WELCOME to our multidisciplinary exploration into the fascinating subject matter of HUMAN SEXUALITY. You are about take a journey into the history, sociology, psychology, and biology of human sexuality. Human sexuality is an area of contradictions and complexities about which people often experience mixed feelings and fuzzy logic. We are embarking on a scholarly quest where we will invest the time and attention to develop a deeper and more comprehensive understanding of sexuality and it impact on our lives, interactions and relationships.

Professor: Bill Sigsbee, M.A. in Clinical Psychology; Licensed Psychological Associate

Office: K 210

Office Hour: Monday-Thursday 7:30 - 8:50 am

Phone: (972) 860 4360

e-mail: bsigsbee@dccc.edu

Course Credit: 3 Credit Hours, 3 Lecture, 0 Lab

Catalogue Description: Topics include physiological, psychological and sociological aspects of human sexuality.

COORDINATING BOARD ACADEMIC APPROVAL NUMBER 4201015325

COURSE RATIONALE

The purpose of this course is to assist the student in his or her understanding of human sexuality. This would include an appreciation of different approaches to sexuality as well as an awareness
of one’s own sexuality and its impact on overall adjustment to life. Sexuality includes biological, psychological and sociological aspects. These areas will be delineated and then integrated to help the student formulate an accepting, healthy outlook on human sexuality.

Core Curriculum Intellectual Competencies

1. Reading--the ability to analyze and interpret a variety of printed materials--books, documents, and articles--above 12th grade level.

2. Critical Thinking--think and analyze at critical level.

Student Learning Outcomes

Upon successful completion of this course, students will:

1. Identify common myths of human sexual functioning.

2. Identify human sexual behaviors and sexual responses.

3. Explain the relationship between sexuality and developmental changes throughout the lifespan.

4. Describe the causes, symptoms, and treatments for sexually transmitted infections and the behaviors that increase and decrease the risk of contracting an STI.

5. Describe the principles of effective communication and the specific barriers to effective communication about sex and sexuality.

6. Use an academic sexual vocabulary.

7. Discuss cultural differences in sexual attitudes and behaviors.

8. Identify the occurrence and causes of sexual variations.

9. Identify contraceptive methods and how these methods prevent conception.

TEXTBOOK
“Sexuality Today” by Gary F. Kelly, 11th edition (required)

ISBN 978-0-07-803547-0

*Methods for ordering books:* The local bookstore for this course is the eFollett bookstore located at Brookhaven College - and online at: http://www.dcccd.edu/cat0102/ss/bookstore.html

Please ask for the book for Psychology 2306 and your section number - it will make your life easier. Internet: If you have an e-mail account and a valid credit card you may place your order over the Internet at: http://direct.mbsbooks.com/dcccd.htm

Toll free telephone: Call MBS Sales at 1-800-325-3252. Identify yourself as an Inet student at Brookhaven College. Give them the name and course number of this course (example. Psychology 2306). You may pay with a check, credit card or money order. There are numerous other sources for this text book online. Many vendors now offer electronic versions as well as text rentals.

**COMMUNICATION WITH YOUR INSTRUCTOR** I try to review and grade all newly posted material at least once a day. Also, you can expect me to respond to your e-mails normally within 24-48 hours. Be aware that while this is my general and intended practice, it is subject to the changes and chances of life.

**Technical Requirements and Support PSYC 2306** requires access to a computer, the Internet and e-mail.

If you should have any technical difficulties, send an e-mail to helpdesk@dcccd.edu or call 972-669-6402. Also alert the instructor concerning any technical problems. (if applicable)

Everything you need to know about the Dallas Community Colleges and distance education can be found at our website: http://www.brookhavencollege.edu/dl/

The eCampus Technical Support and Help Desk can be found at http://www.brookhavencollege.edu/dl/fac-support.aspx

**INSTITUTIONAL POLICIES:**

The most up to date policies can be found at this website https://www.brookhavencollege.edu/about/vpi/Pages/Syllabus-Addendum.aspx
INSTRUCTOR'S RIGHT TO MODIFY: The instructor has the right to add, delete, or revise segments of this course syllabus.

