Foundations for Nursing Practice
RNSG.1413.61001
Fall 2015
September 2, 2015 – December 17, 2015

Professor: Shelley D. Ford, MSN, RN
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Office Phone Number: 214-860-8764
Office Number: H-20
Office Hours: As posted
Meeting Days & Time: Wednesdays x 16 weeks, 0800-1200
Room number: W18
Credit Hours: 4
Division: Nursing
Office Hours: 0800-1500
Office Phone: 214-860-8593
Office Location: H-25

Course Description:

This course introduces the student to fundamental concepts of the Nature of Nursing, Contemporary Health Care issues; The Nursing Process; Health Beliefs and Practices; Lifespan Development; Integral Aspects of Nursing, Integral Components of Client Care; and Promotion of Psychosocial and Physiological Health. The Texas Board of Nursing Practice Act, the Differentiated Essential Competencies, and the ANA Standards of Nursing Care are interwoven in to the course content.

Course Prerequisites:

ENGL 1301, BIOL 2401 or SCIT 1407, and PSYC 2301 with a minimum grade of “C.”
Admission to the Mountain View College Professional Nursing Program.

Concurrent:

RNSG 1360 and RNSG 1105

WECM Statement:

This course introduces the role of the professional nurse as provider of patient-centered care, patient safety advocate, member of health care team, and member of the profession. Content includes fundamental concepts of nursing practice, history of professional nursing, a systematic framework for decision-making and critical thinking. The mechanisms of disease and the needs and problems that can arise are discussed and how the nursing process helps manage the patient through these issues. Emphasis is on knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to a blocked approach.
Course Materials/Supplies Needed:


The following books are required, but not necessary to purchase from the bookstore:

1. Diagnostic Laboratory Test Reference
2. Nursing Drug Guide
3. NCLEX-RN Examination Book

Student Learning Outcomes:

After successful completion of this course the student should be able to:

Member of the profession:
1. Explain the nurses legal scope of practice in accordance with standards and guidelines from professional organizations
2. Describe the history of nursing and how nursing leaders have influenced the development of nursing.
3. Discuss the purpose of nursing practice acts and the standards of professional nursing practice.
4. Explain the roles and competencies of the associate degree nurse.
5. Practice according to the expected level of knowledge, skill, and abilities for patients and their families across the lifespan
6. Explain the need for continued personal and professional growth.

Provider of Patient-Centered Care:
1. Explain the importance of utilizing evidence based practice
2. Describe the nursing process and each of the five steps
3. Demonstrate the concepts of critical thinking and the nursing process.
4. Discuss essential concepts related to the physiological, psychosocial, and developmental needs of patients and their families utilizing priority needs in a cultural diverse environment across the lifespan
5. Identify basic pharmacological principles for patients and families across the lifespan.
6. Identify and discuss cultural differences of patients across the lifespan and major needs of vulnerable patients
7. Explain selected theories of adult growth and development.
8. Describe therapeutic communication within the nurse-client relationship.
9. Describe the various health care delivery systems.
10. Explain the basic elements of teaching and learning.
11. Define the concept of continuity of care within a variety of health care settings

Patient Safety Advocate:
1. Discuss selected therapeutic nursing interventions essential to safe client care.
2. Identify environmental factors that influence the delivery of safe and effective patient-centered nursing care to promote quality in a safe environment for patients, self and others

Member of the Health Care Team
1. Describe beginning knowledge of leadership/management principles inherent in the practice of professional nursing.
2. Explain the concept of caring as it relates to the professional nursing practice.
3. Explain the concepts of health, health promotion, and adaptation.
4. Explain the concepts of loss, grieving, and death
Course Outline:

- The Nature of Nursing
  - Historical perspective
  - Evidence Based Practice
  - Theories of Nursing
  - Ethical & Legal concepts

- Contemporary Health Care
  - Health Care delivery
  - Community & Home Care
  - Electronic health records & Information Technology

- The Nursing Process

- Health Beliefs and Practices

- Lifespan Development

- Integral Aspects of Nursing
  - Caring
  - Communicating
  - Teaching
  - Leading, Managing, & Delegating

- Psychosocial Health
  - Self-concept
  - Sexuality
  - Spirituality
  - Stress & Coping
  - Loss, Grieving, and Death

- Physiological Health
  - Sleep
  - Pain Management
  - Nutrition
  - Cancer basics

Evaluation Procedures:

Grades for this course will be based on the following:

- 5 unit exams @ 13% each
- ATI total score (as described below)
- HESI Final Exam

<table>
<thead>
<tr>
<th>Component</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>5 unit exams @ 13% each</td>
<td>65%</td>
</tr>
<tr>
<td>ATI total score (as described below)</td>
<td>10%</td>
</tr>
<tr>
<td>HESI Final Exam</td>
<td>25%</td>
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</table>

To ensure quality education and equality to all students in this course, the following special conditions will apply during testing situations.

