COMPLEX CONCEPTS OF ADULT HEALTH
CLINICAL-NURSING-REGISTERED NURSE TRAINING
RNSG 2560-21262
Brookhaven College of Nursing
Dallas County Community College District
Fall 2015

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Credit Hours: 5 SCH, 0 Lecture
Contact Hours: 240 15 Ext. Hrs. (clinical)

Course Description:
This clinical provides an opportunity to apply medical/surgical concepts and theory to clients with complex health care needs. The student applies critical thinking and develops care planning for a group of adults in a moderately to severely ill critical care setting. Supervision is provided by the nursing instructor or clinical preceptor. Grading is the sole responsibility of the Brookhaven Nursing Faculty. Emphasis is on knowledge, skills and professional values within a legal/ethical framework.

Prerequisites: “C” or better in semester three courses

Co-requisites: RNSG 1443 Complex Concepts of Adult Health; both courses must be repeated if student fails either course.

Learning Outcomes:
The student will: identify complex health changes which may be experienced by the client in an acute care setting; utilize critical thinking and a systematic problem solving process as a framework for providing care for the critically ill client; and explain the roles of the Associate Degree Nurse in caring for clients with complex health care needs and their families.

Course Objectives:
1. Analyze nursing process to reflect the rapidly changing health status in clients with complex alterations in health. (Provider of Care, Coordinator of Care)

2. Provide therapeutic nursing interventions to client/family experiencing complex alterations in health based on knowledge of pathophysiological and psychosocial concepts. (Provider of Care)

3. Utilize effective therapeutic communication techniques to assist the
client/family to adapt to complex alterations in health. (Provider of Care)

4. Demonstrate professional attributes of caring in providing care of clients with complex alterations in health. (Provider of Care, Coordinator of Care, Member of Profession)

5. Integrate a nursing teaching/discharge plan, to include referrals, to assist the client/family to adapt to complex health related changes. (Provider of Care)

6. Accurately monitor client's/family responses to therapeutic modalities. (Provider of Care)

7. Communicate with appropriate members of the interdisciplinary health care team providing nursing care to clients with complex alterations in health. (Provider of Care)

8. Utilize critical thinking to organize and prioritize nursing care for clients experiencing rapidly changing health status. (Provider of Care, Coordinator of Care, Member of Profession)

9. Advocate for clients and their families experiencing complex alterations in health. (Provider of Care, Coordinator of Care, Member of Profession)

10. Communicate nursing knowledge and learning when providing nursing care for the complex client. (Provider of Care)

11. Utilize critical thinking to maintain legal and ethical standards as a member of the profession of nursing. (Provider of Profession, Coordinator of Care, Member of Profession)

12. Demonstrate the appropriate communication skills in the role of manager/leader. (Provider of Care, Coordinator of Care)

13. Identify principles of quality management applicable to nursing and health care delivery systems. (Coordinator of Care)

14. Identify health problems that exist in the present community. (Member of Profession)

15. Identify nursing actions that result in desirable learning outcomes of the community health client and/or family. (Provider of Care)

16. Demonstrate proficiency in medication administration. (Provider of Care)

17. Recognize, discuss, and implement holistic nursing care. (Provider of Care)

18. Discuss the responsibility of the nurse in continuing professional
development. (Member of Profession)

19. Demonstrate work organization and time management for four to six clients. (Coordinator of Care)

20. Describe how the Texas Nursing Practice Act, Standards of Care, and laws regulate the practice of nursing in clients with complex health problems. (Provider of Care, Coordinator of Care, Member of Profession)

21. Discuss political and economic issues impacting the care of clients. (Provider of Care, Member of Profession)

22. Examine professional attributes of caring that assist the client in adapting to complex alterations in health. (Provider of Care, Member of Profession)

23. Analyze the trends that have an impact on the restructuring of nursing care delivery. (Coordinator of Care, Member of Professional)

24. Discuss and participate in service learning to promote optimal client and family health adaptation. (Provider of Care, Member of Profession)

**Critical Clinical Skills:**

Role transition
Leadership
Assessment of clients with complex problems
Math/pharmacology test
Externship
Uses nursing process in the care of clients with complex health-care needs
Delegation
Transcription of orders
Discharge planning
Medication administration via all routes
All skills from N.1105 and N. 1144

**Teaching/Learning Activities:**

Communication exercises
Audio-visual aids
Critical thinking exercises
Internet
Simulation experiences
Planned student/teacher conferences
Selected clinical experiences
  Group discussion
  Computer-assisted instruction
  Case studies
  Printed handouts
  Guest speakers
  Pre- and post-clinical conferences
Grading:

Evaluation of the clinical performance is reflected in the clinical evaluation tool. Information for the clinical tool will come from daily evaluations of clinical performance from preceptors and from instructor observation as well as discussion with student preceptors. The clinical evaluation tool identifies behaviors that must be met to meet minimum standards of nursing practice and must be passed with a minimum of “C”. The clinical evaluation tool will be worth 40% of the clinical grade; 15% for midterm evaluation and 25% for the final evaluation.

