Lifespan Growth and Development
2016 SP-PSYC 2314-63400
2015 FA-PSYC 2314-93430

Spring Term 2016
January 20 – May 12
Online Course

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COURSE DESCRIPTION
Lifespan Growth and Development is a fascinating subject. It is a study of social, emotional, cognitive and physical factors and influences of a developing human from conception to death. You will enjoy applying what you learn to your own life in practical ways. You were once a microscopic zygote. Look at you now! A highly intricate, complex and beautiful dance as the result of genetics, caretakers, siblings, peers, schooling, neighborhood, media, nutrition, culture and your thinking and decisions! Isn’t that amazing! And you will continue developing all of your life. In this course we will look at what psychological science can tell us about our physical, cognitive, and social and personality development throughout the lifespan.

COURSE PRE-REQUISITES
Developmental Reading 0093 or English as a Second Language (ESOL) 0044 or have met the Texas Success Initiative (TSI) standard in Reading.
**COURSE MATERIALS/RESOURCES NEEDED**

**Required** Textbook and MyPsychLab: Feldman, “Discovering the Lifespan 3rd edition” and an Access Code to MyPsychLab. You will need these resources the first class day. MPL offers a 14 day free trial so there is no reason to get behind.

You must purchase the MyPsychLab access code from the MVC bookstore because we have a unique code specific to Mountain View College. You have two options for obtaining the course materials:

1. **Standalone Access Card to MPL: ISBN 9781269752824** You can purchase the Standalone MyPsychLab (MPL) access card from the MVC bookstore which includes the eBook. If you are comfortable going all electronic this is a good option.

2. **Package: ISBN 9781269921442** If you prefer a print textbook the MVC bookstore sells the package which includes the print textbook and the MPL access code together.

Note: If you already have the correct textbook you still will need to purchase the MPL access code from the MVC bookstore.

***You will also need reliable access to the Internet and eCampus. You may use on campus computers or your own. Room W170b is designated for psychology students and is equipped with computers and staff to assist you with MyPsychLab. Check W170b or the division office for open hours. Please use hard wired computers.***

**STUDENT LEARNING OUTCOMES (SLO’S)**

Upon successful completion of this course, students will be able to:

1. Describe the stages of the developing person at different periods of the life span from birth to death.
2. Discuss the social, political, economic, and cultural forces that affect the development process of the individual.
3. Identify factors of responsible personal behavior with regard to issues such as sexual activity, substance abuse, marriage and parenting.
4. Explain the biosocial, cognitive and psychological influences throughout the lifespan as an ongoing set of processes, involving both continuity and change.
5. Describe the different developmental perspectives of the major theories of development (i.e. cognitive, learning, humanistic and psychodynamic).
6. Identify examples of some of the cultural and ethnic differences that influence development throughout the lifespan.
7. Discuss the various causes or reasons for disturbances in the developmental process.

**Course Objectives** The objective of a social and behavioral science component of a core curriculum is to increase students’ knowledge of how social and behavioral scientists discover, describe and explain the behaviors and interactions among individuals, groups, institutions, events and ideas. Such knowledge will better equip students to understand themselves and the roles they play in addressing the issues facing humanity.

**Prerequisite** Developmental Reading 0093 or English as a Second Language (ESOL) 0044 or have met the Texas Success Initiative (TSI) standard in Reading and Psychology 2301 recommended.

**INSTRUCTIONS AND INFORMATION for online resources associated with this Class**

This course requires access to the Internet. This course is 100% online. There are no face-to-face meetings. However, you are invited to use the Psychology Learning Center on campus in W170b where an instructor or assistant are available to assist you. You may use any computer on or off campus. eCampus Student Tutorials can help you determine if your computer and browser are compatible with eCampus. You can access the tutorials at this link: [http://ecampus.support.dcccd.edu/v91/studenttutorials/studentIndexv91.html](http://ecampus.support.dcccd.edu/v91/studenttutorials/studentIndexv91.html)
Be sure and have a backup plan for using an alternative computer in case you have issues with your primary computer. Technical issues are not an acceptable excuse for missing due dates.

Course resources are available through eCampus Blackboard. Information including the Welcome, Getting Started information, Discussion Board and how to contact your instructor are available on the course eCampus site http://ecampus.dcccd.edu/. You will find the link to MyPsychLab (MPL) on the eCampus course main menu. Be sure and enter MPL through our eCampus course so your work will be linked to this class.

Communication with your instructor is essential so make sure the email address you have on file with the college eCampus system is correct. Students may acquire a free e-mail account through any of a number of providers such as the MVC Library.

If your email address in eCampus is not correct you will not receive important communications from the instructor. Email to your instructor must include your course number and section in the subject line and your full name and student ID number in the body of your email. Example: PSYC 2314-64401 This allows me to locate your records efficiently and answer your email in a timely manner. Emails without the required information may be filtered as spam and not read.

