COMPLEX CONCEPTS OF ADULT HEALTH
CLINICAL-NURSING-REGISTERED NURSE TRAINING
RNSG 2560-21264 Fall 2015
Brookhaven College
Dallas County Community College District

Instructor: Rebecca Personett, PhD, RN
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rpersonett@dcccd.edu
Office Hours: X1100 By appointment
Clinical Hours: Clinical days and hours will vary per preceptor

Credit Hours: 5 SCH, 0 Lecture
Contact Hours: 240 15 Ext. Hrs. (clinical)

Course Description:
This clinical provides an opportunity to apply medical/surgical concepts and theory to clients with complex health care needs. The student applies critical thinking and develops care planning for a group of adults in a moderately to severely ill critical care setting. Supervision is provided by the nursing instructor or clinical preceptor. Grading is the sole responsibility of the Brookhaven Nursing Faculty. Emphasis is on knowledge, skills and professional values within a legal/ethical framework.

Prerequisites: “C” or better in semester three courses

Co-requisites: RNSG 1443 Complex Concepts of Adult Health; both courses must be repeated if student fails either course.

Learning Outcomes:
The student will: identify complex health changes which may be experienced by the client in an acute care setting; utilize critical thinking and a systematic problem solving process as a framework for providing care for the critically ill client; and explain the roles of the Associate Degree Nurse in caring for clients with complex health care needs and their families.

Course Objectives:
1. Analyze nursing process to reflect the rapidly changing health status in clients with complex alterations in health. (Provider of Care, Coordinator of Care)

2. Provide therapeutic nursing interventions to client/family experiencing complex alterations in health based on knowledge of pathophysiological and psychosocial concepts. (Provider of Care)

3. Utilize effective therapeutic communication techniques to assist the client/family to adapt to complex alterations in health. (Provider of Care)

4. Demonstrate professional attributes of caring in providing care of clients with complex alterations in health. (Provider of Care, Coordinator of Care, Member of Profession)
5. Integrate a nursing teaching/discharge plan, to include referrals, to assist the client/family to adapt to complex health related changes. (Provider of Care)

6. Accurately monitor client’s/family responses to therapeutic modalities. (Provider of Care)

7. Communicate with appropriate members of the interdisciplinary health care team providing nursing care to clients with complex alterations in health. (Provider of Care)

8. Utilize critical thinking to organize and prioritize nursing care for clients experiencing rapidly changing health status. (Provider of Care, Coordinator of Care, Member of Profession)

9. Advocate for clients and their families experiencing complex alterations in health. (Provider of Care, Coordinator of Care, Member of Profession)

10. Communicate nursing knowledge and learning when providing nursing care for the complex client. (Provider of Care)

11. Utilize critical thinking to maintain legal and ethical standards as a member of the profession of nursing. (Provider of Profession, Coordinator of Care, Member of Profession)

12. Demonstrate the appropriate communication skills in the role of manager/leader. (Provider of Care, Coordinator of Care)

13. Identify principles of quality management applicable to nursing and health care delivery systems. (Coordinator of Care)

14. Identify health problems that exist in the present community. (Member of Profession)

15. Identify nursing actions that result in desirable learning outcomes of the community health client and/or family. (Provider of Care)

16. Demonstrate proficiency in medication administration. (Provider of Care)

17. Recognize, discuss, and implement holistic nursing care. (Provider of Care)

18. Discuss the responsibility of the nurse in continuing professional development. (Member of Profession)

19. Demonstrate work organization and time management for four to six clients. (Coordinator of Care)
20. Describe how the Texas Nursing Practice Act, Standards of Care, and laws regulate the practice of nursing in clients with complex health problems. (Provider of Care, Coordinator of Care, Member of Profession)

21. Discuss political and economic issues impacting the care of clients. (Provider of Care, Member of Profession)

22. Examine professional attributes of caring that assist the client in adapting to complex alterations in health. (Provider of Care, Member of Profession)

23. Analyze the trends that have an impact on the restructuring of nursing care delivery. (Coordinator of Care, Member of Professional)

24. Discuss and participate in service learning to promote optimal client and family health adaptation. (Provider of Care, Member of Profession)

**Critical Clinical Skills:**
- Role transition
- Leadership
- Assessment of clients with complex problems
- Math/pharmacology test
- Externship
- Uses nursing process in the care of clients with complex health-care needs
- Delegation
- Transcription of orders
- Discharge planning
- Medication administration via all routes
- All skills from N.1105 and N. 1144

**Teaching/Learning Activities:**
- Planned student/teacher conferences
- Selected clinical experiences
  - Group discussion
  - Computer-assisted instruction
  - Case studies
  - Printed handouts
  - Guest speakers
  - Pre- and post-clinical conferences
Grading:

Evaluation of the clinical performance is reflected in the clinical evaluation tool. Information from the clinical tool will come from the daily clinical evaluations and instructor observation. The clinical evaluation tool identifies behaviors that must be met to meet minimum standards of nursing practice and must be passed with a minimum of “C”. The clinical evaluation tool will be worth 40% of the clinical grade, 15% for midterm evaluation and 25% for the final evaluation.

In addition to the clinical evaluation, the student will receive a grade for a class presentation (30%) and a grade on 10 mini care plans (30%). Please refer to the RNSG2560 Clinical Presentations outline for additional information. These assignments will be averaged and determine the student’s final course grade. Students must earn a grade of “C” or better and must receive a minimum of “C” on the clinical evaluation to pass the course. All clinical assignments must be completed to pass the course. **THERE WILL BE NO Rounding.** The grading criterion is:

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<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>90 - 100</td>
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<tr>
<td>B</td>
<td>81 - 89</td>
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<tr>
<td>C</td>
<td>76 - 80</td>
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<td>D</td>
<td>65 - 75</td>
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<td>F</td>
<td>Below 65</td>
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In the event a student fails a co-requisite course, both courses must be repeated for a passing grade.