In addition to the clinical evaluation, the student will receive a grade for a class presentation (30%), and a grade on 10 mini care plans (30%). Please refer to the RNSG2560 Clinical Presentations outline for additional information. These assignments will be averaged and determine the student’s final course grade. Students must earn a grade of “C” or better and must receive a minimum of “C” on the clinical evaluation to pass the course. THERE WILL BE NO ROUNDING (per BHC policy). The grading criterion is:

- A = 100-90
- B = 89-81
- C = 80-76
- D = 75-65
- F = 64-0

In the event a student fails a co-requisite course, both courses must be repeated for a passing grade.

FERPA: RETREIVING YOUR GRADE AND eConnect

Paper grade reports are no longer available from the Dallas Community Colleges. Students may retrieve their grades on-line through eConnect or by visiting the Advising Center.

Guidelines for clinical experience N2560 (Fourth semester)

1) Students will be working with a preceptor/assigned RN. Please refer to Student Handbook for clinical guidelines about dress code etc. You must wear your student uniform and Brookhaven ID. Student uniform includes a lab coat as needed. Jackets that are not an approved lab coat will not be worn. Students found in clinical out of uniform will be sent home and will be counted absent for the shift.

2) The total number of clinical hospital hours is 168 (this equates to 14x 12 hr shifts or 21 x 8 hr. shifts.) Community service=16 hours, seminar post conference 16 hours. Mid-semester and final evaluation will include feedback from your preceptor and/or instructor.

3) If you are unable to attend clinical you must notify your instructor by 5am via cell phone (817-296-4041) and leave a message. Your instructor will return your call prior to the beginning of the shift; you must be available to answer the phone on return
call to discuss your absence. You must also communicate your absence with your assigned unit.

4) You will be assessed by your faculty early in the semester on your skills and medications. You may give IV push meds only with your faculty. IV piggybacks or IV’s must be verified by the preceptor or faculty prior to administration.

5) If you have questions or concerns that need an immediate answer text your instructor via the above cell number. Your instructor is on-call whenever students are in the hospital.

6) The following is NOT allowed by students:
   a) Hanging Blood, blood products or TPN. Student may monitor these before, during, and after administration but you may not “spike” the bag and hang it.
   b) Titrating of IV medications. (drugs like Lidocaine, Primacor etc.)
   c) Obtaining or counting of narcotics. Student may administer after RN has obtained and counted.
   d) Witnessing of legal consents.
   e) Accepting verbal or telephone orders from an MD/DO/DDS.

7) Any skill that you have never performed on a patient/person must be supervised. You are responsible for reviewing that skill prior to performing. If you are feeling unsure of any technique, you are responsible to make an appointment in the skills lab to PRACTICE in order to improve your confidence and competency.

8) Charting and medication administration and protocol will be different from one hospital to another. Always review hospital protocol before giving medications. You are responsible for documentation of all care given to each patient every day. Be sure you have documented all medications given prior to leaving unit each day. You are expected to arrive on time and leave on time.

9) You must turn in a daily preceptor evaluation form each time you are in clinical. Your preceptor is to complete this form on the day you work and it is to be given to your instructor the next shift. You will have 14 forms (14/12hr.days) Keep extra forms with you as well as preceptor agreements. You must have a preceptor agreement signed before working with a preceptor. This is a legal contract. At the end of the semester, you will evaluate your preceptor.

10) Your instructor will review your work organization with you weekly. Please identify 4 patient problems with actions/outcomes, plus labs, shift report and time management plans. You will have 10 formal Mini Care Plans (MCP) to turn in. Your instructor will review, grade, and return to you with feedback.

11) Be prepared to give your instructor a report on your patients using the above information. You are responsible to take the initiative and be assertive in your communication.