- The instructor controls the options of seating arrangement, movement, leaving the room, and stopping an exam for violation of scholastic honesty.
- All books, papers, notebooks, and personal belongings will be placed away from the desk before testing begins. No cell phones or other electronic devices are allowed in the testing area.
- Any verbal or nonverbal communication between students during a testing situation will be grounds for the termination of the testing. A grade of zero will be recorded and averaged in to the final grade.
- Should a student need to communicate with the instructor, remain seated and raise your hand.
- Any infractions of scholastic honesty will be grounds for dismissal from the program.
The **Policy for ATI Practice & Proctored Content Mastery Series Assessments** aims to:

- Evaluate students’ existing mastery of course- and content-specific nursing information,
- Facilitate review of content where student identifies needs, and
- Promote improved performance on practice assessments in preparation for completion of a content-specific standardized proctored assessment.

The student’s performance on this assessment and the required remediation will constitute a maximum of 10% of the total course grade. All students, regardless of performance on an assessment, will be required to complete a minimum number of hours of Focused Remediation using the ATI Focused Review generated from the results of their practice or proctored assessment. Not completing the required remediation can lead to failure of the ATI Assessment.

### Content Mastery Series with Focused Review & Remediation

<table>
<thead>
<tr>
<th>Complete Practice Assessment A</th>
<th>Complete Practice Assessment B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Remediation (Active Learning)</td>
<td>Remediation: (Active Learning)</td>
</tr>
<tr>
<td>• Three hours Focused Review</td>
<td>• Three hours Focused Review</td>
</tr>
<tr>
<td>• Three critical points to remember for each question topic to review - must be handwritten</td>
<td>• Three critical points to remember for each question topic to review - must be handwritten</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2 pts.</th>
<th>2 pts.</th>
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</thead>
</table>

### Proctored Assessment

<table>
<thead>
<tr>
<th>Level 3 - 4 pts.</th>
<th>Level 2 - 3 pts.</th>
<th>Level 1 - 1 pt.</th>
<th>Below Level 1 - 0 pts.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 hour Focused Review Three critical points to remember for each question topic to review 2 pts.</td>
<td>2 hour Focused Review Three critical points to remember for each question topic to review 2 pts.</td>
<td>3 hour Focused Review Three critical points to remember for each question topic to review 2 pts.</td>
<td>4 hour Focused Review Three critical points to remember for each question topic to review 2 pts.</td>
</tr>
</tbody>
</table>

### Proctored Assessment Retake*

<table>
<thead>
<tr>
<th>No Retake (optional)</th>
<th>No Retake (optional)</th>
<th>Retake required</th>
<th>Retake required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Points = 10/10</td>
<td>Total Points = 9/10</td>
<td>Total Points = 7/10</td>
<td>Total Points = 6/10</td>
</tr>
</tbody>
</table>

*If a student meets the program benchmark on the retake exam (Level 2 or higher), the student can earn an additional point (for example, a Level 1 student can now achieve an 8/10).

### Suggested Remediation Activities

1. Students will complete the prescribed “time spent” in Focused Review.

2. Students will complete a handwritten Remediation (Active Learning Template) for each topic to review.
3. Students will identify and handwrite 3 critical points for each topic missed. This handwritten document will be submitted to the assigned faculty.

Policy for ATI Tutorials

*NOTE: ATI tutorial work may be required in nursing courses but will not be included in “ATI points.”

Purpose: The purpose of this policy related to the use of nursing and nursing-related tutorials by students and faculty is to promote and foster acquisition and application of information related to nursing, including skills, critical thinking, and content-specific information.