STUDENT LEARNING REQUIREMENTS

Distance education learners may need to adapt to different study approaches since learning at a distance presents new challenges. In a distance education setting, the process of learning is more complex for several reasons. As a distance student, this might be your first experience with instruction that lacks face-to-face meetings, direct contact with peers, or has fewer opportunities for group interaction. You might even confront technical or other difficulties. However, these differences are not insurmountable. In fact, you may find that distance learning is one of your best educational experiences.

A key to your success as distance learner is a strong motivation to learn. You will also need to be self-disciplined and able to work both independently and as a group member. Study skills particularly important for distance learners (Ekins, 1988) include:

· organizing study time

· maintaining self-discipline

· acquiring necessary working skills

· studying efficiently by reading effectively and taking notes

· completing assignments on schedule

· gaining test-taking skills

If you are motivated, prepared for class, willing to ask questions, familiar with the delivery systems in use, and encouraged and supported by teachers and fellow students, you will be a successful distance learner. Also, support from others, ranging from the instructor to the institution, is essential.

1. Reading & Reviewing

After reading each textbook chapter, go to the text companion web site and review the summary outline and glossary for the chapter. This site also houses multiple forms of review materials for each chapter. These review items are closely related to the material you will need to learn to be
successful in this class. This information will also help you in completing the online chapter quizzes that are available on the companion website.

Note: the quizzes are for your review and should NOT be emailed to your instructor. All these support materials will be critical to your preparation and performance on course exams and the required discussion board entries.

2. Class Discussion Board Postings

Students will participate in five online discussions, which will be posted under the course Discussion Board Tab. These five discussions will carry a maximum of 20 points each for a total of 100 points for the semester. The discussions are to be addressed in order and should be completed on an average of one every week throughout the semester. I have posted the assignment in the form of a forum prompt and each student is required to respond to the prompt by posting a thread of their own on the discussion board. Remember, this discussion activity requires you to log-in, read all other students’ threads, reply to those threads that most interest you and then to post a thread of your own. You have the ability to edit or remove any thread you post on the discussion board.

The first discussion board is an introduction to the class. Discussion boards 2-5 relate to the four articles available within our course documents tab of eCampus. After reading the article from the documents section that relates to the specific discussion board write and post a discussion thread of a minimum of three paragraphs. Summarize the key points you consider most important. Cite two key facts or ideas in the form of direct quotes from the reading. Explain why these points are significant. Then add what I call a (1+) statement to your thread in the discussion. A (1+) statement demonstrates your critical thinking by going beyond what the author has already told us and adding some new "twist, or take" on the information. The best ways to demonstrate critical thinking and that you are leaning the terms and concepts from the test book is to utilize those terms and concepts in your response section. Be creative, critical thinking requires thinking “outside of the box”

FOLLOW THE ABOVE FORMAT FOR EACH OF THE READINGS FOR DISCUSSIONS 2-5.

In these personal responses you will demonstrate what you’ve learned from the articles in light of your new knowledge base acquired from reading the text chapters. Always read your fellow students postings and comment when you have any additional ideas to share. This is part of your contribution to the collaborative learning.
**The class discussions are mandatory.** The five discussion activities are detailed in the course syllabus. Go to the discussion tab from the main class website and read each of the activities. When you’re ready to participate in the discussion, select “add a thread” to post your ideas. Everyone in the class can see that a new thread has been posted and can respond to your thread.

Note: you are able to remove any posting you make in the eCampus system.

The five discussion activities are:

1) Class Discussion ONE - Introductions - tell the class about yourself (part of Course Orientation assignments)

2) Class Discussion TWO – Bonobos Sex & Society (Part of Unit 1 assignments)

3) Class Discussion THREE – The Five Sexes Revisited (Part of Unit 2 assignments)

4) Class Discussion FOUR – Great Expectations (Part of Unit 3 assignments)

5) Class Discussion FIVE – In Search of Erotic Intelligence (Part of Unit 4 assignments)

**Discussion Board entries x 20 = 100 points max.**

*Please note: Students MUST actively participate in all five (20 POINT) discussion forums for a final course grade. A student’s final course grade may be dropped by a full grade point for lack of discussion participation in a timely manner. In addition to posting your entries, responding to other student writings is a required aspect of your contribution to the collaborative learning in this course.*

I would ask that each of you try to get these done along through the course. I have set actual timelines for these, but since I do read all of the threads and respond to some of them via private e-mail and in some cases via the public bulletin board, please be timely in your postings. The idea is that this discussion is for the entire class, so don’t bunch them up at the end of the term since doing so would make it impossible for others to interact with you in the way planned.

