Psychology of Adjustments 2315 #24401
Begins May 20, 2019
May 20 until June 5, 2019

INSTRUCTOR:  Michael K. Garza, Ed.D.
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Course Description

Psychology of Adjustment
This is a Texas Common Course Number.
Prerequisite: One of the following must be met: (1) DREA 0093 or (2) English as a Second Language (ESOL) 0044 or (3) have met the Texas success Initiative (TSI) Reading standard.
Course Description: Study of the processes involved in adjustment of individuals to their personal and social environments. (3 Lec.)
Coordinating Board Academic Approval Number 4201015625

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COMMUNICATION WITH YOUR INSTRUCTOR
I try to review and grade all newly posted material at least once during the business week. Also, you can expect me to respond to your text or e-mail normally within 24 hours during the school week. If you contact me after 4:30 P.M. on Friday, I will respond by 8:30 A.M. on Monday. If it is a holiday, I will respond by 8:30 A.M. on the next school day.

When you send an email or a text be sure to include your name, class number, and section number. For example: **John Doe, PSYC 2315 #21403.** This will help me in locating your work and responding to you quickly. **If you text me, do it by posting your email into a text message. That way, I will have a permanent copy that I can take from your email. By texting your copy of the email, you will get to me sooner.**

Be aware that while this is my general and intended practice sometimes but seldom there are issues that delay the process.

**Technical Requirements and Support**

PSYC 2315 online requires access to a computer, the Internet and e-mail.

If you should have any technical difficulties, the way to get technical support with eCampus is to click the "Help" link at the very top of the eCampus screen and then "Submit a Ticket" or call 972-669-6402. Also alert the instructor concerning any technical problems (if applicable).

**REQUIRED BOOKS AND SOFTWARE: THERE ARE OPTIONS (READ THE OPTIONS BEFORE YOU DO ANYTHING)**

- **PSYCHOLOGY AND THE CHALLENGES OF LIFE, 13th edition by Jeffrey S. Nevid and Spencer A. Rathus with WileyPlus software.**
- **Option 1:** **PSYCHOLOGY AND THE CHALLENGES OF LIFE, 13th edition by Jeffrey S. Nevid and Spencer A. Rathus**
  A code with WileyPlus software, comes with your new loose leaf text. A loose leaf text book with the access code cost approx. $149.) **if bought at only the Brookhaven Book Store on campus.** The software will enable you to register online and complete assignments which will be due and required prior to each test. If you purchased the text brand new from another bookstore or Amazon then you will have to pay extra for the WileyPlus software.
**Option 2:** If you obtain or purchase a used text, you will need to purchase the WileyPlus access code at the bookstore or from WileyPlus. You will need access to WileyPlus as answering the questions in WileyPlus is 40% of your grade. **BE SURE AND GET THE WILEYPLUS SOFTWARE.**

Option 3: If you only purchase the WileyPlus software alone, (by it’s self) bought at the Brookhaven Book Store, or on line when you sign up, it comes with the book which you can read on line from any computer, anywhere free.

**COURSE RATIONALE**

Announcements:

This course is about managing our time, developing our self-identity, building and maintaining friendships and intimate relationships, adopting healthier behaviors and lifestyles, coping with stress, and dealing with emotional problems and psychological disorders.

My goal and the author’s goal is to communicate to you how some of the scientific literature during the past few years might be helpful. I would like to teach you how to apply psychological principles to resolve problems in your life and most of all, to motivate you using humor and anecdotes.

**STUDENT LEARNING OUTCOMES**

Students who successfully complete Psychology 2315 will be able to:

1. Recognize and explain certain psychological theories related to the study of human adjustment. Recognize names of theorists associated with these major theories such as Freud, Skinner and Rogers etc. List and explain the major characteristics behind each major theory.

2. List and explain some of the major elements and challenges each of us struggle with.

3. List and explain the major components of Cognitive theory, Humanistic theory, Freudian and other theories that are helpful to understand in our interactions with others.

4. Identify and explain the major components of social - emotional development during each major developmental period throughout the lifespan.
5. Explain the normal process of cognitive, behavioral and humanistic elements that we use with our brain. You will be able to identify some of the areas of malfunctioning characterized by both men and women.