In all nursing courses, students will be required to utilize ATI tutorial resources. The minimum amount of time spent in these tutorials will be based on recommendations in the resource Educator Implementation Guide (EIG) and will vary from tutorial to tutorial. For example, the student should expect to spend a minimum of 1 hour in each of the 4 Nurse Logic 2.0 tutorials, whereas the student should expect to spend up to 4 hours in some of the Pharmacology Made Easy tutorials. If points are awarded for ATI Tutorial assignments, it will be based on time spent, not on the score achieved.

HESI Assessment Testing Policy

Mountain View College Nursing Program is committed to providing resources designed to assist graduates to be successful in the nursing program and on the NCLEX-RN examination. Participation in the Elsevier HESI Assessment Testing incorporates the use of specialty exams and an RN exit exam to assess student competency and assist students in preparing for the NCLEX-RN exam. These activities must be completed as specified in the student handbook and course syllabi in order to progress and complete the Mountain View College Nursing Program.

The nursing department will coordinate scheduling of computer-administered proctored assessments. The exam will be timed and it is imperative that you are present and on time on exam day.

The HESI Specialty Exam is the final exam for the course and the desired level of achievement is a score of 850. The exam will count as 25% of the final course grade. If the student does not achieve the desired level of 850 on an exam, a mandatory remediation is required to complete the course. If the remediation is not completed, the final exam grade of zero will be given. Please see the remediation hours below.

The HESI RN Exit exam will be conducted at the end of the program. The desired level of achievement is a score of 850. Students who achieve a score less than 850 is required to complete a remediation in order to complete the nursing program. Please see the remediation hours below. Completion of the HESI-RN exit exam is mandatory for certification of completion of the Mountain View College Nursing Program.

<table>
<thead>
<tr>
<th>HESI Score: Hours of Remediation</th>
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<tbody>
<tr>
<td>800 – 849: 2 hours</td>
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<tr>
<td>700 – 799: 3 hours</td>
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<tr>
<td>600 – 699: 4 hours</td>
</tr>
<tr>
<td>500 – 599: 5 hours</td>
</tr>
<tr>
<td>400 – 499: 6 hours</td>
</tr>
<tr>
<td>300 – 399: 8 hours</td>
</tr>
</tbody>
</table>

Instructor and Nursing Program Attendance Policies:

Students are expected to attend all classes. Students have the responsibility to attend class and to consult with the instructor when an absence occurs. If for some reason you must leave class early, you should inform the instructor prior to the start of class of your reason for leaving early.

Students must begin attendance in all classes of enrollment. No exceptions. Financial Aid will not be granted to students who have been certified as not attending by the certification date. For this class, your physical participation in class, on or before the certification date will allow you to receive credit for FA purposes. For certification dates, check with the division or FAO for further information. Students who are
not certified as beginning class are responsible for any payments due as a result of noncertification, to include dropping of the course.

A student in the Mountain View Nursing Program must assume responsibility for individual learning and be a self-directed adult learner. Nursing faculty have carefully scheduled and constructed course content and learning activities. Student behaviors should not disrupt the learning of themselves or other students. Students should make every effort to be on time to class. It is not appropriate to leave repeatedly during class, talk or whisper with other students, eat nosily, or bring children to class. Cell phones must be silenced or set on vibrate and put away during class. Phones may not be used during class for talking, texting, internet, or other uses unrelated to the class topic. Personal computers may be used, but the use must be confined to class-related activities. Tape recorders may be used in class with individual faculty permission. If the faculty member elects not to allow taping, that request must be honored. Students are expected to adhere to all of the stated lab policies.

Some class content and discussion may be of a sensitive nature. Confidentiality is of key importance and must absolutely be honored.

Only the course instructor, in conjunction with the Dean of Nursing, can excuse a student from class or course responsibilities. In case of inclement weather, the Mountain View College and DCCCD inclement weather policy will be followed. In the event of an illness, accident, or emergency, the student should make direct contact with the instructor before a class, presentation, examination, or other activity takes place. If the instructor cannot be reached in person or by telephone, the student should leave a message with the nursing program administrative assistant or the instructor via voice mail. An extenuating circumstance will be handled by the instructor, with the Dean of Nursing. Drop action may be taken by the instructor if a student is absent more than ten percent (10%) of total class hours.

Tardiness is an unprofessional behavior, distracts other students, and reduces all students’ ability to learn. In most situations, the student will be counseled verbally the first time. The second time, an occurrence record will be completed, signed by the student, and placed in the student's file. The third time, the student will be given a formal contract and remedial action may be taken.