**FERPA: RETREIVING YOUR GRADE AND eConnect**

Paper grade reports are no longer available from the Dallas Community Colleges. Students may retrieve their grades on-line through eConnect or by visiting the Advising Center.

**Guidelines for clinical experience N. 2560 (Fourth semester)**

1) Students will be working with a preceptor and will work the preceptor’s schedule. Please refer to Student Handbook for clinical guidelines about dress code etc. You must wear your student uniform and Brookhaven ID. Student uniform includes a lab coat as needed. Jackets that are not an approved lab coat will not be worn. Students found in clinical out of uniform will be sent home and will be counted absent for the shift.

2) The total number of clinical hospital hours is 168 (this equates to 14 x 12 hr shifts or 21 x 8 hr. shifts.) community service = 16 hours, seminar post conference 16 hours. Mid-semester and final evaluation will include feedback from your preceptor and instructor. Orientation does not count as a clinical shift.

3) Clinical shifts must be scheduled in advance with your preceptor. Your instructor is to be notified via e-mail ([rpersonett@dccc.d.edu](mailto:rpersonett@dccc.d.edu)) as soon as the shifts are arranged and prior to attending. If you attend clinical without notifying your instructor the shift will not be counted. **If there are changes with less than 24 hours notice you must notify your instructor via cell phone (940-367-4576).**
DO NOT TEXT, PHONE CALLS ONLY. You will work with your preceptor each shift you are in clinical. If you arrive to clinical and your preceptor is not there, you must notify your instructor immediately. If you are unable to attend clinical you must notify your instructor by 5am for day shift and 5pm for night shift. You must also communicate with your preceptor.

4) You will be assessed by your faculty early in the semester on your skills and medications. Your preceptor will guide your practice and when he or she feels you are ready you may increase your patient load and autonomy. You may give IV push meds only with your preceptor or faculty at the discretion of the facility. IV piggybacks or IV’s must be verified by the preceptor or faculty prior to administration.

5) If you have questions or concerns that need an immediate answer call your instructor via the above cell number. Your instructor is on-call whenever students are in the hospital. If there are days when the instructor is not available it will be communicated to you so you know not to schedule yourself at that time.

6) The following is NOT allowed by students:
   a) hanging Blood or TPN. Student may monitor these before, during, and after administration but you may not “spike” the bag and hang it.
   b) titrating of IV medications. (drugs like Lidocaine, Primacor etc.)
   c) obtaining or counting of narcotics. Student may administer after RN’s has obtained and counted.
   d) witnessing of legal consents.
   e) accepting verbal or telephone orders from an MD/DO/DDS.

7) Any skill that you have never performed on a patient/person must be supervised. You are responsible for reviewing that skill prior to performing. If you are feeling unsure of any technique, you are responsible to make an appointment in the skills lab to PRACTICE in order to improve your confidence and competency.

8) Charting and med administration will be different from each hospital. Follow hospital protocol. You are responsible to document on the computer every patient you care for every day. Be sure before you leave your unit, you have charted and documented all your medications. Your preceptor must review your computerized documentation daily. You are expected to arrive on time and leave on time.

9) You must turn in a daily preceptor evaluation form each time you are in clinical. Your preceptor is to complete this form on the day you work and it is to be given to your instructor the next shift. You will have 14 forms (14/12hr.days) Keep extra forms with you as well as preceptor agreements. You must have a preceptor agreement signed before working with a preceptor. This is a legal contract. At the end of the semester, you will evaluate your preceptor.

10) Your instructor will review your work with you weekly. Please identify 2-3 patient problems with actions/outcomes, plus labs, shift report and time management plans.
11) You will complete 10 formal Mini Care Plans (MCP), all written work must be completed to pass the course. **Complete and turn in 1 MCP each week with a minimum of 5 completed by midterm in order to be considered passing at midterm. The remaining 5 must be completed by the last scheduled clinical shift.** Care plans will not be accepted late.

12) Be prepared to give your instructor a report on your patients using the above information. You are responsible to take the initiative and be assertive in your communication.

13) Professional Behaviors:
   a) Honesty and accuracy
   b) Punctuality. (Be on time/leave on time)
   c) Reliability
   d) Politeness to preceptor and unit personnel. They are your family for the next semester.
   e) Cleanliness and good grooming. (Clean uniform etc.)
   f) Excellent interpersonal relations and good communication.

**INSTITUTIONAL POLICIES:**
Please click on the following link to be aware of institutional policies at Brookhaven that may impact you as a student. [http://www.brookhavencollege.edu/about/vpi/Pages/Syllabus-Addendum.aspx](http://www.brookhavencollege.edu/about/vpi/Pages/Syllabus-Addendum.aspx)

**Attendance:** see Guidelines for clinical experience N. 2560 (Fourth semester)

**Please note:** The instructor reserves the right to modify any course requirements and calendar due dates as necessary to manage and conduct this course. Students are responsible for contacting the instructor and seeking clarification of any requirement that is not understood. **Recorders may not be used to record this instructor at any time. This request must be honored.** Personal lap top computers, notebook computers, or eReaders are not allowed in the clinical site. Cell phones are not allowed in the clinical arena in patient areas and may be determined to be disruptive behavior. Any student found to be texting or using a cell phone for any reason will be asked to leave the clinical site.

Rebecca Personett, PhD, RN, NEA-BC

This syllabus is subject to change and updates by the instructor at any time.

Revised 7/17/15