**BASIC SKILLS**

Students who enroll in Psychology 2315 should have the reading skills and writing skills necessary to enter English 1301.

**Exemplary Educational Objectives for PSYC 2315**

To employ the appropriate methods, technologies and data that social and behavioral scientists use to investigate the human condition.

To use and critique alternative explanatory systems or theories.

To develop and communicate alternative explanations or solutions for contemporary social issues.

To identify and understand differences and commonalities within diverse cultures.

**INSTITUTIONAL POLICIES**

**Withdrawal**

If you are unable to complete this course, it is your responsibility to withdraw formally. The withdrawal request must be received in the Registrar's Office by May 31, 2019. Failure to do so will result in your receiving a performance grade of usually an "F." If you drop a class or withdraw from the college before the official drop/withdrawal deadline, you will receive a "W" (Withdraw).

**STOP BEFORE YOU DROP**

For students who enrolled in college level courses for the first time in the fall of 2007, Texas Education Code 51.907 limits the number of courses a student may drop.

You may drop no more than 6 courses during your entire undergraduate career unless the drop qualifies as an exception. Your campus counseling/advising center will give you more information on the allowable exceptions.
Remember that once you have accumulated 6 non-exempt drops, you cannot drop any other courses with a "W". Therefore, please exercise caution when dropping courses in any Texas public institution of higher learning including all seven of the Dallas County Community Colleges. For more information, you may access:

https://www1.dcccd.edu/coursedrops

**ACADEMIC DISHONESTY**

Scholastic dishonesty is a violation of the Code of Student Conduct. Scholastic dishonesty includes, but is not limited to, cheating on a test, plagiarism, and collusion. As a college student, you are considered a responsible adult. Your enrollment indicates acceptance of the Dallas County Community Colleges Code of Student Conduct published in the Dallas County Community Colleges Catalog.

**Student Absences due to Religious Observance**

*(for lecture classes only)*

Absences for observance of religious holy days are excused. A student whose absence is excused to observe a religious holy day is allowed to make-up an examination or complete an assignment within a reasonable time after the absence.

**Repeating This Course**

Effective with the Fall 2005 Semester, the Dallas County Community Colleges will charge additional tuition to students registering the third of subsequent time for a course. All third and subsequent attempts of the majority of credit and Continuing Education/Workforce Training courses will result in additional tuition to be charged. Developmental Studies and some other courses will not be charged a higher tuition rate. Third attempts include courses taken at any Dallas County Community Colleges since the Fall 2002 Semester.

**Retrieving your grade on eConnect**

Paper grade reports are no longer available from the Dallas Community Colleges. Students may retrieve their grades online through eConnect or by visiting the Advising Center.

Specific instructions for obtaining your grades can be found at http://www.brookhavencollege.edu/grades.html

Go to http://www.brookhavenCollege.edu/onlinesvcs/students/
to learn about all the student services.

For FERPA statement please copy and paste the following link:

https://www1.dcccd.edu/catalo/about/privacy.cfm?loc=2

**STUDENTS RECEIVING FINANCIAL AID**

If you are receiving Financial Aid grants or loans, you must show participation in this class prior to the certification date (February 9, 2019) by either e-mailing or contacting the instructor or logging on to eCampus and doing some assignments. Do not drop or stop attending any class without consulting the Financial Aid Office. Changes in your enrollment level and/or failing grades may have adverse consequences. Phone: 972-860-4110.

All institutional policies can be found online at [http://www.brookhavencollege.edu/syllabipolicies](http://www.brookhavencollege.edu/syllabipolicies).

**STUDENT ACADEMIC SUPPORT: WileyPlus software**

There is a companion software Academic Support site that supports your Textbook. This site is called WileyPlus and is like an electronic work book but is much more. In the WileyPlus software package you will find assignments over each chapter. You will find an exact copy of the book, you will find multimedia presentations both animations and videos, and Study Tools such as Flashcards and Student Web Resources. There are numerous questions, animations, and videos which I have listed that you must do as part of your grade. They help you prepare for your test and with the use of some of the other parts of the support site, will help you understand questions that you may not be completely clear about.

Video Tutorial

Video Tutorials maybe found under support when you open WileyPlus on the front page.