Grading Scale:

The Mountain View College Nursing Program has determined that a grade of “C” is the minimum acceptable grade for enabling a student to proceed to the next nursing course. The student must earn a grade of “C” or higher in every course required for a given semester or group of related courses in order to progress to the next semester. The student must earn a passing grade for clinical performance in addition to any other graded assignments, and complete all non-graded course expectations in order to pass a clinical course.

For most courses, the requirements for a particular letter grade are listed below.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Range</th>
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<tbody>
<tr>
<td>A</td>
<td>92 – 100</td>
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<tr>
<td>B</td>
<td>84 – 91</td>
</tr>
<tr>
<td>C</td>
<td>75 – 83</td>
</tr>
<tr>
<td>D</td>
<td>Below 75</td>
</tr>
<tr>
<td>F</td>
<td>Below 67</td>
</tr>
</tbody>
</table>

Throughout the nursing program, grades will not be rounded up to the next grade. Grades will not be curved in the nursing program. In computing the final course grade, a “D” grade will not be rounded to a “C” grade. For example, if the student’s final grade is 74.99, this equates to a final grade of “D”. There would be no rounding of the final grade.

A student who does not pass an examination with a minimum passing grade of 75 is required to make an appointment with the instructor prior to the next exam.

If a student fails a theory, skills, or clinical course, the student will no longer be able to attend the clinical experiences but may continue to audit the theory course. The student cannot take tests if auditing the course.
In compliance with the Family Educational Rights and Privacy Act of 1974, no grade will be given over the telephone to a student or any other person under any circumstances. Grades will be available via E-campus.

**Procedures for students who are unsuccessful:**
Any student earning a grade of 75 or below on an exam must make an appointment with faculty to analyze the exam results and develop a plan for improvement. This appointment is the student’s responsibility.

**Student Review of Exams:**
At the discretion of the instructor, a student may review computerized test answers on an individual basis and by appointment only. At no time will a student be alone to review a previous test or permitted to take notes. Previous tests may be reviewed before the final exam if the instructor allows. There is no review of the final exam and all review of previous exams must be completed prior to the next scheduled exam and taking the final exam.

**Grade Appeals:**
A student who wishes to appeal a grade should follow these guidelines:
1. Make an appointment immediately with your instructor to discuss your performance and the grade you received.
2. If you are unable to resolve the situation at that level, make an appointment to speak with the Dean of Nursing.
3. If you are still dissatisfied, you may request an appointment with the MVC Vice-President for Instruction.
4. Students may also discuss the situation with the Mountain View College counselors, especially the nursing counselor, but this does not take the place of formal appeals via the chain of command as listed above.

**Late Work Policy:**
Late work will not be accepted. Any work turned in late or incomplete will receive a 0% grade.

**Make-Up Policy:**
Exams may not be rescheduled on an individual basis. If a student is not present during the scheduled time for a unit exam, ATI proctored exam, or HESI final exam, they will receive a “0” grade.

**Electronic Devices:**
Cell phones must be silenced or set on vibrate and put away during class. Phones may not be used during class for talking, texting, internet, or other uses unrelated to the class topic. Personal computers may be used, but the use must be confined to class-related activities. Tape recorders may be used in class with individual faculty permission. If the faculty member elects not to allow taping, that request must be honored.

**Withdrawal Policy (with drop date):**
If you are unable to complete this course, it is your responsibility to withdraw formally. The withdrawal request must be received in the registrar’s office by November 18, 2015. Failure to do so will result in your receiving a performance grade, usually an “F.” Students often drop courses when help is available.
that would enable them to continue. Please discuss your plans with your instructor if you feel the need to withdraw.

If you drop a class or withdraw from the college before the official drop/withdrawal deadline, you will receive a “W” (Withdraw) in each class dropped.

**Academic Dishonesty:**

Students that caught plagiarizing an assignment will be subject to an “F” in the course and possible expulsion from the college.

