PHED 1100 COURSE DESCRIPTION: 1 Credit Hour
Basic skills and techniques for the beginner level. Analysis and practice of hitting, fielding, pitching, team play, and competitive play are emphasized. Baseball History and interpretation of the rules are also covered. (1 Credit Hours)

PHED 1148 Intermediate Baseball
This is a Texas Common Course Number.
Course Description: Basic skills and techniques are refined beyond the beginner level. Analysis and practice of hitting, fielding, pitching, team play, and competitive play are emphasized. Baseball history and interpretation of the rules are also covered. Course emphasis is placed on the development and preparation for participation on an intercollegiate team. Equipment is furnished. (3 Lab.)

METHOD OF INSTRUCTION:
1. Lectures by instructor
2. Class discussions
3. Demonstration by instructor
4. Participation by class members
5. No textbooks are required for this course.

STUDENT LEARNING OUTCOMES:
1. Student recognizes, defines and cites the rules, regulations and terms of baseball.
2. Student develops and demonstrates beginning skills during individual and/or team drills.

COURSE EXEMPLARY EDUCATIONAL OBJECTIVES:
To evaluate personal fitness levels and health behaviors within the parameters of fitness components as well as evaluating the sport specific skills. To develop plans for, and to demonstrate active participation in a personal fitness program for improvement in fitness levels and health behaviors. To describe the relationship and the interaction of lifestyle and disease and the major issues that affect our health and wellness. To understand the contribution of physical activity to overall physical, social, mental, and emotional well being. To identify methods and techniques for attaining lifelong fitness and wellness. To demonstrate and understand the basic nutrition principles, weight control, injury prevention and stress management.
CORE COURSE INTELLECTURAL COMPETENCIES:
In addition to the innate physical aspects of the course, physical educators believe that the essential intellectual competencies and multicultural concepts should be included as well. Therefore, every effort will be made to ensure that all core intellectual competencies are included in PHED 1148 as follows.

Reading: Students will read the course syllabus; textbook and/or class handouts; written examination; and, computer printouts-where available.

Writing: Students may write descriptions of personal fitness/wellness programs; maintain a written exercise log; and may write short answer, fill-in-the-blank; and/or essay questions on written exams.

Speaking: Students may verbally describe and/or justify their personal fitness/wellness goals; and, may participate in class discussions.

Listening: Students listen to verbal instructions: safe use of equipment and facilities and are able to follow those instruction; listen to lectures and obtain information regarding course objectives; and, listen to verbal directions regarding skill/techniques and are able to execute skills correctly and safely.

Critical Thinking: Students apply sound fitness/wellness concepts to a personally designed program; may evaluate various exercise or diet programs for safety and validity; may evaluate data based upon fitness/wellness assessments; and, make appropriate lifestyle choices to enhance and support a personal fitness/wellness program.

Computer Literacy: (This component is contingent upon computer availability for students) Student may assess personal dietary habits and determine appropriate body weight; may design a personal eating plan to support a personal weight control plan; may evaluate data based upon fitness/wellness assessments; and may explore the Internet to examine and evaluate fitness- and wellness-related websites.

Multicultural Concepts: Students may explain how ethnic/cultural background and gender impact health risks, dietary habits, and exercise habits and be able to implement personal programs based on ethnic/cultural preferences and risk factors.

ASSESSMENT:
1. Written Exams
2. Pre/Post Test
3. Attendance
4. Course Assignments

ATTENDANCE & PARTICIPATION:
Attendance will be taken daily. Be on time!! Two tardies (after 25 mins.) equal one absence. Students are required to remain in class the entire time. Students will be allowed to make-up classes for excused absences only and must contact the instructor for information regarding the make-up. If you are present for class, but do not participate, points may be deducted.

1st absence= - Free
2nd absence= -20 points
3rd absence= -30 points
4th absence= -40 points
5th absence= -60 points
6th absence = withdraw from the class or receive an F
- Excused absences include verified Eastfield College-sponsored activities, Dr.’s notes with each date of absence (ASAP), or family death (with validation).

COURSE EVALUATION:
1. Course Assignments…………………………………………………………………150 points
2. Final Exam………………………………………………………………………100 points
3. Attendance, participation…………………………………………………………150 points

=400 point total

POINT TOTALS:
360-400 = A
320-359 = B
280-319 = C
240-279 = D
0 -239 = F

COURSE POLICIES
You are expected to dress in appropriate workout attire in order to participate in the class. No denim, boots, or sandals will be allowed and no attire that promotes alcohol, tobacco, or drugs. If proper attire is not worn, you will not be allowed to participate and you will be marked absent from the class.

NO CELL PHONES IN USE DURING THE CLASS PERIOD.