3. **Four Examinations** Students will take four examinations online through the "Assignment Tab" using the course calendar listed below with all important course assignments. These exams are 90 minute, timed exams. If taken before the deadline as described in the course calendar below, there will be two alternate forms available for each exam. If after taking an exam (test 1-A) a student is displeased with their score, they may retest, before the deadline, using the second form of the exam (test 1-B). If the retest score is lower than the first testing, the higher of the two grades will be used in the final course point total. The idea is to give you a chance to see what you don’t know, go study those sections that you haven’t mastered and have another attempt at
the material. If you simply take two exams back to back you will find there is very high internal validity within the item pools, i.e. you will not do much better the second time around. You must be prepared to complete these exams when you begin them.

4. **15 QUIZZES** - Students will take a quiz over each chapter AFTER they have completed the review of the resource materials for each chapter. It is strongly advised that you take the chapter quiz available on the textbook website before taking the chapter quiz which is worth 10 points. This will insure your doing well on the 10 point quiz.

I've included the power point slides from my lecture sections as supplements under the documents section. These slides cover some concepts that are not in our text and therefore will NOT be part of our exams. Use them as support materials only since they are no substitute for reading the text. These slides are read only and cannot be copied nor saved.

**GRADING TURN AROUND:** Discussions will be graded within 72 hours of the due date. The Psych Article Analysis will be graded within one week of the due date. Quizzes and Tests are graded upon completion of the quiz or test.

**UNLOCKING EXAMS:** Make sure you have a dependable Internet connection before opening an exam. If in doubt, go to a public library or the BHC "J" bldg. Computer Lab. If you try to back-page or hit the wrong key you may become locked-out of an exam before you have completed it. I therefore suggest you use only the mouse when testing to avert any mis-strokes on the keyboard that might cause you to be locked-out. A lock-symbol will appear in your grade book if you have become locked-out of an exam You should contact your instructor immediately if a lock-out occurs. Since regular occurrences of this problem could indicate student dishonesty by gaining unfair access to test questions, I will open only two locked exams for a student during the semester before a (10 point per exam) penalty will be accrued. To avoid these problems have a secure internet connection, be careful to not hit back page. Select only the “Save and Submit” tab when you have completed the exam. You will then be asked in another box to confirm your submission. IMPORTANT: The use of the “Save all Answers” tab you may become locked out of the exam and a loss of your test data.

4 Examinations x 100 = 400 points max. **Before taking the quiz/exam:**

**MAKE SURE YOU DO NOT TEST WITH INTERNET EXPLORER 8 or 8.1 BROWSER.**

**IT IS NOT COMPATABLE WITH E-CAMPUS. DOWNLOAD AN OLDER VERSION OF IE or THE FOXFIRE BROWSER.**
• Do not take the quiz until ready.

• Close down all other programs running on the computer. Having multiple programs open may cause problems that result in loss of quiz data.

• Use FireFox or Internet Explorer 6.0 or 7.0 to take the quiz. Other browsers can cause problems.

• Do not resize or refresh the screen after loading the quiz; make sure it is the size you want before going into the quiz. Most browsers refresh the page when you resize the screen. This means it will try to reload the quiz and may prohibit you from taking the test (it will lock you out of the test).

• Do not wait until the last minute to take the quiz. If something goes wrong there won't be enough time to resolve the issue.

• eCampus has a 3-hour login limit. If you have been logged in for a while, you might log out and log back in before taking a quiz, to ensure that you will not get kicked out due to being logged in for more than 3 hours. (Again, this may not seem logical but we didn’t write the software.)

**During the quiz/exam:**

• When entering the quiz, click the link only once. Sometimes it takes a while to load the quiz. If you click twice, you will get a message saying you already took the quiz and you will be prohibited from completing it.

• Do not use the back and forward buttons while taking a quiz. Instead, use the arrow keys to navigate.