*Academic honesty is expected, and integrity is valued in the Dallas County Community Colleges. Scholastic dishonesty is a violation of the Code of Student Conduct. Scholastic dishonesty includes, but is not limited to, cheating on a test, plagiarism, and collusion. As a college student, you are considered a responsible adult. Your enrollment indicates acceptance of the DCCCD Code of Student Conduct published in the DCCCD Catalog. More information is available at [https://www1.dcccd.edu/catalog/ss/code.cfm](https://www1.dcccd.edu/catalog/ss/code.cfm).*

**Institution Policies:**

Please visit [http://www.mountainviewcollege.edu/Academics/Documents/Institutional%20Policies.pdf](http://www.mountainviewcollege.edu/Academics/Documents/Institutional%20Policies.pdf) for a complete list of institutional policies (Stop Before You Drop; Withdrawal Policy; Repeating a Course; Financial Aid; Academic Dishonesty; Americans with Disabilities Act Statement; Religious Holidays; and Campus Emergency Operation Plan and Contingency Plan.).

**Disclaimer Reserving Right to Change Syllabus:**

The instructor reserves the right to amend this syllabus as necessary.
RNSG 1413 FOUNDATION FOR NURSING PRACTICE
Student Contract and Acknowledgment
(You keep this one for your records)

In recognition of the professional nature of nursing and the nursing program and my personal responsibilities as a student, I attest to the following:

_____ I have read and reviewed the syllabus, course description, learning outcomes & objectives. I have had time and opportunity to clarify any unclear areas.

_____ I understand the importance of preparing for this course before class, clarifying unclear areas in class, and participating in group discussions. I understand that I earn a grade; that just meeting minimal requirements does not earn an A.

_____ I understand the importance of being on time, being prepared and not missing class. I will not wait until the last minute to turn in assignments or turn them in late.

_____ I will not be late to class or leave early.

_____ I understand my role in limiting cross-conversations and other distractions or disruptive behaviors, including, but not limited to, cell phones, eating, entering and leaving frequently, loud noises, computer noise, etc. in class.

_____ I will leave the room clean of debris and papers.

_____ I understand the withdrawal date in this semester is November 18, 2015.

_____ I understand the Academic Honesty Policy and the Student Code of Conduct. I understand that not reporting cheating makes me culpable. Nurses are held to a higher degree of honesty and must protect the profession and the patients under our care.

_____ I have read and understand the testing schedule and will bring the correct Scantron to any exam situation, if one is required.

_____ I understand how the course is graded, including tests, quizzes, and any extra assignments.

_____ I understand the “drop”, exit interview, & Grievance Policies.

_____ I know how to reach my instructor if I need to be absent or need help with the course

_____ I understand that it is my responsibility to maintain my grades.

_____ I understand that a final grade below “C” will not be rounded up.

_________________________  _________________________  __________
Print Name  Signature  Date
In recognition of the professional nature of nursing and the nursing program and my personal responsibilities as a student, I attest to the following:

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__________________________________________  ________________________  ___________
Print Name                                     Signature                        Date
<table>
<thead>
<tr>
<th>Week 1</th>
<th>9/2/15</th>
<th>Topical Outline</th>
<th>Preparation &amp; Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Welcome to course</td>
<td></td>
<td></td>
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<tr>
<td>2.</td>
<td>Orientation to Syllabus, MVC nursing program, &amp; Specialized Texting requirements</td>
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<td>3.</td>
<td>Historical perspective of Nursing</td>
<td></td>
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</tr>
<tr>
<td>a.</td>
<td>Nursing Education</td>
<td></td>
<td></td>
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<tr>
<td>b.</td>
<td>Contemporary Nursing Practice</td>
<td></td>
<td></td>
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<tr>
<td>c.</td>
<td>Roles &amp; functions of the Nurse</td>
<td></td>
<td></td>
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<tr>
<td>d.</td>
<td>Criteria of a Profession</td>
<td></td>
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<tr>
<td>e.</td>
<td>Socialization to Nursing</td>
<td></td>
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<tr>
<td>f.</td>
<td>Factors Influencing…</td>
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<tr>
<td>g.</td>
<td>Nursing Organizations</td>
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<tr>
<td>4.</td>
<td>Introduction to TBON website</td>
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<tr>
<td>a.</td>
<td>Standards of nursing practice</td>
<td></td>
<td></td>
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<tr>
<td>b.</td>
<td>Scope of Practice</td>
<td></td>
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<tr>
<td>c.</td>
<td>Nurse Practice Act</td>
<td></td>
<td></td>
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<tr>
<td>d.</td>
<td>4 Roles of the Nurse</td>
<td></td>
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<tr>
<td>e.</td>
<td>Unprofessional conduct</td>
<td></td>
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<tr>
<td>f.</td>
<td>Licensure (NCLEX-RN)</td>
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<tr>
<td>5.</td>
<td>Complete &amp; discuss ‘Texas Board of Nursing’ Internet Assignment &amp; sign/turn in web links page for the BON.</td>
<td></td>
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</tbody>
</table>