EVALUATION (Determining Your Grade)

1. MPL Study Plans (post-tests avg) = 20%
2. Virtual Child/Virtual Life Progress = 20%
3. Chapter Exams = 40%
4. Discussion Board = 20%

Description of Course Assignments

1. **Study Plans (SP) (done in MyPsychLab)** are designed to help you focus on the material that will improve your understanding of major concepts for each chapter. The Study Plan for each chapter includes 1) a Pretest, 2) a personalized Study Plan with suggested activities to help your understanding (e.g., rereading specific sections of the chapter, watching relevant videos, completing an activity) and 3) a Post-test. The grades for the post-tests constitute the MPL Study Plan grade. The pre and post-tests are required. The additional resources available in MPL SP’s are not graded. However, they are an excellent resource to help guide your study of each chapter in a systematic way.

2. **Virtual Child/Virtual Life™ (VC) (done in MyPsychLab)**
   My Virtual Child/MyVirtualLife™ provides interactive life experiences in two separate simulations. The first simulation allows you to raise a child from birth to age 18 and monitor the effects of your parenting decisions over time. In the second simulation you will make first-person decisions and see the impact of those decisions on your simulated future self over time. Throughout the semester, you will monitor your “child's" development, and discuss these developments with your peers on the Discussion Board. The grade for raising your Virtual Child and living your Virtual Life is determined by reaching each age by the due date. (See Assignment Calendar at the end of this syllabus.)

3. **Chapter Exams (done in MyPsychLab)**

4. **Discussion Board (done in eCampus DB)**
   Follow the directions given for each DB post. Click “Discussion Board” on the eCampus main menu.
Instructor Attendance Policy
Students must begin attendance in all classes of enrollment. No exceptions. Login to eCampus and introduce yourself on the Discussion Board to verify attendance. Financial Aid will not be granted to students who have been certified as not attending by the certification date. For certification dates, check with the division or Financial Aid Office for further information. Students, who are not certified as beginning class, are responsible for any payments due as a result of non-certification, to include the dropping of courses.

The withdraw date for this class is April 14, Thursday.
If you are unable to complete this course, it is your responsibility to withdraw formally. The withdrawal request must be received in the Registrar’s Office by the drop date. Failure to do so will result in your receiving a performance grade, usually an “F.” Students often drop courses when help is available that would enable them to continue. Please discuss your plans with your instructor if you feel the need to withdraw. If you drop a class or withdraw from the college before the official drop/withdrawal deadline, you will receive a “W” (Withdraw) in each class dropped.

Cell phones, electronic devices and pagers: (for on campus classes)
Students are expected to turn off all cell phones, electronic devices and pagers during class time unless specifically allowed by the professor for instructional purposes. You may bring Smart phones, iPads, laptops, Blackberry’s, etc. as we will sometimes use these in class.

Academic Honesty:
Academic honesty is expected, and integrity is valued in the Dallas County Community Colleges. Scholastic dishonesty is a violation of the Code of Student Conduct. Scholastic dishonesty includes, but is not limited to, cheating on a test, plagiarism, and collusion. As a college student, you are considered a responsible adult. Your enrollment indicates acceptance of the DCCCD Code of Student Conduct published in the DCCCD Catalog. More information is available at https://www1.dcccd.edu/cat0406/ss/code.cfm

Institution Policies:
Please visit http://www.mountainviewcollege.edu/Academics/Documents/Institutional%20Policies.pdf for a complete list of institutional policies (Stop Before You Drop; Withdrawal Policy; Repeating a Course; Financial Aid; Academic Dishonesty; Americans with Disabilities Act Statement; Religious Holidays; and Campus Emergency Operation Plan and Contingency Plan.).