ACADEMIC HONESTY
The purpose of the Student Code of Conduct is to provide guidelines for the educational environment of The Dallas County Community College District. Such an environment presupposes both rights and responsibilities. Disciplinary regulations at the college are set forth in writing in order to give students general notice of prohibited conduct. Students should be aware of disciplinary actions for all forms of academic dishonesty, including cheating, fabrication, facilitating academic dishonesty, plagiarism, and collusion. Your College Catalog and the DCCCD Catalog contain the entire Student Code of Conduct, which is also on the Internet at http://dcccd.edu.

All academic dishonesty will result in a grade of ‘0’ for the work in question and the student will be reported according to college policy.

DROP/WITHDRAWAL POLICY
Last day to withdraw with a grade of “W”: November 14, 2019
If at any time you wish to drop this course, you must initiate the action yourself. The instructor is not responsible for dropping the student, and if the student fails to withdraw from the class, the instructor will assign a grade accordingly.
FINANCIAL AID STUDENTS
If you are receiving Financial Aid grants or loans, you must begin attendance in all classes. Do not drop or stop attending any class without consulting the Financial Aid Office. Changes in your enrollment level and failing grades may require that you repay financial aid funds. Failure to contact the instructor will result in your name being submitted to the Financial Aid Office as a “non-attendee.”

Eastfield College Email Policy
Faculty and students must have and use a DCCCD account for all correspondence relating to academic coursework. For information on setting up a DCCCD student email account go to: https://www.dcccd.edu/SS/OnlineSvs/Pages/MSOffice.aspx

The Office of Institutional Equity, in coordination with DCCCD colleges, has the primary responsibility for reviewing, updating and implementing compliance policies and procedures. The Institutional Equity and Compliance Officer and the Office of Institutional Equity will ensure compliance with College District policies, federal and state laws related to sexual assault, Title IX, Title II (Americans with Disabilities Act) and the Military Veterans Full Employment Act to support diversity and inclusion.

Students with Disabilities:
If you are a student with a disability and/or special needs, or if you think you may have a disability, please contact the college Disability Services Office (DSO). Please note that all communication with DSO is confidential. If you are eligible for accommodations, please provide or request that the DSO send your accommodation letter to me as soon as possible (students are encouraged to contact DSO at the beginning of the semester). For more information regarding the College Disability Services Office, please visit the Student Services website: dcccd.edu/DSO Offices or contact DCCCD Office of Institutional Equity at (214) 378-1633.

A Note on Harassment, Discrimination and Sexual Misconduct
We are committed to assure all community members learn and work in a welcoming and inclusive environment. Title VII, Title IX and DCCCD policy prohibit harassment, discrimination and sexual misconduct. If you encounter harassment, sexual misconduct (sexual harassment, sexual assault, stalking, relationship violence, stalking), retaliation or discrimination based on race, color, religion, age, national origin, disability, sex, sexual orientation, gender identity, and/or gender expression, please contact your College Title IX Coordinator or the Office of Institutional Equity. We treat this information with the greatest degree of confidentiality possible while also ensuring student welfare and college safety.
We are concerned about the well-being and development of our students, and are available to discuss any concerns. There are both confidential and non-confidential resources and reporting options available to you. If students wish to keep the information confidential, please contact the college Counseling or Student Health Services. As required by DCCCDD policy, incidents of discrimination and/or sexual misconduct shared with faculty will be reported to the College Title IX Coordinator or District Title IX Coordinator. The Title IX Coordinator will contact the student and determine if further investigation is needed. For more information about policies, resources or reporting options, please contact your college Title IX Coordinator or visit www.dcccd.edu/titleIX.

