; Repeating a Course; Financial Aid; Academic Dishonesty; Americans with Disabilities Act Statement; Religious Holidays; and Campus Emergency Operation and Contingency Plans

Religious Holidays: Absences for observance of a religious holy day are excused. A student whose absence is excused to observe a religious holy day is allowed to take a make-up examination or complete an assignment within a reasonable time after the absence.

Academic Honesty: Academic honesty is expected, and integrity is valued in the Dallas County Community Colleges. Scholastic dishonesty is a violation of the Code of Student Conduct. Scholastic dishonesty includes, but is not limited to, cheating on a test, plagiarism, and collusion. As a college student, you are considered a responsible adult. Your enrollment indicates acceptance of the DCCCD Code of Student Conduct published in the DCCCD Catalog.

Classroom Policies: 1) Zero tolerance for cell phones, ipads, mp3s, laptops, etc. - they need to be put away during class time. 2) Laptops are not necessary in this course unless the instructor requires you to use one. 3) No texting during class. 4) If I can see your underwear or back end, this is a classroom disruption and you will be removed from class, either voluntarily or by Campus Police and possibly removed from school. 5) If you are 10 minutes late or more, you may come in and benefit from the information, but you will be marked absent. 6) If this is a habit, please do not come in and disturb the class. 7) If you must leave class early, please sit by the door. 8) Zero tolerance for headphones, earbuds, etc. in classroom. Do not wear them in class. 9) Paying attention in class, showing respect for others’ opinions, and being willing to share your own are expected in this class.

Inclement Weather Statement: In the event of severe weather conditions, please listen to local radio or television stations for information concerning official closing of Mountain View College facilities. You can also call the inclement weather hotline at 214-860-8888, or check for updates on the web site www.dcccd.edu.
## Course Outline

### Week 1
1/21 to 1/26

**Chapter 1, Understanding Yourself and Others**  
Journal 1 Reflection and Chapter 1 Quiz Due 1/26

*All weekly Quizzes and Exams due that night at 11:59pm.*  
Critical Thinking Introduction

### Week 2
1/27 to 2/2

**Chapter 2, Assessments and Methods**  
Journal 2 Reflection and Chapter 2 Quiz Due 2/2

MBTI assessment taken in class

### Week 3
2/3 to 2/9

**Chapter 3, The Big Five Personality Traits**  
Big 5 Personality essay due 3/15  
Journal 3 Reflection and Chapter 3 Quiz Due 2/9

**Class Certification Day 2/3!**

### Week 4
2/10 to 2/16

**Chapter 4, Bio. Underpinnings of Personality**  
Journal 4 Reflection and Chapter 4 Quiz Due 2/16

### Week 5
2/17 to 2/23

**Chapter 5, Self-Concept and Self-Processes**  
Journal 5 Reflection and Chapter 5 Quiz Due 2/23

### Week 6
2/24 to 3/1

**Chapter 6, Psychodynamic Approaches**  
Journal 6 Reflection and Chapter 6 Quiz Due 3/1

Feb 27th and 28th – Professional development / No Classes

### Week 7
3/2 to 3/8

**Chapter 7, Motivation**  
Journal 7 Reflection and Chapter 7 Quiz Due 3/8

### Week 8
3/9 – 3/15

**Chapter 8, How Learning Shapes Behavior**  
Big 5 Personality essay due 3/15 - No Late Essays!

**SPRING BREAK!**

### Week 9
3/16 to 3/22

### Week 10
3/23 – 3/29

### Week 11
3/30 – 4/5

**Chapter 9, Personality Across the Life Span**  
Journal 9 Reflection and Chapter 9 Quiz Due 3/29

**My Personality Theory Essay Due 5/4**

### Week 12
4/6 – 4/12

**Chapter 10, Gender and Personality**  
Journal 10 Reflection and Chapter 10 Quiz Due 4/5

### Week 13
4/13 – 4/19

**Chapter 11, Culture and Personality**  
Journal 11 Reflection and Chapter 11 Quiz Due 4/12

**LAST DAY TO DROP 4/16**

### Week 14
4/20 – 4/26

**Chapter 12, Personality in the Workplace**  
Journal 12 Reflection and Chapter 12 Quiz Due 4/19

### Week 15
4/27 – 5/3

**Chapter 13, Personality and Relationships**  
Journal 13 Reflection and Chapter 13 Quiz Due 4/26

### Week 16
5/4 – 5/10

**Chapter 14, Personality and Mental Health**  
Journal 14 Reflection and Chapter 14 Quiz Due 5/3

**Chapter 15, Personality and Physical Health**  
My Personality Theory Essay Due 5/4  
Journal 15 Reflection and Chapter 15 Quiz Due 5/10

Final Exam - Chapters 1 - 15  
Final Due 5/11  
It’s a Wrap!

### Week 17
5/11 – 5/14

Instructor Reserves the Right to Adjust Schedule When Necessary

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*Note: If you are having difficulty with the class material, or believe you are doing poorly, please talk to me about your situation sooner rather than later. Do not wait until night before or after the Final to discuss your GPA, exam grades, or if you have a dispute with a grade you were given. Make an appointment and talk to me in my office during my office hours.*