**Preparation for class:**
2. Ch. 1 Historical & Contemporary Nursing Practice

**Assignments:**
1. ATI Assignments
   a. Self-Assessment Inventory
   b. Nurse Logic 2.0 tutorial (minimum 2 hours, complete all 4 modules)
   c. Turn in ATI module summary for above assignments next week

<table>
<thead>
<tr>
<th>Week 2</th>
<th>9/9/15</th>
<th>Topical Outline</th>
<th>Preparation &amp; Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Evidence Based Practice</td>
<td></td>
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<tr>
<td>b.</td>
<td>Nursing Research</td>
<td></td>
<td></td>
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<tr>
<td>c.</td>
<td>Quality Improvement</td>
<td></td>
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<tr>
<td>2.</td>
<td>Nursing Theories &amp; conceptual frameworks</td>
<td></td>
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</tr>
<tr>
<td>a.</td>
<td>Introduction to Theories</td>
<td></td>
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<tr>
<td>d.</td>
<td>The Metaparadigm for nursing</td>
<td></td>
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<tr>
<td>e.</td>
<td>Role of nursing theory</td>
<td></td>
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<tr>
<td>f.</td>
<td>Selected theories</td>
<td></td>
<td></td>
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<tr>
<td>g.</td>
<td>Critique of nursing theory</td>
<td></td>
<td></td>
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<tr>
<td>3.</td>
<td>Legal Principles in Nursing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>a.</td>
<td>General Legal Concepts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b.</td>
<td>Regulation of Nursing Practice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c.</td>
<td>Contractual Agreements</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d.</td>
<td>Selected legal aspects of nursing practice</td>
<td></td>
<td></td>
</tr>
<tr>
<td>e.</td>
<td>Areas of potential liability</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f.</td>
<td>Legal protections for nursing practice</td>
<td></td>
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<td>g.</td>
<td>Reporting…</td>
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<td>h.</td>
<td>Legal responsibilities of students</td>
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</table>

**Preparation for class:**
2. Ch. 2 EBP & Research
3. Ch. 3 Nursing Theories…
4. Ch. 4 Legal Aspects…

<table>
<thead>
<tr>
<th>Week 3</th>
<th>9/13/15</th>
<th>Topical Outline</th>
<th>Preparation &amp; Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Review/clarify content from last week</td>
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<tr>
<td>2.</td>
<td>Values, ethics and advocacy</td>
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<tr>
<td>i.</td>
<td>Values</td>
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<td>j.</td>
<td>Morality and ethics</td>
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<td>k.</td>
<td>Nursing ethics</td>
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<td>Specific ethical issues</td>
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<td>m.</td>
<td>Advocacy</td>
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<td>3.</td>
<td>Informatics &amp; Documentation</td>
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<tr>
<td>4.</td>
<td>Complete &amp; discuss Internet assignment: ‘Patient Advocacy’ in class</td>
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</tbody>
</table>

**Preparation for class:**
2. Ch. 5: Values, Ethics…
3. Ch. 9: Electronic Health Record…
| Week 4 9/23/15 | 1. **Exam 1 – Chapters 1, 2, 3, 4, 5, 9**  
(to be given at beginning of class)  
2. Health Care Delivery System  
   a. Types of health care services  
   b. Types of health care agencies  
   c. Providers of health care  
   d. Factors affecting health care delivery  
   e. Frameworks for care  
   f. Financing Health Care  
3. Community Nursing and Care Continuity  
   a. Movement of health care to…  
   b. Community-Based health care  
   c. Community-Based nursing  
   d. Continuity of Care  | **Preparation for class:**  
(9thed.).  
Ch. 6 Health Care Delivery…  
Ch. 7 Community Nursing… |
| Week 5 9/30/15 | 1. Home Care  
   a. Home Health nursing  
   b. Home health care system  
   c. Roles of home health nurse  
   d. Dimensions of home health nursing  
   e. Future of home health nursing  
2. Critical Thinking  
3. Nursing Process  
   a. Assessment  
   b. Nursing Diagnosis  
   c. Planning  
   d. Implementation  
   e. Evaluation  
4. Complete & discuss Internet assignment: ‘Health Care Delivery’ in class | **Preparation for class:**  
(9thed.).  
Ch. 8 Home Care  
Ch. 10 Critical Thinking…  
Ch. 11 Assessing  
Ch. 12 Diagnosing  
Ch. 13 Planning  
Ch. 14 Implementing…  
Ch. 15 Documenting… |
| Week 6 10/7/15 | 1. Review/clarify content from last week  
2. Concept Mapping  
3. Critical Pathways  
4. Students practice completing a nursing care plan | **Preparation for class:**  
(9thed.).  
Ch. 10 Critical Thinking…  
Ch. 11 Assessing  
Ch. 12 Diagnosing  
Ch. 13 Planning  
Ch. 14 Implementing…  
Ch. 15 Documenting… |
**Week 7**  
10/14/15