12) Professional Behaviors:
   a) Honesty and accuracy
   b) Punctuality (Be on time)
   c) Reliability
   d) Politeness to unit personnel- They are your family for the next semester
e) Cleanliness and good grooming (Clean uniform etc.)
f) Excellent interpersonal relations and good communication

POLICIES

Attendance: Students are expected to attend all scheduled days of clinical experience. Should circumstances occur that the student cannot attend clinical, the student must notify his/her clinical instructor and also notify the assigned nursing unit after talking to the instructor.

Drop/Withdrawal Policy: Withdrawing from a course is a formal procedure which YOU must initiate; the instructor cannot do it for you. You may withdraw from a class in either the Admissions office or Advising Center. If you stop attending or are unable to complete this class and you do not withdraw before the official drop date, you will receive a performance grade, usually a grade of “F.” Students sometimes drop a class when help is available that would enable them to continue. Please discuss your plans with the instructor if you feel you need to withdraw. The full drop and withdrawal policy is online in the college catalog.

Stop Before You Drop: For students who enroll in college level courses for the first time in the fall of 2007, Texas Education Code 51.907 limits the number of courses a student may drop. You may drop no more than 6 courses during your entire undergraduate career unless the drop qualifies as an exception. Your college counseling/advising center will give you more information on the allowable exceptions. Remember that once you have accumulated six non-exempt drops, you cannot drop any other courses with a “W.” Therefore, please exercise caution when dropping courses in any Texas public institution of higher learning, including all seven of the Dallas County Community Colleges. The full drop and withdrawal policy is online in the college catalog.

Financial Aid Statement: Failure to attend classes could result in a loss of Financial Aid (FA). If you are receiving any form of financial aid, you should check with the Financial Aid Office prior to withdrawing from classes. Withdrawals may affect your eligibility to receive further aid and could cause you to be in a position of repayment for the current semester. Students who fail to attend or participate after the drop date are also subject to this policy.

International Students: Students on an F-1 visa cannot withdraw from classes without jeopardizing their official status. If you are on an F-1 visa, you MUST NOT withdraw from any class without the permission of an International Student Advisor in the Multicultural Center, in Room S-136 or at 972-860-4192.

Religious Holidays: A student shall be excused from attending classes, or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this provision may not be penalized for that absence and shall be allowed to take an examination or complete an assignment within a reasonable time after the absence.

ADA Statement: Brookhaven College, in compliance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act, assures access to college programs and facilities. Students are responsible for notifying the Disability Support Services Office of their need for assistance. Students with documented disabilities, such as mobility impairment, hearing or visual impairment, learning, cognitive, and/or psychological disorders are eligible for services.
Disability Support Services is located in Room S136 in the Student Services Center, Building S, or may be reached by telephone at 972-860-4673 or email at bhcADAservices@dcccd.edu.

**Academic Integrity:** Scholastic dishonesty is a violation of the Student Code of Conduct and is punishable as stated in college policies. Please review the full Student Code of Conduct as listed in the college catalog for additional information.

Scholastic dishonesty shall include, but not be limited to, cheating on a test, plagiarism, and collusion. The purpose of the Student Code of Conduct is to provide guidelines for the educational environment of the Dallas County Community College District. This environment views students in a holistic manner, encouraging and inviting them to learn and grow independently. Such an environment presupposes both rights and responsibilities.

**Academic Dishonesty:**
Academic dishonesty is willful and intentional fraud and deception to improve a grade or obtain a course credit. It includes all student behavior intended to gain unearned academic advantage by fraudulent and/or deceptive means. Examples include:

**Taking Information**
1. Copying graded homework assignments from another student.
2. Working together on a take-home test or homework when not specifically permitted by the instructor.
3. Looking at another student’s paper during an examination.
4. Looking at text or notes during an examination when not specifically permitted by the instructor.
5. Accessing another student’s computer and using his/her program as one’s own.

**Providing Information**
1. Giving one’s work to another to be copied or used in an oral presentation.
2. Giving answers to another student during an examination.
3. After having taken an exam, informing another person in a later section about questions appearing on that exam.
4. Providing a term paper or care plan to another student.
5. Taking an exam, writing a paper, or creating a computer program for another.

**Plagiarism**
1. Copying homework answers from the text to hand in for a grade.
2. Failing to give credit for ideas, statements of facts, or conclusions derived by another author. Failure to use quotation marks when quoting directly from another, whether it be a paragraph, a sentence, or a part thereof.