Disclaimer Reserving Right to Change Syllabus:
The instructor reserves the right to amend this syllabus as necessary in order to enhance learning.
<table>
<thead>
<tr>
<th>Due Date</th>
<th>Required Assignments</th>
<th>Instructions</th>
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<tbody>
<tr>
<td>January 20</td>
<td>1. Login to <a href="http://ecampus.dcccd.edu/">http://ecampus.dcccd.edu/</a>. Click PSYC2314 2. Read the Announcements and the Course Syllabus 3. Follow the START HERE instructions for setting up MyPsychLab 3. Introduce yourself on the Discussion Board in eCampus 4. Post a helpful study tip on the eCampus Discussion Board under the thread “Helping Each Other with this Course” MyPsychLab: Complete the Browser Tune-Up Read the Getting Started Guide Create a Pearson Customer Support Account Take the MyPsychLab Readiness Quiz</td>
<td>You must purchase MPL from the Mountain View bookstore because it is a custom code for MVC psychology courses. (See page one on the syllabus to see your options for eText or print book with MPL)</td>
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<td>Each day login to eCampus to check for new announcements. Then click the MyPsychLab link in the main menu on our eCampus course. Once in MyPsychLab click the Course Calendar to access assignments.</td>
<td>eCampus login: <a href="http://ecampus.dcccd.edu/">http://ecampus.dcccd.edu/</a>. Enter MyPsychLab through eCampus.</td>
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<td>January 30</td>
<td>Chapter 1 Introduction Review the Chapter 1 Learning Objectives Read the eText: Chapter 1 Complete the Module 1.1 Study Plan Complete the Module 1.2 Study Plan Complete the Module 1.3 Study Plan Take the Chapter 1 Exam</td>
<td>Birth your Virtual Child</td>
</tr>
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<td>February 6</td>
<td>Chapter 2 The Start of Life Review the Chapter 2 Learning Objectives Read the eText: Chapter 2 Complete the Module 2.1 Study Plan Complete the Module 2.2 Study Plan Complete the Module 2.3 Study Plan Take the Chapter 2 Exam MyVirtualChild</td>
<td>Continue raising your VC</td>
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<tr>
<td>February 20</td>
<td>Chapter 3 Infancy Review the Chapter 3 Learning Objectives Read the eText: Chapter 3 Complete the Module 3.1 Study Plan Complete the Module 3.2 Study Plan Complete the Module 3.3 Study Plan Take the Chapter 3 Exam MyVirtualChild</td>
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<td>February 27</td>
<td>Chapter 4 The Preschool Years Review the Chapter 4 Learning Objectives Read the eText: Chapter 4 Complete the Module 4.1 Study Plan Complete the Module 4.2 Study Plan Complete the Module 4.3 Study Plan Take the Chapter 4 Exam MyVirtualChild should be age 6</td>
<td>Discussion Board #1 Virtual Child Reflection age 0-6 due February 25th on the eCampus Discussion Board</td>
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<td></td>
<td>Discussion Board #1 Due (age 0-6) On eCampus DB</td>
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<tr>
<td>Due Date</td>
<td>Required Assignments</td>
<td>Instructions</td>
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| March 5  | Chapter 5 Middle Childhood  
Review the Chapter 5 Learning Objectives  
Read the eText: Chapter 5  
Complete the Module 5.1 Study Plan  
Complete the Module 5.2 Study Plan  
Complete the Module 5.3 Study Plan  
Take the Chapter 5 Exam  
*MyVirtualChild should be age 12*  
Discussion Board #2 Due (age 7-12) | Discussion Board #2 Virtual Child  
Reflection age 7-12 due March 3rd on the eCampus Discussion Board |
| March 12 | Chapter 6 Adolescence  
Review the Chapter 6 Learning Objectives  
Read the eText: Chapter 6  
Complete the Module 6.1 Study Plan  
Complete the Module 6.2 Study Plan  
Complete the Module 6.3 Study Plan  
Take the Chapter 6 Exam  
*MyVirtualChild should be age 18*  
Discussion Board #3 Due (age 13-18)  
SPRING BREAK MARCH 14-19 COLLEGE CLOSED | Discussion Board #3 Virtual Child  
Reflection age 13-20 due March 10th on the eCampus Discussion Board |
| March 26 | Chapter 7 Early Adulthood  
Review the Chapter 7 Learning Objectives  
Read the eText: Chapter 7  
Complete the Module 7.1 Study Plan  
Complete the Module 7.2 Study Plan  
Complete the Module 7.3 Study Plan  
Take the Chapter 7 Exam  
*MyVirtualLife* | Begin your VirtualLife |
| April 2  | Chapter 8 Middle Adulthood  
Review the Chapter 8 Learning Objectives  
Read the eText: Chapter 8  
Complete the Module 8.1 Study Plan  
Complete the Module 8.2 Study Plan  
Complete the Module 8.3 Study Plan  
Take the Chapter 8 Exam  
*MyVirtualLife* | Live your Virtual Life to age 80 by May 8th |
| April 9  | Chapter 9 Late Adulthood  
Review the Chapter 9 Learning Objectives  
Read the eText: Chapter 9  
Complete the Module 9.1 Study Plan  
Complete the Module 9.2 Study Plan  
Complete the Module 9.3 Study Plan  
Take the Chapter 9 Exam  
*MyVirtualLife* | |
| April 23 | Chapter 10 Death and Dying  
Review the Chapter 10 Learning Objectives  
Read the eText: Chapter 10  
Complete the Module 10.1 Study Plan  
Complete the Module 10.2 Study Plan  
Complete the Module 10.3 Study Plan  
Take the Chapter 10 Exam  
*MyVirtualLife Live your Virtual Life to age 80* | |
| May 8    | Discussion Board Post #4 Virtual Life Reflection | Discussion Board #4 Due May 8th (age 20-80) |