# Human Development Syllabus – Lecture

<table>
<thead>
<tr>
<th>Instructor:</th>
<th>Dr. Zinab Muñoz</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classroom</td>
<td>G218</td>
</tr>
<tr>
<td>E-mail</td>
<td><a href="mailto:zinabmunoz@dcccd.edu">zinabmunoz@dcccd.edu</a></td>
</tr>
<tr>
<td>Office Hours:</td>
<td>By appointment</td>
</tr>
<tr>
<td>Office</td>
<td>C237- Advising Lobby</td>
</tr>
</tbody>
</table>

This course syllabus is intended as a set of guidelines for HDEV 0100. Both Eastfield College and your instructor reserve the right to make modifications in content, schedule, and requirements as necessary to promote the best education possible within prevailing conditions affecting this course.

## COURSE INFORMATION:

<table>
<thead>
<tr>
<th>Course Title:</th>
<th>Human Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Number:</td>
<td>HDEV 0100</td>
</tr>
<tr>
<td>Section Number:</td>
<td>43201</td>
</tr>
<tr>
<td>Credit Hours:</td>
<td>1</td>
</tr>
<tr>
<td>Class Meeting Time:</td>
<td>M-W 12:30-1:50 p.m.</td>
</tr>
</tbody>
</table>

## DESCRIPTION:

This course is an overview of the process of learning, memory, perception, language and thought applied to the college learning community. Special emphasis is placed upon the practical applications of these psychological principles for students. This course specifically provides an opportunity for the student to learn, practice and adopt strategies to support his/her success in college. Topics include: individual learning skills, self-monitoring, goal-setting, problem solving, critical thinking, stress management, time management, motivation, procrastination, test anxiety, memory, creativity, note-taking, reading college materials, college resources on campus and on the internet, communicating effectively, the importance of supportive relationships, career and academic planning, and the value of diversity. Emphasis is placed on the practical application, techniques, and strategies for each of these topics. This course supports students enrolling in other appropriate remediation. (3Lec.)

## REQUIRED TEXTBOOKS and/or MATERIALS:

Fast Break by Michelon, Young, Lowry, Dumont, ISBN 9781305750326 (Cengage)
COURSE OBJECTIVES:
Students who successfully complete HDEV 0100 will be able to:

• Increase self-awareness regarding collegiate culture
• Develop SMART goals
• Learn a variety of time management strategies
• Obtain the research skills and technology literacy necessary for success at college
• Examine personal culture and the role of diversity in learning

STUDENT LEARNING OUTCOMES:

1. At the end of the semester students will be able to understand what better motivates them.
2. At the end of the semester students will be able to understand the importance and dynamics of relationships.
3. At the end of the semester students will be able to apply strategies for managing their time and energy.
4. At the end of the semester students will be able to choose personal success strategies that produce positive life changes.

INCOMPLETES:

An incomplete grade of “I” may be given when an unforeseen emergency prevents you from completing the work in a course. The “I” must be converted to a performance grade (A-F) within 90 days after the first day of classes in the subsequent regular semester. If the work is not completed after 90 days, the “I” is converted to a performance grade, usually an “F”. An Incomplete Contract is used to assign an incomplete grade and states the requirements for the satisfactory completion of the course. The Incomplete Contract must be agreed upon and signed by the Instructor, the student, and the division dean and submitted with the final grade report. When an Incomplete Contract must be submitted without your signature, the instructor must include a statement indicating that you are aware of and agree with the contract.

INSTRUCTOR’S RIGHTS:

This syllabus is intended as a set of tentative guidelines for HDEV 0100. I, the Instructor of Record, reserve the right to modify at anytime, through verbal or written communication, this syllabus, class instruction, class schedule, and the requirements as seen necessary to promote the best education possible. It is the student’s sole responsibility for contacting the instructor or other students for any information pertaining to this class whenever he/she is absent.
MEANS OF ASSESSMENT OF COURSE LEARNING OUTCOMES:

GRADING SCALE

<table>
<thead>
<tr>
<th>Component</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance/Participation</td>
<td>20</td>
</tr>
<tr>
<td>Assignments</td>
<td>40</td>
</tr>
<tr>
<td>Reflections</td>
<td>15</td>
</tr>
<tr>
<td>Final Project</td>
<td>25</td>
</tr>
</tbody>
</table>

A = 90% ↑ of the total possible points
B = 80-89% of the total
C = 70-79% of the total possible points
(The students will pass the course with an A, or a B, or a C.)
D = 60-69% of the total possible points

*Note: F = 59% ⇑ of the total possible points

SCHEDULE OF EVENTS

<table>
<thead>
<tr>
<th>WEEK</th>
<th>TOPIC</th>
<th>CHAPTER</th>
<th>ASSIGNMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Motivation &amp; Engagement</td>
<td>Prologue: The Spark</td>
<td>Assignment #1: Probation Story</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chapter 2</td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td>Setting Goals and Solving Problems</td>
<td>Chapter 4</td>
<td>Assignment #2: Time Efficiency Assessment</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Reflection 1</td>
</tr>
<tr>
<td>Week 3</td>
<td>Time &amp; Resources</td>
<td>Chapter 3</td>
<td>Reflection 2</td>
</tr>
<tr>
<td>Week 4</td>
<td>Relationships and Dialogue</td>
<td>Chapter 1</td>
<td>Assignment #3 Smart Goals</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Reflection 3</td>
</tr>
<tr>
<td>Week 5</td>
<td>Presentations</td>
<td>N/A</td>
<td>Final Project</td>
</tr>
</tbody>
</table>