1. **Exam 2 – Chapters 6, 7, 8, 10, 11, 12, 13, 14, 15**  
   *(to be given at beginning of class)*

2. Health Promotion  
   a. Individual health  
   b. Applying theoretical frameworks  
   c. Healthy People 2020  
   d. Defining health promotion  
   e. Health promotion model  
   f. Stages of health behavior change  
   g. Nursing process and health promotion  

3. Health, Wellness, and Illness  
   a. Concepts of …  
   b. Models of health & Wellness  
   c. Variables influencing …  
   d. Health belief models  
   e. Illness and disease  

4. Culturally Responsive Nursing Care  
   a. Cultural concepts  
   b. Health disparities  
   c. Immigration  
   d. Cultural models of…  
   e. Providing culturally responsive…  
   f. Nursing process

5. Complementary & Alternative Healing…  
   a. Basic concepts  
   b. Healing modalities

**Preparation for class:**  
   (9th ed.).  
   Ch. 16 Health Promotion  
   Ch. 17 Health, Wellness, & Illness  
   Ch. 18 Culturally responsive  
   Ch. 19 Complementary and…

**Week 8**  
10/21/15

1. **Concepts of Growth & Development**  
   a. Factors affecting G & D  
   b. G & D Theories  

2. Promoting Health from conception …  
   a. Conception & Prenatal development  
   b. Neonates & infants  
   c. Toddlers  
   d. Preschoolers  
   e. School age  
   f. Adolescents

3. Promoting health in Young & Middle Aged …  
   a. Young Adults  
   b. Middle aged  
   c. Health Promotion & Disease Prevention  
   Smoking Cessation

4. Promoting health in older adults  
   a. Characteristics of older adults  
   b. Gerontological nursing  
   c. Care settings for older adults  
   d. Cognitive abilities and aging  
   e. Health problems  
   f. Health Promotion & Prevention

**Preparation for class:**  
   (9th ed.).  
   Ch. 20 Concepts of Growth & Development  
   Ch. 21 Promoting Health from Conception…  
   Ch. 22 Promoting Health in Young…  
   Ch. 23 Promoting Health in Older Adults  
   Ch. 24. Promoting Family Health

