Nursing Skills Lab 1  
RNSG 1105-2002  
BROOKHAVEN COLLEGE  
DALLAS COUNTY COMMUNITY COLLEGE DISTRICT  
COURSE SYLLABUS  
Spring 2012

INSTRUCTOR: Joyce Adair, RNC, MSN  
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E-Mail: jadair@dccc.edu  
OFFICE HOURS: Wednesday 12:30 PM – 3:00 PM

SUGGESTED PREREQUISITE: Admission to the Professional Nursing Program or administrative approval

COURSE DESCRIPTION: Study of the concepts and principles necessary to perform basic nursing skills for the adult patient; and demonstrate competence in the performance of nursing procedures. Content includes knowledge, judgment, skills, and professional values within a legal/ethical framework. This course lends itself to a blocked approach.  
(3 EXT HRS)

END OF COURSE OUTCOMES: Apply concepts and principles necessary for the performance of basic nursing skills for the adult patient and demonstrate competence/clinical reasoning in the performance of basic nursing procedures and practices.

COURSE OBJECTIVES/LEARNING OUTCOMES:  
The student will demonstrate competence in performing multiple nursing skills safely. Critical thinking, good judgment and psychomotor agility are capstones.

OBJECTIVES:  
1. Demonstrate basic body mechanics principles.  
2. Demonstrate positioning, moving, transferring, using of lifting assistance devises, and assisting patient with ambulation.  
4. Discuss requirements and precautions for use of restraints.  
5. Discuss purpose and demonstrate application of various restraints, TED hose and Sequential Compressions Device (SCD).  
6. Discuss principles of sterile technique.
7. Demonstrate application of sterile gloves, setting up a sterile field, adding items to a sterile field, and pouring solutions.
8. Demonstrate emptying of JP or Hemovac and removing a suture and staple.
9. Discuss types of drains and demonstrate care.
10. Demonstrate how to correctly measure intake and output.
11. Demonstrate applying dressings using no touch contact on incisions with JP, Penrose, and Montgomery Straps.
12. Demonstrate discontinuing an existing IVF and saline/heparin lock.
15. Discuss reasons for and assessment techniques used to determine if a client requires catheterization.
16. Demonstrate insertion of indwelling and straight catheters and document procedure.
17. Demonstrate complex dressing change with documentation.
18. Demonstrate Central Line Change.
20. Prepare, administer and document medications via NGT/GT.

**APA Standards:**
All graded papers need to be written and cited in APA format as summarized in the Publication Manual of the American Psychological Association.

**Required or Recommended Materials:**


TECHNICAL REQUIREMENTS AND SUPPORT
RNSG 1105 requires access to a computer, the Internet and e-mail.

If you should have any technical difficulties, send an e-mail to ecampus.support@dcccd.edu or call 972-669-6402. Also alert the instructor concerning any technical problems

EVALUATION PROCEDURES:

Evaluation will consist of skills check off which counts for 90% of the grade and 7 quizzes which will count for the other 10% of the grade with both together equaling a total 100%.

There are five skills lab check offs, which are scored as follows:

Successful 1st attempt = 20 points
Successful 2nd attempt = 16 points
Successful 3rd attempt = 13 points

Example:

<table>
<thead>
<tr>
<th>Clinical Skill</th>
<th>Possible Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Establishing and Maintaining a Sterile Field</td>
<td>20</td>
</tr>
<tr>
<td>Applying a Dressing Using Clean Technique</td>
<td>20</td>
</tr>
<tr>
<td>Complex Dressing</td>
<td>20</td>
</tr>
<tr>
<td>Indwelling Catheter</td>
<td>20</td>
</tr>
<tr>
<td>Administering Enteral Feeding</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>100 x 90% = 90</td>
</tr>
</tbody>
</table>

Each check off has critical elements that one must demonstrate to pass the check off. In addition to the critical elements, 85% of all non-critical elements must be performed correctly to demonstrate competency and pass the check off. There are three opportunities to pass the skills. If a student fails the first check off, the student must practice for two hours in the skills lab with the practice time validated by the lab personnel. No student can check off on a skill the same day of the failure. The student must reschedule with the lab personnel for a second check off after the validation of practice and retest within one week of the failure. If a student fails to recheck a skills check off within one week, the recheck is considered a failure. A progress record will be initiated when a student fails the check off on the first try.
If a student fails a second check off, the student must practice for two hours in the skills lab with the practice time validated by the lab personnel. The student may be required to watch a video of the skill as recommended by the faculty or lab personnel. The student must reschedule with the lab personnel for a second check off after validation of practice and retest within one week of the failure. Successful completion of the second check off will result in a grade of 16 points. If a student fails to recheck a skills check off within one week, the recheck is considered a failure. A contract will be initiated if the student fails the check off on the second try.

Skills lab will consist of 7 quizzes scheduled over the semester. Quizzes will cover content and vocabulary words of the material assigned for skills lab (according to course outline) during that particular week. These quizzes will also include math problems. Students are expected to study the content to be covered in the quizzes for the week scheduled prior to taking the quiz. Quizzes are worth 14 points with 2 bonus points to equal 100 points making 10% of the grade.