DISCIPLINE/COURSE/DEPARTMENT/POLICIES/INSTRUCTOR EXPECTATIONS

- Each chapter MUST be read before the assigned due date for that chapter. This will ensure a rich and knowledgeable class discussion.
- Homework assignments and pop quizzes may be given at the discretion of the instructor.
- There will be no make-up assignments for any missed classes, homework or exams, except at the discretion of the instructor.
- No ringing cell phones. Do not verbally answer or engage in conversation on the cell phone during class.
- Students will always respect each other and their differences in opinion.
- See Eastfield College’s discipline, policy, and procedures manual for all others rules or guidelines.
INSTITUTIONAL POLICIES

ACADEMIC DISHONESTY
The Student Code of Conduct prohibits academic dishonesty and prescribes penalties for violations. According to this code, which is printed in the college catalog, "academic dishonesty", includes (but is not limited to) cheating, fabrication, facilitating academic dishonesty, plagiarism, and collusion.

Academic dishonesty may result in the following sanctions, including, but not limited to:
1. A grade of zero or a lowered grade on the assignment or course.
2. A reprimand.
3. Suspension from the college.

NOTIFICATION OF ABSENCE DUE TO RELIGIOUS HOLY DAY(S)
Students who will be absent from class for the observance of a religious holiday must notify the instructor in advance. Please refer to the Student Obligations section of the college catalog for more explanation. You are required to complete any assignments or take any examinations missed as a result of the absence within the time frame specified by your instructor.

REQUIREMENTS OF THE AMERICANS WITH DISABILITIES ACT
In accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, any student who feels that he or she may need any special assistance or accommodation because of an impairment or disabling condition should contact the ADA/ACCESS Office at (972) 860-8348 or visit the F bldg at Eastfield College. It is the policy of EFC to provide reasonable accommodations as required to afford equal educational opportunity. It is the student's responsibility to contact the ADA/ACCESS Office.

DROP POLICY
If you are unable to complete this course, you must officially withdraw by meeting the withdrawal deadline (see the top portion of the syllabus). Withdrawing is a formal procedure which you must initiate; your instructor cannot do it for you.

All Dallas County Community Colleges charge a higher tuition rate to students registering the third time for a course. This rule applies to the majority of credit and Continuing Education / Workforce Training courses. Developmental Studies and some other courses are not charged a higher tuition rate. Third attempts include courses taken at any DCCCD college since the fall 2002 semester. For further information, go online to: .

FINANCIAL AID STATEMENT
Students who are receiving any form of financial aid should check with the Financial Aid Office prior to withdrawing from classes. Withdrawals may affect your eligibility to receive further aid and could cause you to be in a position of repayment for the current semester. Students who fail to attend or participate are also subject to this policy.

To apply for financial aid in the DCCCD, students must complete FAFSA (Free Application for Federal Student Aid) on the web at http://www.fafsa.ed.gov.
COUNSELING SERVICES
Counseling services for personal issues are provided to all students currently enrolled at Eastfield College. These services are provided by licensed professionals who are bound by confidentiality (within ethical parameters) at no charge. With the assistance of a counselor, students are able to identify, understand, resolve issues and develop appropriate skills. To make an appointment call 972-860-7371 or visit the C-building.

STOP BEFORE YOU DROP
For students who enrolled in college level courses for the first time in the fall of 2007, Texas Education Code 51.907 limits the number of courses a student may drop. You may drop no more than 6 courses during your entire undergraduate career unless the drop qualifies as an exception. Your campus counseling/advising center will give you more information on the allowable exceptions.

Remember that once you have accumulated 6 non-exempt drops, you cannot drop any other courses with a “W”. Therefore, please exercise caution when dropping courses in any Texas public institution of higher learning, including all seven of the Dallas County Community Colleges. For more information, you may access: https://www1.dcccd.edu/coursedrops

The Link Writing Center (Library)
The Writing Center supports and supplements classroom instruction by providing focused, individualized writing instruction in response to the specific needs of the student. Its services are available to all Eastfield College students, not just those enrolled in English classes. The tutors are skilled writing specialists who can help students clarify writing tasks, understand instructors' requirements, develop and organize papers, explore revision options, detect grammar and punctuation errors, and properly use and document sources. Rather than merely editing or "fixing" students' papers, the Writing Center staff focuses on helping students develop and improve their writing skills.

TITLE IX AND DIVERSITY
Eastfield College is committed to creating and fostering a learning and working environment that reflects, respects, and celebrates diversity. This is an integral part of the College’s mission to provide excellence in teaching and learning. If you encounter sexual harassment, sexual misconduct, sexual assault, or discrimination based on sex, sexual orientation, and/or gender identity, we encourage you to contact the college’s Title IX coordinator, Rachel Wolf (http://www.eastfieldcollege.edu/SSI/title-ix/report-incident). Additionally, if you feel comfortable doing so, you may discuss the incident with me. However, please be aware that while I will maintain your privacy, once you have shared information with me, I am required to share the basic facts of the incident with Ms. Wolf. For more information about Title IX and the college's policies, see the Eastfield College website: http://www.eastfieldcollege.edu/SSI/title-ix/index

Instructor Disclaimer: The instructor reserves the right to amend this syllabus as necessary