To get your WileyPlus software, you will have to paste the address below in your url:

www.wileyplus.com/class/706247
Now if you bought a new book from the Brookhaven Book Store, your book came with a registration code in it. If you didn’t buy a book, you can buy a registration code and you can pay for the WileyPlus software right there. An e-text access is included.

**WileyPlus Online Account Registration (This is required.)**

If you have bought a new “Psychology and the Challenges of Life”, 13 edition by Nevid, from the Brookhaven Book Store you will be furnished with an “access code”. Don’t throw it away. This code will get you your WileyPlus software free. The code comes with the book (if bought at Brookhaven Book store) or the loose leave book bought at Brookhaven book store. I might add as a reminder, you can just buy the WileyPlus software alone because in it as mentioned before is a free copy of the exact book. You can buy this at the Brookhaven Book store. You can also buy it when you register on line.

When in WileyPlus, you will click on Assignments.

- Follow these steps to register:
  If you are in: Psyc. 2315 #24401 register for WileyPlus example follows.

  
  Your Course ID is: 706247
The Chapter Exercises, Practice Tests, Animations and/or Matching will be listed under assignments. For each Chapter, log in to the WileyPlus site. Go to assignments and finish the assignments for each chapter.

You must do each of the exercises for each chapter assignment before that chapter’s test for full credit.

You will have 2 chances to get the answer correct for each exercise. If you miss the correct answer twice then you will get no points for that question.

Be sure that you do these exercises!
These exercises will help you prepare for the test.
Remember, this is worth approximately 40% of your grade.

The chart below gives you an outline of the points needed to make the grade of A,B,C,or D.

As you will notice after the first 4 chapters there will be a test worth 100 points. Then a second 4 chapters and another test worth 100 points. The last two tests will each have only 3 chapters per test for 100 points each. Then you will have the Final, Chapters 1 thru 14 worth 200 points. The points you receive will then be added to the points you get for working the WileyPlus work book. Any point score over 900 points total when adding your Tests and WileyPlus Assignments will give you an A. Discussion Board questions are considered extra credit points, and will be up to 50 points total.

600 to 699 points will equal a D
700 to 799 points will equal a C
800 to 899 points will equal a B
Above 900 points will equal an A
You will take all your tests on ecampus! Dates your tests or due is listed under the test found on the left hand side of ecampus.

TESTING SCHEDULE: All due dates are listed on e-campus under Tests

Test 1 – Chapters 1 – 4
WileyPlus exercises for the first 4 chapters will be due the day before the test.

Test 2 – Chapters 5 – 8
WileyPlus on chapters 5 – 8 will be due the day before test 2

Test 3 – Chapters 9 – 11
WileyPlus on chapters 9 through 11 will be due the day before the test.

Test 4 – Chapter 12 – 14
WileyPlus on chapter 12 – 14 will be due the day before the test.

Final Test will be Chapters 1 – 14

Should you be late on a test, you will lose 5 points per day if you still want to take it.

DISCUSSION BOARDS: Discussion board CAN NOT be turned in late!

There will be five (5) Discussion Board assignments throughout the course. These are worth 10 points each and they act like extra credit. You may access the Discussion Board assignments by clicking on the Discussion Board button to the left then the course is open in e-campus.

TOTAL POSSIBLE POINTS: 50

DISCUSSION BOARD Due Dates: The due dates are listed next to the Discussion Question on e-campus.

Discussion 1:
Discussion 2:
Discussion 3:
Discussion 4:
Discussion 5:

**POSTING GRADES**

I review and grade all newly posted material (Discussion Board answers and Tests). I will post a grade for your Discussion Board within 24 hours after the due date for the question. I usually do not start grading Discussion Boards until the due date posted in the class Calendar. If you submit a Discussion Board early it may not be graded until it is due.

Tests are automatically graded unless you go over the time limit. If you do go over the time limit I will grade your Test, deduct points for over time limit, and post the grade within 24 hours after you take the Test. You can check your grades under the Tools button and then click on My Grades.

**GENERAL STATEMENT**

If you have questions about the course, or the syllabus, please do not hesitate to call me or text me at 469-767-6866. My email address is mkgarza@dcccd.edu

The instructor reserves the right to add, delete or revise segments of the course or syllabus.

DCCCD coursework, grades, GPA, and academic standing are also available from both the Academic Advising Office and the Admissions Office.