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**Mid-Term Progress Report**
| Week 9 10/28/15 | 1. **Exam 3** – Chapters 16, 17, 18, 19, 20, 21, 22, 23, 24, 25 (to be given at beginning of class)  
| | 2. Caring  
| | a. Knowing the client  
| | b. Nursing Presence  
| | c. Empowering the Client  
| | d. Compassion  
| | e. Competence  
| | 3. Communication  
| | a. The Communication Process  
| | b. Modes of Communication  
| | c. Factors influencing...  
| | d. The Helping Relationship  
| | e. Group Communication  
| | f. Communication & Nursing Process  
| | g. Communication among health professionals  
| | 4. Teaching  
| | a. Standards  
| | b. Role of the nurse  
| | c. Learning  
| | d. The Internet & health information  
| | e. Nursing Process Assessing  
| | i. Motivation  
| | ii. Readiness to learn  
| | iii. Health literacy  
| | f. Nursing Process Planning  
| | i. Teaching Strategies  
| | ii. Teaching Plan  
| | g. Documentation  
| | 5. Leading, Managing, & Delegating  
| | a. Nurse as leader & manager  
| | b. Leadership  
| | c. Management  
| | d. Delegation  
| | 6. Role play communication exercises  
| | 7. Distribute AMETHODS teaching guide and have students complete a teaching outline.  
| | Ch. 25 Caring  
| | Ch. 26 Communication  
| | Ch. 27 Teaching  
| | Ch. 28 Leading, Managing...  
| Assignment: | ATI Practice Assessment A: RN CMS  
| Week 10 11/4/15 | 1. Sensory Perception  
| | a. Components of...  
| | b. Factors affecting  
| | c. Sensory alterations  
| | d. Nursing Process  
| | 2. Self-concept  
| | a. Formation of self-concept  
| | b. Components of...  
| | c. Nursing Process  
| | 3. Sexuality  
| | a. Development of...  
| | b. Sexual health  
| | c. Varieties of sexuality  
| | d. Factors influencing...  
| | e. Nursing Process  
| | 4. Spirituality  
| | a. Related concepts...Nursing process  
| | Ch. 38 Sensory Perception  
| | Ch. 39 Self Concept  
| | Ch. 40 Sexuality  
| | Ch. 41 Spirituality  
| Assignment: | ATI Practice Assessment A - Remediation due |
| Week 11 | 1. **Exam 4 – Chapters 25, 26, 27, 28, 38, 39, 40, 41**  
(to be given at the beginning of class) |
|---|---|
|  | 2. **Loss, Grieving, and Death**  
a. Loss and grief  
b. Nursing process grief (Teaching)  
c. Death and dying  
d. Nursing process (Evaluating acceptance) |
|  | 3. **Activity and Exercise**  
a. Normal movement  
b. Factors affecting…  
c. Effects of immobility  
d. Nursing Process |
|  | 4. **Sleep**  
a. Physiology of sleep  
b. Functions of sleep  
c. Normal sleep patterns and requirements  
d. Factors affecting…  
e. Common sleep disorders  
f. Nursing Process |
|  | 5. **Pain management**  
a. Nature of pain  
b. Physiology of pain  
c. Factors affecting pain experience  
d. Nursing process |
|  | 6. **Nutrition**  
a. Nutritional variations throughout life cycle  
b. Altered nutrition  
c. Foods allowed with anticoagulants  
d. Foods on low sodium diet  
e. Nursing process |
Ch. 42 Stress & Coping  
Ch. 43 Loss, grieving & death  
Ch. 44 Activity & Exercise  
Ch. 45 Sleep  
Ch. 46 Pain management  
Ch. 47. Nutrition |
| Assignment: | ATI Practice Assessment B: RN CMS |
| Week 12 | 1. **Urinary Elimination**  
a. Factors affecting…  
b. Altered urinary elimination  
c. Nursing process |
|  | 2. **Fecal Elimination**  
a. Factors affecting…  
b. Fecal elimination ;problems  
c. Nursing process |
|  | 3. **Oxygenation**  
a. Alterations in…  
b. Nursing Process |
|  | 4. **Circulation**  
a. Life Span considerations  
b. Factors affecting…  
c. Alterations in…  
d. Nursing process |
|  | 5. **Fluid, Electrolyte, and acid-base balance**  
a. Body fluids and electrolytes  
b. Fluid volume deficit/Excess  
c. Disturbances in…  
d. Nursing process |
Ch. 48 Urinary Elimination  
Ch. 49 Fecal Elimination  
Ch. 50 Oxygenation  
Ch. 51 Circulation  
Ch. 52 Fluid, Electrolyte,… |
<p>| Assignment: | ATI Remediation from Practice Assessment B due |</p>
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<tr>
<td>Week 14</td>
<td>ATI Proctored Assessment RN CMS Fundamentals A</td>
</tr>
<tr>
<td>12/2/15</td>
<td>Assignment: ATI Remediation from Proctored RN CMS Fundamentals A – due by midnight, Monday 12/7/15</td>
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<td>Week 15</td>
<td>ATI Proctored Assessment RN CMS Fundamentals B – retake exam</td>
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<tr>
<td>12/9/15</td>
<td>Assignment: ATI Remediation from Proctored RN CMS Fundamentals B – due by midnight, Monday 12/14/15</td>
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<tr>
<td>Week 16</td>
<td>HESI Final Exam <em><strong>Scheduled for 12/10/15</strong></em></td>
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<td>Assignment: HESI remediation due by midnight, Wednesday 12/16/15</td>
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