Texas Concept-Based Curriculum
El Centro College ADN Program
RNSG 1125 – Professional Nursing Concepts I
51110, 51120, 71130, 71230, 51351, 51352, 51353

SEMESTER HOURS 1
CONTACT HOURS LECTURE: 1
PREREQUISITES: ADMISSION TO ADN PROGRAM
COREQUISITES: RNSG 1128, 1216, 1161, 1430

Course Description

Introduction to professional nursing concepts and exemplars within the professional nursing roles: Member of Profession, Provider of Patient-Centered Care, Patient Safety Advocate, and Member of the Health Care Team. Content includes clinical judgment, communication, ethical-legal, evidenced-based practice, health promotion, informatics, patient-centered care, patient education, professionalism, safety, and team/collaboration. Emphasizes role development of the professional nurse. This course lends itself to a concept-based approach.

Course Objectives

Upon completion of this course the student will:

1. Describe the attributes and roles of the professional nurse.
2. Explain the use of a systematic problem solving process for the development of clinical judgement.
3. Identify the IOM six competencies for improving health care quality:
4. Discuss the legal-ethical parameters for professional nursing practice including the Nursing Practice Act and the ANA code of ethics.
5. Describe professional communication techniques.
6. Identify health promotion needs for diverse patients across the life-span.

Course Outline

Clinical Judgment
- Nursing Process

Communication
- Interpersonal
  Therapeutic
  Interviewing
  Effective Listening
- Inter-professional
SBAR Documentation
  • Intra-personal Self-talk

Health Promotion
  • Obesity

Patient education
  • Eye surgery patient
  • Nutrition to group of teenagers

Professionalism
  • Roles of the Nurse (DECS)
  • Chain of Command

Teamwork & Collaboration
  • Patient Plan of Care
  • Group work

Ethics & Legal Precepts
  • Nursing Practice Act
  • Social Media (HIPPA)

Evidence-Based Practice*

Health Information Technology*

Patient-Centered Care
  • Advocacy
  • Prioritizing Individualized Care

Safety
  • Standard Precautions
  • National Patient Safety Goals
  • Skills: Environmental Safety & Medication Administration

* only the concept is covered – no exemplars
Required Textbooks & Equipment


Semester syllabus
Associate Degree Nursing Program student handbook
Exam Soft testing package
http://www.bon.texas.gov/nursinglaw/npa.html

Course Requirements
The student is required to take a comprehensive final worth 30% of the grade. This test covers content for RNSG 1125, 1128, 1430.
The student is expected to participate in in-class, attend a professional meeting, complete a group teaching plan, journal on role modeling of professionalism that you have seen in clinical and discussion board questions by the due dates. These activities will be combined for a participation grade that will count as a grade. The student must have a passing average in order to be able to pass the course

- See the Policy in the student handbook for grading and progression information.
- See the Attendance Policy in the student handbook for attendance requirements.
- See the Policy for Test Taking/Grade information in the student handbook for information on testing.

Last Revised: 08/15