**Other**
1. Lying to an instructor to increase a grade.
2. Altering a graded work after it has been returned, then submitting the work for re-grading.
3. Removing tests from the classroom without the approval of the instructor, or stealing tests.
4. Planning with one or more fellow students to commit any form of academic dishonesty.
Students are expected to follow established procedures of the appropriate division in handling academic issues, such as grade appeals. Students, who wish to appeal a grade, should follow the following guidelines:

1. Speak with your instructor. Ask why you received the grade you did.
2. If that is unproductive, speak with the Associate Dean of Nursing.
3. If that is unsuccessful, file an appeal with the Executive Dean of Health and Human Services.
4. If still dissatisfied, student may request an appointment with the Vice President of Instruction.

Additional grievance procedures and the Student Code of Conduct are outlined in the Brookhaven College Catalog, available in hard copy in advisement or on the web at www.brookhavencollege.edu.

**Repeating This Course:** Each college of the DCCCD charges additional tuition to students registering the third or subsequent time for a course. All third and subsequent attempts of the majority of credit and continuing education/workforce training courses will result in additional tuition being charged. Developmental Studies and some other courses will not be charged a higher tuition rate. Third attempts included courses taken at any of the DCCCD colleges since the Fall 2002 semester. The District’s policy for tuition charges relating to a third attempt is in the college’s catalog.

**Grade Reports:** Final grade reports are not mailed to students. You may obtain your final grades online at https://econnect.dcccd.edu/. From the student menu, select “My Grades” under “My Personal Information.” If you are not already logged in, you will be prompted to do so. Select the grade type you wish to review. Press the submit button and all grades for the selected grade type will be displayed.

**Instructor’s Right to Modify:** The instructor has the right to add, delete, or revise segments of this course syllabus.

**FERPA:** The Family Educational Rights and Privacy Act (FERPA) affords students certain rights with respect to their education records. More information about the FERPA guidelines is available online in the college catalog.
### Evaluation Quality of Performance Scale

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<thead>
<tr>
<th>Rating Scale</th>
<th>Standard</th>
<th>Quality of Performance/Assistance</th>
</tr>
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<tbody>
<tr>
<td>4</td>
<td>Safe and Accurate</td>
<td>Performs behaviors purposely and accurately. <strong>Consistently proficient and coordinated. Practice reflects</strong> sound knowledge base. Focuses on client during care and is confident and relaxed. Occasional expenditure of excess energy with <strong>minimal</strong> time on task. Performs procedure/behavior in an expedient period. <strong>Completed without supporting cues from preceptor.</strong></td>
</tr>
<tr>
<td>3</td>
<td>Safe and Accurate</td>
<td><strong>Consistently efficient and coordinated.</strong> Applies knowledge with occasional cues in practice. Focuses on client but experiences occasional anxiety and shift of focus to task as complexity increases. Some unnecessary expenditure of energy with reasonable time on task. Performs procedures/behaviors in a reasonable time period. <strong>Completed with occasional supportive cues from preceptor.</strong></td>
</tr>
<tr>
<td>2</td>
<td>Safe and Accurate</td>
<td><strong>Skillful in parts of procedures/behavior.</strong> Identifies principles but needs help in applying them in practice. Focuses primarily on task or behavior rather than client and appears anxious. Expends excess energy due to poor planning or repeated behaviors. Performs procedures in a delayed time period. <strong>Completed with frequent verbal and occasional physical directive and supportive cues from preceptor.</strong></td>
</tr>
<tr>
<td>1</td>
<td>Safe but with supervision Not always accurate</td>
<td><strong>Consistently unskilled and inefficient.</strong> Identifies <strong>parts</strong> of principles and/or applies them inappropriately. Focuses entirely on task or behavior and appears anxious and flustered. Utilizes considerable expense of excess energy. Performs procedures or behaviors over a prolonged time period. <strong>Requires continuous verbal and frequent physical cues from preceptor.</strong></td>
</tr>
<tr>
<td>0</td>
<td>Unsafe and inaccurate</td>
<td>Unable to demonstrate procedures or behavior. Unable to identify or apply principles. Focuses entirely on own behaviors and appears frozen. Lacks confidence, coordination, or efficiency. Unable to perform previously learned behavior or skill. <strong>Completed with continuous verbal and physical cues from preceptor.</strong></td>
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### Acknowledgment

I ____________________________ , a Level 4 student in the Brookhaven Nursing program have had an opportunity to read and understand the syllabus in its entirety and have been given a chance to ask any questions of my instructor regarding its contents. It is my responsibility to remain aware of my expectations and any changes and seek clarity if in doubt, should changes occur during the course of the current semester or during my absence.

Signature ____________________________ date ______________

Revised 8/2015/T. Hobbs