College Title IX Coordinators

<table>
<thead>
<tr>
<th>Location</th>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brookhaven</td>
<td>Terri Edrich</td>
<td><a href="mailto:TitleIX-BHC@dcccd.edu">TitleIX-BHC@dcccd.edu</a></td>
<td>972-860-4825</td>
</tr>
<tr>
<td>Cedar Valley</td>
<td>Grenna Rollings</td>
<td><a href="mailto:TitleIX-CVC@dcccd.edu">TitleIX-CVC@dcccd.edu</a></td>
<td>972-860-8181</td>
</tr>
<tr>
<td>Eastfield</td>
<td>Rachel Wolf</td>
<td><a href="mailto:TitleIX-EFC@dcccd.edu">TitleIX-EFC@dcccd.edu</a></td>
<td>972-860-7358</td>
</tr>
<tr>
<td>El Centro</td>
<td>Shanee’ Moore</td>
<td><a href="mailto:TitleIX-ECC@dcccd.edu">TitleIX-ECC@dcccd.edu</a></td>
<td>214-860-2138</td>
</tr>
<tr>
<td>Mountain View</td>
<td>Regina Garner</td>
<td><a href="mailto:TitleIX-MVC@dcccd.edu">TitleIX-MVC@dcccd.edu</a></td>
<td>214-860-8561</td>
</tr>
<tr>
<td>North Lake</td>
<td>Rosemary Meredith</td>
<td><a href="mailto:TitleIX-NLC@dcccd.edu">TitleIX-NLC@dcccd.edu</a></td>
<td>972-860-3992</td>
</tr>
<tr>
<td>Richland</td>
<td>Bill Dial</td>
<td><a href="mailto:TitleIX-RLC@dcccd.edu">TitleIX-RLC@dcccd.edu</a></td>
<td>972-238-6386</td>
</tr>
<tr>
<td>Dallas Colleges Online</td>
<td>Kendra Higgs</td>
<td><a href="mailto:TitleIX-LEC@dcccd.edu">TitleIX-LEC@dcccd.edu</a></td>
<td>972-669-6672</td>
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District Title IX Coordinator

<table>
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<tr>
<th>Office of Institutional Equity</th>
<th>LaShawn Grant</th>
<th><a href="mailto:TitleIX-District@dcccd.edu">TitleIX-District@dcccd.edu</a></th>
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<tbody>
<tr>
<td></td>
<td>214-378-1633</td>
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RELIGIOUS HOLIDAYS/OBSERVANCES:

Students who will be absent from class for the observance of a religious holiday must notify the instructor in advance. Please refer to the college catalog section on Student Responsibilities.

OBTAINING YOUR GRADES AT THE END OF THE SEMESTER:

Grade reports are no longer mailed. Convenient access is available online or by telephone. Just use your student identification number when you log in to eConnect or call DCCCD Touch Tone Services. Web site address: http://econnect.dcccd.edu/. Tel. no. 972.613.1818.

CLASSROOM ENVIRONMENT:

Food, soft drinks, cell phones, pagers, etc. are not to be used during class. Attend class on time to receive full credit.

REPEATABILITY ISSUE:

Pending legislative action and DCCCD Board approval, the DCCCD will charge a higher rate of tuition to students registering the third or subsequent time for a course. Developmental Studies and some other courses will not be charged a higher rate. For complete information go to: http://www.dcccd.edu/ThirdCourseAttempt/
Children on Campus
The institution strives to protect an environment most conducive to teaching and learning for all enrolled students. Children who are taking part in organized scheduled activities or who are enrolled in specific classes are welcomed. Minor children, however, should not be brought to the institution unless closely supervised by their parent. Minor children should not be brought into classrooms, laboratories or other facilities of the college. This practice is disruptive to the learning process. In the case of an emergency where the student-parent has no alternative but to bring the child to campus, classroom faculty or the administrative heads of other units have full discretion as to whether a child may be allowed to quietly stay in the location. These individuals may require that children be removed by the student-parent from the setting if, in their opinion, the presence of the child is deemed to be disruptive to the learning process. For reasons of security and child welfare the institution will not permit unattended children to be left anywhere on the premises. Parents who have problems with childcare should visit the Counseling and/or Advisement Center to receive referrals to childcare services in the area.

Family Educational Rights and Privacy Act of 1974 (FERPA)
In compliance with the Family Educational Rights and Privacy Act of 1974 (FERPA), the College may release information classified as “directory information” to the general public without the written consent of the student. Directory information includes: (1) student name, (2) student address, (3) telephone numbers, (4) date and place of birth, (5) weight and height of members of athletic teams, (6) participation in officially recognized activities and sports, (7) dates of attendance, (8) educational institution most recently attended, and (9) other similar information, including major field of student and degrees and awards received. Students may protect their directory information at any time during the academic year. If no request is filed, directory information is released upon written inquiry. No telephone inquiries are acknowledged. No transcript or academic record is released without written consent from the student, except as specified by law.

STOP BEFORE YOU DROP
For students who enrolled in college level courses for the first time in the fall of 2007, Texas Education Code 51.907 limits the number of courses a student may drop. You may drop no more than 6 courses during your entire undergraduate career unless the drop qualifies as an exception. Your campus counseling/advising center will give you more information on the allowable exceptions. Remember that once you have accumulated 6 non-exempt drops, you cannot drop any other courses with a “W”. Therefore, please exercise caution when dropping courses in any Texas public institution of higher learning, including all seven of the Dallas County Community Colleges. For more information, you may access: https://www1.dcccd.edu/coursedrops

DISCLAIMER:
This syllabus is intended as a guide for this semester and is subject to change.