• Do not click on the Submit button until you are either done or have run out of time.

• Click Submit only once; it may take a few moments to receive confirmation of successful
submission. Even if it takes longer than you expect, don’t click again. It will be much faster with a single click.

• Fill-in-the-blank questions are case sensitive. Your Faculty will review these types of questions and manually award points accordingly.

• If you are working at home on a dial-up connection, make sure your ISP time-out settings are set to the maximum allowed time.

5. PSYC ARTICLE ANALYSIS ESSAY - You will read an article titled The Happiness of Pursuit and answer four questions based on the article. Your answers will be a minimum of 65 words to a maximum of 125 words. The rubric which describes the grading criteria is posted along with the article and the four questions under the PSYC ARTICLE ANALYSIS menu tab.

GRADES

The total points for all required course activities will determine your final semester grade. The grading system is based on the following average points:

GRADING CRITERIA: grades are assigned based on the following point system and participation in all required class activities.

5 Discussion Board Entries @ 20 = 100 points max.

4 Exams @ 100 = 400 points max.

15 Quizzes @ 10 points each = 150 points maximum

5 Essay Questions @ 8 points each = 40 points maximum

-------------------------------

690 points max.

GRADING SCALE:
For a grade of "A" 690 – 621 points
For a grade of "B" 620 – 552 points
For a grade of "C" 551 – 483 points
For a grade of "D" 482 – 414 points
For a grade of "F" 413 points and below

Course Calendar – The common problem of distance learning students involves managing their time over the term. Students are therefore encouraged to follow the course calendar below and work ahead to complete the Units on time. See note on retesting in the exams section above.

PSYCHOLOGY 2306 COURSE CALENDAR

Course Orientation (located in Start Here)
Orientation Quiz
Class Discussion ONE - Introductions - tell the class about yourself
Due 11:59 p.m. of THURSDAY, 11/05

Unit 1
Chapter 1: Cultural, Historical & Research Perspectives
Chapter 2: Female Sexual Anatomy & Physiology
Chapter 3: Male Sexual Anatomy & Physiology
Chapter 4: Human Sexual Arousal Response
Chapter 5: Developmental and Social Perspectives on Gender
Chapter Quizzes 1 - 5

Exam 1 (covers chap.1-5)

Class Discussion TWO – Bonobos Sex & Society

Due 11:59 p.m. of SUNDAY, 11/15

Unit 2

Chapter 6: Sexuality in Infancy, Childhood And Adolescence

Chapter 7: Adult Sexuality & relationships

Chapter 8: Sexual Individuality and Sexual Values

Chapter 9: Sexuality, Communication, & Relationships

Chapter Quizzes 6 - 9

Exam 2 – (covers chapters 6-9)

Class Discussion THREE – The Five Sexes Revisited

Due 11:59 p.m. of SUNDAY, 11/29

Unit 3

Chapter 12: Solitary Sex & Shared Sex

Chapter 13: Sexual Orientation, Identity & Behavior

Chapter 14: The Spectrum of Human Sexual Behavior

Chapter Quizzes 12 - 14

Exam 3 – (covers chapters 12-14)

Class Discussion FOUR – Great Expectations

Due 11:59 p.m. of SUNDAY, 12/13
Unit 4

Chapter 15: Dealing With Sexual Problems

Chapter 16: Sexually Transmitted Diseases, HIV/AIDS & Sexual Decisions

Chapter 17: Sexual Dysfunctions & Their Treatment

Chapter Quizzes 15 - 17

Exam 4 – (covers chapters 15-17)

Class Discussion FIVE – In Search of Erotic Intelligence

Due 11:59 p.m. of THURSDAY, 12/17

All Unit Assignments are due with their respective deadline with neither EXCEPTIONS nor EXTENSIONS

DISTANCE LEARNING SERVICES

If you need general information, please call the Distance Learning and College Services number at 972-669-6401, Mon-Thurs 9:00 a.m.-5:30 p.m. & Fri 8:30 a.m.-5:00 p.m. or leave a voice message for assistance. For information on the web please visit us online at http://online.dcccd.edu.

I hope you have a great semester and both enjoy and gain a great deal from your study of Human Sexuality

Regards,

Bill Sigsbee