Example:

<table>
<thead>
<tr>
<th>Lab quizzes</th>
<th>Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>14</td>
</tr>
<tr>
<td>2</td>
<td>14</td>
</tr>
<tr>
<td>3</td>
<td>14</td>
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<td>4</td>
<td>14</td>
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<td>5</td>
<td>14</td>
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<tr>
<td>6</td>
<td>14</td>
</tr>
<tr>
<td>7</td>
<td>14</td>
</tr>
</tbody>
</table>

98 + 2 bonus points = 100 x 10% = 10

Both the Skills check off total and the Skills quiz total will be tallied and graded by weight for the final course grade.

Example:

<table>
<thead>
<tr>
<th></th>
<th>Possible</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skills total</td>
<td>100 x 90% = 90</td>
</tr>
<tr>
<td>Quiz total</td>
<td>100 x 10% = 10</td>
</tr>
<tr>
<td>Total grade =</td>
<td>100</td>
</tr>
</tbody>
</table>

Grading Criteria

Grading Criteria for Course Grade:

90 – 100  A

80 – 89  B
Attendance Policy:
Students are expected to attend all scheduled skills lab experiences. Missed skill and/or activity must be done within one week of the absence. An extenuating circumstance should be handled by the student and his/her skills lab instructor and the student who is missing the lab must call the skills lab coordinator prior to the lab. Failure to complete this make-up within the two weeks will result in a written contract outlining specific dates of completion, or the result will be a failure.

Tardiness:
When a student exhibits unprofessional behavior, e.g., tardiness to the Skills Lab, the instructor will handle the situation at his/her discretion. In most situations, the student will be counseled verbally the first time. The second time, an occurrence record will be completed, signed by the student, and placed in the student’s file. The third time, the student will be given a formal contract.

Institutional Policies:
ADA Statement: If you are a student with a disability and/or special needs who requires accommodations, please contact the college Disability Services Office.

Religious Holidays: Absences for observance of a religious holy day are excused. A student whose absence is excused to observe a religious holy day is allowed to take a make-up examination or complete an assignment within a reasonable time after the absence.

Academic Dishonesty: Scholastic dishonesty is a violation of the Code of Student Conduct. Scholastic dishonesty includes, but is not limited to, cheating on a test, plagiarism, and collusion. As a college student, you are considered a responsible adult. Your enrollment indicates acceptance of the Dallas County Community Colleges Code of Student Conduct published in the Dallas County Community Colleges Catalog. https://wwwj.dcccd.edu/cat0506/ss/code.cfm

Withdrawal Policy (with drop date): If you are unable to complete this course, it is your responsibility to withdraw formally. The withdrawal request must be received in the Registrar’s office by (April 12, 2012). Failure to do so will result in your receiving a performance grade, usually an “F.” If you drop a class or withdraw from the college before the official drop/withdrawal deadline, you will receive a “W” (Withdraw) in each class dropped.
Stop Before You Drop:
For students who enrolled in college level courses for the first time in the fall of 2007, Texas Education Code 51.907 limits the number of courses a student may drop. You may drop no more than 6 courses during your entire undergraduate career unless the drop qualifies as an exception. Your campus counseling/advising center will give you more information on the allowable exceptions.

Remember that once you have accumulated 6 non-exempt drops, you cannot drop any other courses with a “W”. Therefore, please exercise caution when dropping courses in any Texas public institution of higher learning, including all seven of the Dallas County Community Colleges. For more information, you may access: https://www1.dcccd.edu/coursedrops

Repeating This Course: As of fall semester 2005, Dallas County Community College District (DCCCD) charges additional tuition fees to students registering for their third or subsequent time for a course. All third and subsequent attempts of the majority of credit and Continuing Education/Workforce Training courses will result in additional tuition to be charged. Developmental Studies and some other courses will not be charged a higher tuition rate. Third attempts include courses taken at any Dallas County Community Colleges since the fall 2002 Semester.

Financial Aid Statement:
Effective fall 2006, the DCCCD will introduce a new failing grade—a grade of “N” as a companion grade to the current failing grade of “F.” Federal rules require students who fail all classes within a semester/term because of lack of “participation” to repay their financial aid. The District has established two kinds of failing grades, on based upon poor academic performance (the traditional grade of “ F”) and one based upon lack a of “participation” (a new grade of “ N”). However, it is important to know that both grades will be shown on a student’s transcript as a grade of “F.” The assignment of a grade of “N” or “F” is for administrative, record-keeping purposes to help determine when a student will/will not be required to repay federal financial aid; and if a faculty member determines that a student has failed the course, the faculty member assigns either a grade of “N” or “F” based upon the student’s performance AFTER the official drop date. If the student “participates” in the class AFTER the official drop date, the faculty member assigns a grade of “F.” “Participation” for this purpose only is defined as – Submits or completes an assignment after the official drop date, or – Attends at least one class after the official drop date. If a student has not demonstrated one of the above and the instructor determines that the student has failed the course, the student will be assigned a grade of “N” by the faculty member. In such as case, the student’s transcript will record the “N” grade as an “F.”

Disclaimer: The instructor reserves the right to amend this syllabus as necessary.